

race pos	chip time	bib #	name	hrrl	m/f	hrrl team	hrrl pos	team seq	team score	team status	indiv score	mile pace	km pace
86	35:46	257	Rachel Walsh	h	f	Alton	12	A	76	c	88.2	7:10	4:27
106	37:24	110	Vanessa Lowe	h	f	Alton	16				83.9	7:29	4:39
128	39:32	373	Joanne Scawn	h	f	Alton	20				79.6	7:55	4:55
147	40:39	362	Esther Park	h	f	Alton	28				71.0	8:08	5:03
214	45:21	376	Abbie Tarrant	h	f	Alton	55	B	261	c	41.9	9:05	5:39
215	45:25	251	Caroline Chalk	h	f	Alton	56				40.9	9:05	5:39
247	49:40	180	Emily Hunter	h	f	Alton	70				25.8	9:56	6:10
266	53:16	381	Jane Scrase	h	f	Alton	80				15.1	10:39	6:37
276	56:01	330	Emily Parker	h	f	Alton	88				6.5	11:13	6:58
304	1:21:16	232	Jenny French	h	f	Alton	93				1.1	16:16	10:06
305	1:21:16	183	Elaine Molyneux	h	f	Alton	94				0	16:16	10:06
24	30:29	339	Caitlin Millar	h	f	Andover	3	A	69	c	97.8	6:06	3:47
74	34:43	166	Kay Noyce	h	f	Andover	8				92.5	6:57	4:19
115	38:15	368	Ffion Harris	h	f	Andover	18				81.7	7:39	4:45
181	42:37	205	Janet Taplin	h	f	Andover	40				58.1	8:32	5:18
122	38:54	247	Katie Clements	h	f	Salisbury	19	A	125	c	80.6	7:47	4:50
162	41:55	140	Diane Mattingly	h	f	Salisbury	33				65.6	8:23	5:13
167	42:03	284	Heather Hitchins	h	f	Salisbury	34				64.5	8:25	5:14
175	42:16	342	Alison Sloane	h	f	Salisbury	39				59.1	8:28	5:16
238	48:17	181	Jacqueline Chlebowski	h	f	Salisbury	67	B	334	i	29.0	9:40	6:00
268	54:07	229	Carol Chlebowski	h	f	Salisbury	81				14.0	10:50	6:44
302	1:05:39	246	Mary Clements	h	f	Salisbury	91				3.2	13:08	8:10
168	42:05	149	Anita Crawley	h	f	Denmead	35	A	0	n	63.4	8:25	5:14
226	46:38	46	Jenny Parks	h	f	Denmead	61				35.5	9:20	5:48
141	40:17	168	Sarah Nangle	h	f	Eastleigh	27	A	220	c	72.0	8:04	5:01
184	42:46	334	Heather Matthews	h	f	Eastleigh	42				55.9	8:34	5:19
219	45:58	386	Claire Deacon	h	f	Eastleigh	59				37.6	9:12	5:43
303	1:05:40	157	Helen Lenfant	h	f	Eastleigh	92				2.2	13:08	8:10
156	41:00	106	Ruth Stanbridge	h	f	Fareham	31	A	200	c	67.7	8:12	5:06
192	43:35	313	Sarah Deller	h	f	Fareham	47				50.5	8:43	5:25
195	44:04	114	Kate Viney	h	f	Fareham	48				49.5	8:49	5:29

255	50:52	278	Amanda Talbert	h	f	Fareham	74				21.5	10:11	6:20
82	35:31	280	Kayleigh Copeland	h	f	Farnham-R	10	A	66	c	90.3	7:07	4:25
90	35:48	307	Louise Granell	h	f	Farnham-R	13				87.1	7:10	4:27
130	39:35	96	Lindsay Bamford	h	f	Farnham-R	21				78.5	7:55	4:55
131	39:36	201	Linda Tyler	h	f	Farnham-R	22				77.4	7:56	4:56
