

race pos	name	Club	hrrl	m/f	bib #	hrrl team	hrrl pos	indiv score	chip time	mile pace	km pace
1	Andrew Greenleaf	Serpentine RC	n	m	370				26:00	5:12	3:14
2	Ben Saunby	City Of Salisbury AC RC	h	m	202	Salisbury	1	100	27:26	5:30	3:25
3	Simon Pilcher	Ryde Harriers	h	m	216	Ryde	2	99.2	27:50	5:34	3:28
4	Rob Arkell	Stubbington Green Runners	h	m	209	Stubb'ton	3	98.5	28:03	5:37	3:29
5	Helen Hall	Winchester District AC	h	f	354	Winchester	1	100	28:19	5:40	3:31
6	Nik Darlington	Farnham Runners	h	m	304	Farnham-R	4	97.7	28:27	5:42	3:33
7	Nick Wood	Winchester District AC	h	m	363	Winchester	5	96.9	28:39	5:44	3:34
8	Tom Harding	Basingstoke Mid Hants AC	n	m	178				28:44	5:45	3:34
9	Alex Hall	Alton Runners	h	m	331	Alton	6	96.2	29:06	5:50	3:37
10	David Reid	Liss Runners	h	m	319	Liss	7	95.4	29:08	5:50	3:37
11	Martin Stockley	Eastleigh RC	h	m	265	Eastleigh	8	94.7	29:13	5:51	3:38
12	James Clarke	Farnham Runners	h	m	160	Farnham-R	9	93.9	29:26	5:54	3:40
13	David Gaskell	Winchester District AC	h	m	223	Winchester	10	93.1	29:31	5:55	3:41
14	Sean Holmes	Overton Harriers	h	m	187	Overton	11	92.4	29:38	5:56	3:41
15	Richard Davidson	City Of Salisbury AC RC	h	m	325	Salisbury	12	91.6	29:46	5:58	3:42
16	Rob Drag	City Of Salisbury AC RC	h	m	159	Salisbury	13	90.8	29:48	5:58	3:42
17	James Perrett	Alton Runners	h	m	161	Alton	14	90.1	29:48	5:58	3:42
18	Matt Ridsen	Southampton AC	h	m	372	So'ton AC	15	89.3	29:51	5:58	3:42
19	Simon Stevens	Winchester District AC	h	m	262	Winchester	16	88.5	30:02	6:01	3:44
20	Andy Simpson	Stubbington Green Runners	h	m	116	Stubb'ton	17	87.8	30:13	6:03	3:46
21	Tim Rolfe	Stubbington Green Runners	h	m	255	Stubb'ton	18	87.0	30:13	6:03	3:46
22	Erin Willmers	Winchester District AC	h	f	189	Winchester	2	98.9	30:26	6:06	3:47
23	Robert Batchelor	Windle Valley Runners	n	m	163				30:27	6:06	3:47
24	Caitlin Millar	Andover AC	h	f	339	Andover	3	97.8	30:29	6:06	3:47
25	Mike Webber	Andover AC	h	m	343	Andover	19	86.3	30:34	6:07	3:48
26	Daniel Black	Aldershot Farnham District	n	m	396				30:40	6:08	3:49
27	Ashley Coxden	Overton Harriers	h	m	249	Overton	20	85.5	30:51	6:11	3:51
28	Matt Sherfield	City Of Salisbury AC RC	h	m	107	Salisbury	21	84.7	30:54	6:11	3:51
29	Phil Morgan	Stubbington Green Runners	h	m	256	Stubb'ton	22	84.0	30:54	6:11	3:51
30	Matthew Eade	Alton Runners	h	m	327	Alton	23	83.2	30:59	6:12	3:51
31	Paul Burger	Hart Road Runners	h	m	169	Hart RR	24	82.4	31:18	6:16	3:54
32	Andrew Turner	Liss Runners	h	m	358	Liss	25	81.7	31:35	6:19	3:55

33	Osama Baldo	Hart Road Runners	h	m	253	Hart RR	26	80.9	31:40	6:20	3:56
34	Justyn Moore	Basingstoke and Mid Hants	n	m	328				31:54	6:23	3:58
35	Chris Birch	Alton Runners	h	m	95	Alton	27	80.2	31:58	6:24	3:59
36	Michael Brewster	City Of Salisbury AC RC	h	m	150	Salisbury	28	79.4	32:02	6:25	3:59
37	Dominic Ashton	Lordshill Road Runners	h	m	393	Lordshill	29	78.6	32:07	6:26	4:00
38	Peter Coote	Portsmouth Joggers	h	m	119	PompeyJ	30	77.9	32:09	6:26	4:00
39	Douglas Smith	Fleet Crookham AC	n	m	212				32:13	6:27	4:00
40	George Hiles		u	m	309				32:13	6:27	4:00
41	Michael Hill	Basingstoke Mid Hants AC	n	m	260				32:16	6:28	4:01