204	44:38	377	Jane Georghiou	h	f	Farnham-R	50	B	220	c	47.3	8:56	5:33
210	45:09	153	Gillian Iffland	h	f	Farnham-R	52				45.2	9:02	5:37
213	45:14	281	Kay Copeland	h	f	Farnham-R	54				43.0	9:03	5:37
233	47:33	155	Laura Quinn	h	f	Farnham-R	64				32.3	9:31	5:55
260	51:52	316	Penny Schnabel	h	f	Farnham-R	78	C	0	n	17.2	10:23	6:27
258	51:18	203	Carol Dare	h	f	Farnham-R	76				19.4	10:16	6:23
243	49:15	144	Karen Morby	h	f	Gosport	68	A	0	n	28.0	9:51	6:07
291	1:00:21	266	Lorraine Down	h	f	Gosport	90				4.3	12:04	7:30
160	41:30	254	Helen Hart	h	f	Hart RR	32	A	272	c	66.7	8:18	5:09
246	49:33	369	Helen Collett	h	f	Hart RR	69				26.9	9:55	6:10
273	55:41	152	Julie Leppard	h	f	Hart RR	85				9.7	11:09	6:56
274	55:45	208	Angela Austin	h	f	Hart RR	86				8.6	11:09	6:56
104	37:18	49	Rebecca Stark	h	f	Hedge End	15	A	231	i	84.9	7:28	4:38
191	43:27	227	Tracy Puttock	h	f	Hedge End	46				51.6	8:42	5:24
257	51:02	231	Nadine Turner	h	f	Hedge End	75				20.4	10:13	6:21
59	34:04	165	Lake Tamara	h	f	Liss	7	A	83	c	93.5	6:49	4:14
77	34:54	213	Catherine Seager	h	f	Liss	9				91.4	6:59	4:20
148	40:43	364	Gemma Sills	h	f	Liss	29				69.9	8:09	5:04
174	42:16	164	Jayne Jefferies	h	f	Liss	38				60.2	8:27	5:15
275	55:58	371	Laura Harding	h	f	Liss	87				7.5	11:12	6:58
134	39:47	42	Cat Woods	h	f	Lordshill	24	A	122	c	75.3	7:58	4:57
135	39:49	123	Lucy Bailey	h	f	Lordshill	25				74.2	7:58	4:57
172	42:13	94	Antonia Mintoff	h	f	Lordshill	36				62.4	8:27	5:15
173	42:14	142	Emily Pond	h	f	Lordshill	37				61.3	8:27	5:15
188	43:22	387	Shona Lewis	h	f	Netley	43	A	0	n	54.8	8:41	5:24
272	55:15	226	Claire Lockyer	h	f	Netley	84				10.8	11:03	6:52
50	33:07	162	Hannah Bliss	h	f	Overton	4	A	76	c	96.8	6:38	4:07
93	35:58	228	Cath Wheeler	h	f	Overton	14				86.0	7:12	4:28

108	37:46	188	Lucy Pearson	h	f	Overton	17				82.8	7:34	4:42
182	42:40	392	Karen Ryan	h	f	Overton	41				57.0	8:32	5:18
202	44:32	347	Sarah Mccann	h	f	Overton	49	B	218	c	48.4	8:55	5:32
206	44:41	341	Katie Brothers	h	f	Overton	51				46.2	8:57	5:34
212	45:13	199	Jasmine Kalton	h	f	Overton	53				44.1	9:03	5:37
234	47:42	399	Monique Van Nueten	h	f	Overton	65				31.2	9:33	5:56
237	47:59	200	Olivia Cox	h	f	Overton	66				30.1	9:36	5:58
254	50:34	398	Sarah Hands	h	f	Overton	73				22.6	10:07	6:17
265	53:00	349	Julia Cottrell	h	f	Overton	79				16.1	10:36	6:35
84	35:43	240	Jodie Wilmott	h	f	Ryde	11	A	221	i	89.2	7:09	4:27
217	45:40	194	Natalie Rose	h	f	Ryde	57				39.8	9:08	5:41
218	45:40	243	Hannah Walker	h	f	Ryde	58				38.7	9:08	5:41
140	40:10	115	Lucy May	h	f	Stubb'ton	26	A	214	c	73.1	8:02	5:00
190	43:27	272	Sara Mcritchie	h	f	Stubb'ton	45				52.7	8:42	5:24
249	50:11	192	Cath Dilley	h	f	Stubb'ton	71				24.7	10:02	6:14
251	50:15	300	Dawn Haynes-Sewell	h	f	Stubb'ton	72				23.7	10:03	6:15
259	51:24	175	Pam Kemp	h	f	Stubb'ton	77	B	0	n	18.3	10:17	6:23
269	54:10	177	Sarah Barron	h	f	Stubb'ton	82				12.9	10:50	6:44
53	33:27	105	Alice Burch	h	f	Totton	5	A	225	i	95.7	6:42	4:10
227	46:40	332	Claire Drainey	h	f	Totton	62				34.4	9:20	5:48
229	46:45	389	Virginia Collins	h	f	Totton	63				33.3	9:21	5:49
133	39:46	321	Linda Pukinska	h	f	Victory	23	A	255	c	76.3	7:58	4:57
225	46:35	102	Amanda Boyd	h	f	Victory	60				36.6	9:19	5:47
271	55:03	305	Amber Ankinson	h	f	Victory	83				11.8	11:01	6:51
283	58:29	113	Raman Sangha	h	f	Victory	89				5.4	11:42	7:16
5	28:19	354	Helen Hall	h	f	Winchester	1	A	39	c	100	5:40	3:31
22	30:26	189	Erin Willmers	h	f	Winchester	2				98.9	6:06	3:47
54	33:44	322	Samantha Parkinson	h	f	Winchester	6				94.6	6:45	4:12
149	40:44	204	Joanna Curtis	h	f	Winchester	30				68.8	8:09	5:04
189	43:25	394	Shirley Dyson-Laurie	h	f	Winchester	44	B	0	n	53.8	8:41	5:24
9	29:06	331	Alex Hall	h	m	Alton	6	A	70	c	96.2	5:50	3:37
17	29:48	161	James Perrett	h	m	Alton	14				90.1	5:58	3:42
30	30:59	327	Matthew Eade	h	m	Alton	23				83.2	6:12	3:51

35	31:58	95	Chris Birch	h	m	Alton	27				80.2	6:24	3:59
42	32:22	329	James Medley	h	m	Alton	31	B	166	c	77.1	6:29	4:02
45	32:36	179	Alistair Smith	h	m	Alton	34				74.8	6:32	4:04
69	34:33	335	Joe Badham	h	m	Alton	50				62.6	6:55	4:18
70	34:39	214	Adrian Lambeth	h	m	Alton	51				61.8	6:56	4:18
73	34:41	170	Jamie Kilner-Smith	h	m	Alton	53				60.3	6:57	4:19
79	35:18	215	Andrew Hook	h	m	Alton	56				58.0	7:04	4:23
137	39:56	174	Stephen Clow	h	m	Alton	83				37.4	8:00	4:58
159	41:22	221	Jim Armitage	h	m	Alton	96				27.5	8:17	5:09
183	42:43	340	John Arbury	h	m	Alton	105				20.6	8:33	5:19
281	57:23	220	Jonathan Cook	h	m	Alton	126				4.6	11:29	7:08
300	1:04:50	382	Richard Scrase	h	m	Alton	132				0	12:58	8:03
25	30:34	343	Mike Webber	h	m	Andover	19	A	237	i	86.3	6:07	3:48
57	34:01	172	Jake Dinkle	h	m	Andover	41				69.5	6:49	4:14
61	34:17	274	Peter Warner	h	m	Andover	44				67.2	6:52	4:16
60	34:11	252	Mark Hargreaves	h	m	PortsmAC	43	A	0	n	67.9	6:51	4:15