42	James Medley	Alton Runners	h	m	329	Alton	31	77.1	32:22	6:29	4:02
43	Steve Dilley	Stubbington Green Runners	h	m	191	Stubb'ton	32	76.3	32:24	6:29	4:02
44	Phil Chamberlain	Fareham Crusaders RC	h	m	158	Fareham	33	75.6	32:30	6:30	4:02
45	Alistair Smith	Alton Runners	h	m	179	Alton	34	74.8	32:36	6:32	4:04
46	Martin Mckinlay	Denmead Striders	h	m	361	Denmead	35	74.0	32:37	6:32	4:04
47	Scott Augur	Southampton AC	h	m	121	So'ton AC	36	73.3	32:40	6:32	4:04
48	Trevor Mcalister	Ryde Harriers	h	m	195	Ryde	37	72.5	32:54	6:35	4:05
49	Mike White	Stubbington Green Runners	h	m	282	Stubb'ton	38	71.8	32:54	6:35	4:05
50	Hannah Bliss	Overton Harriers	h	f	162	Overton	4	96.8	33:07	6:38	4:07
51	Alexander Whiting	Winchester District AC	h	m	391	Winchester	39	71.0	33:17	6:40	4:09
52	Russell Burton	Basingstoke Mid Hants AC	n	m	378				33:23	6:41	4:09
53	Alice Burch	Totton RC	h	f	105	Totton	5	95.7	33:27	6:42	4:10
54	Samantha Parkinson	Winchester District AC	h	f	322	Winchester	6	94.6	33:44	6:45	4:12
55	Andrew Holme	City Of Salisbury AC RC	h	m	312	Salisbury	40	70.2	33:44	6:45	4:12
56	Matt Lovesey	Sherfield Park Runners	n	m	193				33:52	6:47	4:13
57	Jake Dinkele	Andover AC	h	m	172	Andover	41	69.5	34:01	6:49	4:14
58	Immanuel Skeet	Isle Of Wight RR AC	h	m	286	IOW RR	42	68.7	34:03	6:49	4:14
59	Lake Tamara	Liss Runners	h	f	165	Liss	7	93.5	34:04	6:49	4:14
60	Mark Hargreaves	City Of Portsmouth AC	h	m	252	PortsmAC	43	67.9	34:11	6:51	4:15
61	Peter Warner	Andover AC	h	m	274	Andover	44	67.2	34:17	6:52	4:16
62	Dan Powell	Itchen Spitfires RC	h	m	217	Spitfires	45	66.4	34:19	6:52	4:16
63	Ray Gunner	Stubbington Green Runners	h	m	196	Stubb'ton	46	65.6	34:22	6:53	4:17
64	David Thorpe	Stubbington Green Runners	h	m	154	Stubb'ton	47	64.9	34:23	6:53	4:17
65	Seb Challen	Hatch Warren Runners	n	m	294				34:25	6:53	4:17
66	Nick Reedman		u	m	241				34:26	6:54	4:17

67	Nicholas Cooke	City Of Salisbury AC RC	h	m	275	Salisbury	48	64.1	34:30	6:54	4:17
68	Gareth Juliff	Overton Harriers	h	m	233	Overton	49	63.4	34:32	6:55	4:18
69	Joe Badham	Alton Runners	h	m	335	Alton	50	62.6	34:33	6:55	4:18
70	Adrian Lambeth	Alton Runners	h	m	214	Alton	51	61.8	34:39	6:56	4:18
71	Chris Cook	Lordshill Road Runners	h	m	108	Lordshill	52	61.1	34:39	6:56	4:18
72	Raymond Searle		u	m	147				34:40	6:56	4:18
73	Jamie Kilner-Smith	Alton Runners	h	m	170	Alton	53	60.3	34:41	6:57	4:19
74	Kay Noyce	Andover AC	h	f	166	Andover	8	92.5	34:43	6:57	4:19
75	John Kidby	Fareham RC	h	m	230	Fareham	54	59.5	34:43	6:57	4:19
76	Adam Wills	Lordshill Road Runners	h	m	365	Lordshill	55	58.8	34:52	6:59	4:20
77	Catherine Seager	Liss Runners	h	f	213	Liss	9	91.4	34:54	6:59	4:20
78	Mark Norris	Basingstoke Mid Hants AC	n	m	338				35:07	7:02	4:22
79	Andrew Hook	Alton Runners	h	m	215	Alton	56	58.0	35:18	7:04	4:23
80	Ivan Chunnnett	Farnham Runners	h	m	210	Farnham-R	57	57.3	35:20	7:04	4:23
81	Keith Marshall	Farnham Runners	h	m	211	Farnham-R	58	56.5	35:22	7:05	4:24
82	Kayleigh Copeland	Farnham Runners	h	f	280	Farnham-R	10	90.3	35:31	7:07	4:25
83	Peter Wilmott	Ryde Harriers	h	m	239	Ryde	59	55.7	35:41	7:09	4:27
84	Jodie Wilmott	Ryde Harriers	h	f	240	Ryde	11	89.2	35:43	7:09	4:27