2	27:26	202	Ben Saunby	h	m	Salisbury	1	A	47	c	100	5:30	3:25
15	29:46	325	Richard Davidson	h	m	Salisbury	12				91.6	5:58	3:42
16	29:48	159	Rob Drag	h	m	Salisbury	13				90.8	5:58	3:42
28	30:54	107	Matt Sherfield	h	m	Salisbury	21				84.7	6:11	3:51
36	32:02	150	Michael Brewster	h	m	Salisbury	28	B	179	c	79.4	6:25	3:59
55	33:44	312	Andrew Holme	h	m	Salisbury	40				70.2	6:45	4:12
67	34:30	275	Nicholas Cooke	h	m	Salisbury	48				64.1	6:54	4:17
96	36:33	50	Derek Wood	h	m	Salisbury	63				52.7	7:19	4:33
103	37:02	98	Jason Bennett	h	m	Salisbury	68	C	351	c	48.9	7:25	4:37
144	40:29	99	James Ballard	h	m	Salisbury	87				34.4	8:06	5:02
146	40:38	38	Paul Slaughter	h	m	Salisbury	89				32.8	8:08	5:03
187	43:12	206	Andy Makin	h	m	Salisbury	107				19.1	8:39	5:22
208	44:49	48	Colin Warrington	h	m	Salisbury	112	D	491	i	15.3	8:58	5:34
236	47:58	47	David Smith	h	m	Salisbury	119				9.9	9:36	5:58
282	58:00	37	Michael Oconnell	h	m	Salisbury	127				3.8	11:36	7:12
46	32:37	361	Martin Mckinlay	h	m	Denmead	35	A	357	i	74.0	6:32	4:04
112	38:07	315	Roger Jones	h	m	Denmead	73				45.0	7:38	4:45

224	46:27	269	Gary Mccawley	h	m	Denmead	116				12.2	9:18	5:47
11	29:13	265	Martin Stockley	h	m	Eastleigh	8	A	322	c	94.7	5:51	3:38
170	42:09	117	David Lavington	h	m	Eastleigh	100				24.4	8:26	5:14
186	43:06	277	David Lenfant	h	m	Eastleigh	106				19.8	8:38	5:22
193	43:48	383	Steve White	h	m	Eastleigh	108				18.3	8:46	5:27
295	1:02:10	45	Martin Slater	h	m	Eastleigh	131	B	0	n	0.8	12:26	7:44
44	32:30	158	Phil Chamberlain	h	m	Fareham	33	A	221	c	75.6	6:30	4:02
75	34:43	230	John Kidby	h	m	Fareham	54				59.5	6:57	4:19
85	35:43	264	Samuel Brooks	h	m	Fareham	60				55.0	7:09	4:27
113	38:09	263	Mike Gilmour	h	m	Fareham	74				44.3	7:38	4:45
132	39:36	207	Michael Deller	h	m	Fareham	81	B	0	n	38.9	7:56	4:56
127	39:25	301	Mark Brooks	h	m	Fareham	80				39.7	7:53	4:54
6	28:27	304	Nik Darlington	h	m	Farnham-R	4	A	128	c	97.7	5:42	3:33
12	29:26	160	James Clarke	h	m	Farnham-R	9				93.9	5:54	3:40
80	35:20	210	Ivan Chunnnett	h	m	Farnham-R	57				57.3	7:04	4:23
81	35:22	211	Keith Marshall	h	m	Farnham-R	58				56.5	7:05	4:24
89	35:48	279	Terry Copeland	h	m	Farnham-R	61	B	341	c	54.2	7:10	4:27
136	39:52	323	James Goodwin	h	m	Farnham-R	82				38.2	7:59	4:58
161	41:37	242	Andy Clegg	h	m	Farnham-R	97				26.7	8:20	5:11
176	42:20	171	Terry Steadman	h	m	Farnham-R	101				23.7	8:28	5:16
197	44:12	395	Craig Tate Grimes	h	m	Farnham-R	109	D	0	n	17.6	8:51	5:30
280	56:20	390	Douglas Blyth	h	m	Farnham-R	125				5.3	11:16	7:00
102	36:59	355	Dale Poulter	h	m	Gosport	67	A	0	n	49.6	7:24	4:36
119	38:29	295	Kevin Busch	h	m	Gosport	76				42.7	7:42	4:47
139	39:59	317	Mick Anglim	h	m	Hardley	85	A	0	n	35.9	8:00	4:58
179	42:34	120	Mike Smith	h	m	Hardley	104				21.4	8:31	5:18
31	31:18	169	Paul Burger	h	m	Hart RR	24	A	237	c	82.4	6:16	3:54
33	31:40	253	Osama Baldo	h	m	Hart RR	26				80.9	6:20	3:56
98	36:49	288	John Leonard	h	m	Hart RR	64				51.9	7:22	4:35
262	51:54	167	Neil Bellamy	h	m	Hart RR	123				6.9	10:23	6:27
288	59:30	151	Robert Leppard	h	m	Hart RR	129				2.3	11:54	7:24
101	36:58	43	Jeremy Hollinshead	h	m	Hedge End	66	A	332	c	50.4	7:24	4:36
138	39:59	320	Robbie Macnab	h	m	Hedge End	84				36.6	8:00	4:58

150	40:45	143	Kevin Rowe	h	m	Hedge End	90				32.1	8:09	5:04
154	40:55	326	Matt Merron	h	m	Hedge End	92				30.5	8:11	5:05
216	45:26	397	Mark Polkinghorne	h	m	Hedge End	114	B	490	i	13.7	9:06	5:39
223	46:20	122	Stewart Crosswell	h	m	Hedge End	115				13.0	9:16	5:45
287	59:22	345	Michael Furlong	h	m	Hedge End	128				3.1	11:53	7:23
58	34:03	286	Immanuel Skeet	h	m	IOW RR	42	A	0	n	68.7	6:49	4:14
107	37:29	293	Noel Finn	h	m	IOW RR	70				47.3	7:30	4:40
62	34:19	217	Dan Powell	h	m	Spitfires	45	A	0	n	66.4	6:52	4:16
10	29:08	319	David Reid	h	m	Liss	7	A	211	c	95.4	5:50	3:37
32	31:35	358	Andrew Turner	h	m	Liss	25				81.7	6:19	3:55
142	40:17	287	Richard Pegden	h	m	Liss	86				35.1	8:04	5:01
155	40:58	138	Cliff Pay	h	m	Liss	93				29.8	8:12	5:06
178	42:28	308	Mark Wilkie	h	m	Liss	103				22.1	8:30	5:17
199	44:26	97	Steve Clay	h	m	Liss	111				16.0	8:54	5:32
37	32:07	393	Dominic Ashton	h	m	Lordshill	29	A	260	c	78.6	6:26	4:00
71	34:39	108	Chris Cook	h	m	Lordshill	52				61.1	6:56	4:18
76	34:52	365	Adam Wills	h	m	Lordshill	55				58.8	6:59	4:20
270	54:16	250	Roy Mcloughlin	h	m	Lordshill	124				6.1	10:52	6:45
118	38:25	336	Phil Rawlings	h	m	Netley	75	A	417	c	43.5	7:41	4:46
164	42:00	225	Chris Lewis	h	m	Netley	99				25.2	8:24	5:13
250	50:12	333	Alun Chorlton	h	m	Netley	121				8.4	10:03	6:15
252	50:23	41	Shaun Davey	h	m	Netley	122				7.6	10:05	6:16
151	40:50	118	Julian Smith	h	m	New Forest	91	A	0	n	31.3	8:10	5:04
14	29:38	187	Sean Holmes	h	m	Overton	11	A	157	c	92.4	5:56	3:41
27	30:51	249	Ashley Coxden	h	m	Overton	20				85.5	6:11	3:51
68	34:32	233	Gareth Juliff	h	m	Overton	49				63.4	6:55	4:18
120	38:33	348	Keith Vallis	h	m	Overton	77				42.0	7:43	4:48
121	38:38	400	Piers Puntan	h	m	Overton	78	B	379	c	41.2	7:44	4:48
145	40:30	185	John Harrison	h	m	Overton	88				33.6	8:06	5:02
158	41:22	318	Terry Clarke	h	m	Overton	95				28.2	8:17	5:09
232	47:14	346	Neil Mccann	h	m	Overton	118				10.7	9:27	5:52
38	32:09	119	Peter Coote	h	m	PompeyJ	30	A	396	i	77.9	6:26	4:00
209	44:50	176	Simon Evans	h	m	PompeyJ	113				14.5	8:58	5:34

239	48:24	218	Anthony Quinn	h	m	PompeyJ	120				9.2	9:41	6:01
3	27:50	216	Simon Pilcher	h	m	Ryde	2	A	231	i	99.2	5:34	3:28
48	32:54	195	Trevor Mcalister	h	m	Ryde	37				72.5	6:35	4:05
83	35:41	239	Peter Wilmott	h	m	Ryde	59				55.7	7:09	4:27
18	29:51	372	Matt Risten	h	m	So'ton AC	15	A	0	n	89.3	5:58	3:42
47	32:40	121	Scott Augur	h	m	So'ton AC	36				73.3	6:32	4:04
4	28:03	209	Rob Arkell	h	m	Stubb'ton	3	A	60	c	98.5	5:37	3:29
20	30:13	116	Andy Simpson	h	m	Stubb'ton	17				87.8	6:03	3:46
21	30:13	255	Tim Rolfe	h	m	Stubb'ton	18				87.0	6:03	3:46
29	30:54	256	Phil Morgan	h	m	Stubb'ton	22				84.0	6:11	3:51
43	32:24	191	Steve Dilley	h	m	Stubb'ton	32	B	163	c	76.3	6:29	4:02
49	32:54	282	Mike White	h	m	Stubb'ton	38				71.8	6:35	4:05
63	34:22	196	Ray Gunner	h	m	Stubb'ton	46				65.6	6:53	4:17
64	34:23	154	David Thorpe	h	m	Stubb'ton	47				64.9	6:53	4:17
110	38:00	271	Stuart Bamberger	h	m	Stubb'ton	72	C	401	i	45.8	7:36	4:43
157	41:08	356	Mick Welland	h	m	Stubb'ton	94				29.0	8:14	5:07
177	42:23	44	Tim Crumpton	h	m	Stubb'ton	102				22.9	8:29	5:16
105	37:20	222	Carl Drainey	h	m	Totton	69	A	0	n	48.1	7:28	4:38
123	38:55	366	Terry Greening	h	m	Totton	79				40.5	7:47	4:50
231	46:46	104	Tony Hoskinson	h	m	Victory	117	A	0	n	11.5	9:22	5:49
290	1:00:05	285	Del Chandler	h	m	Victory	130				1.5	12:01	7:28
7	28:39	363	Nick Wood	h	m	Winchester	5	A	70	c	96.9	5:44	3:34
13	29:31	223	David Gaskell	h	m	Winchester	10				93.1	5:55	3:41
19	30:02	262	Simon Stevens	h	m	Winchester	16				88.5	6:01	3:44
51	33:17	391	Alexander Whiting	h	m	Winchester	39				71.0	6:40	4:09
94	36:18	374	Saul Duck	h	m	Winchester	62	B	296	c	53.4	7:16	4:31
100	36:57	184	Alan Tulip	h	m	Winchester	65				51.1	7:24	4:36
109	37:52	314	Matthew Taylor	h	m	Winchester	71				46.6	7:35	4:43
163	41:59	379	Martyn West	h	m	Winchester	98				26.0	8:24	5:13
198	44:26	344	Michael Jones	h	m	Winchester	110	C	0	n	16.8	8:53	5:31