85	Samuel Brooks	Fareham RC	h	m	264	Fareham	60	55.0	35:43	7:09	4:27
86	Rachel Walsh	Alton Runners	h	f	257	Alton	12	88.2	35:46	7:10	4:27
87	Luke Pierce		u	m	360				35:46	7:10	4:27
88	Richard Daniel		u	m	292				35:46	7:10	4:27
89	Terry Copeland	Farnham Runners	h	m	279	Farnham-R	61	54.2	35:48	7:10	4:27
90	Louise Granell	Farnham Runners	h	f	307	Farnham-R	13	87.1	35:48	7:10	4:27
91	Darren Luckhurst		u	m	290				35:54	7:11	4:28
92	Christopher Amess		u	m	270				35:56	7:12	4:28
93	Cath Wheeler	Overton Harriers	h	f	228	Overton	14	86.0	35:58	7:12	4:28
94	Saul Duck	Winchester District AC	h	m	374	Winchester	62	53.4	36:18	7:16	4:31
95	Ben Turner		u	m	299				36:25	7:17	4:32
96	Derek Wood	City Of Salisbury AC RC	h	m	50	Salisbury	63	52.7	36:33	7:19	4:33
97	Ray Gartland	Basingstoke Mid Hants AC	n	m	353				36:45	7:21	4:34
98	John Leonard	Hart Road Runners	h	m	288	Hart RR	64	51.9	36:49	7:22	4:35
99	Christina Searle		u	f	148				36:54	7:23	4:35
100	Alan Tulip	Winchester District AC	h	m	184	Winchester	65	51.1	36:57	7:24	4:36

101	Jeremy Hollinshead	Hedge End RC	h	m	43	Hedge End	66	50.4	36:58	7:24	4:36
102	Dale Poulter	Gosport Road Runners	h	m	355	Gosport	67	49.6	36:59	7:24	4:36
103	Jason Bennett	City Of Salisbury AC RC	h	m	98	Salisbury	68	48.9	37:02	7:25	4:37
104	Rebecca Stark	Hedge End RC	h	f	49	Hedge End	15	84.9	37:18	7:28	4:38
105	Carl Draine	Totton RC	h	m	222	Totton	69	48.1	37:20	7:28	4:38
106	Vanessa Lowe	Alton Runners	h	f	110	Alton	16	83.9	37:24	7:29	4:39
107	Noel Finn	Isle Of Wight RR AC	h	m	293	IOW RR	70	47.3	37:29	7:30	4:40
108	Lucy Pearson	Overton Harriers	h	f	188	Overton	17	82.8	37:46	7:34	4:42
109	Matthew Taylor	Winchester District AC	h	m	314	Winchester	71	46.6	37:52	7:35	4:43
110	Stuart Bamberger	Stubbington Green Runners	h	m	271	Stubb'ton	72	45.8	38:00	7:36	4:43
111	Tracy Jones	Basingstoke Mid Hants AC	n	f	283				38:05	7:37	4:44
112	Roger Jones	Denmead Striders	h	m	315	Denmead	73	45.0	38:07	7:38	4:45
113	Mike Gilmour	Fareham RC	h	m	263	Fareham	74	44.3	38:09	7:38	4:45
114	Andrew Hislop	Aldershot Farnham District	n	m	276				38:10	7:38	4:45
115	Ffion Harris	Andover AC	h	f	368	Andover	18	81.7	38:15	7:39	4:45
116	Robert Bryan		u	m	261				38:18	7:40	4:46
117	Kevin Jackson		u	m	311				38:22	7:41	4:46
118	Phil Rawlings	Netley Abbey Runners	h	m	336	Netley	75	43.5	38:25	7:41	4:46
119	Kevin Busch	Gosport Road Runners	h	m	295	Gosport	76	42.7	38:29	7:42	4:47
120	Keith Vallis	Overton Harriers	h	m	348	Overton	77	42.0	38:33	7:43	4:48
121	Piers Puntan	Overton Harriers	h	m	400	Overton	78	41.2	38:38	7:44	4:48
122	Katie Clements	City Of Salisbury AC RC	h	f	247	Salisbury	19	80.6	38:54	7:47	4:50
123	Terry Greening	Totton RC	h	m	366	Totton	79	40.5	38:55	7:47	4:50
124	Iona Owen		u	f	198				39:01	7:49	4:51
125	Helen Purchase		u	f	306				39:07	7:50	4:52
126	James Dundas		u	m	359				39:14	7:51	4:53
127	Mark Brooks	Fareham Running Club	h	m	301	Fareham	80	39.7	39:25	7:53	4:54
128	Joanne Scawn	Alton Runners	h	f	373	Alton	20	79.6	39:32	7:55	4:55
129	Steven Gartland		u	m	352				39:34	7:55	4:55
130	Lindsay Bamford	Farnham Runners	h	f	96	Farnham-R	21	78.5	39:35	7:55	4:55
131	Linda Tyler	Farnham Runners	h	f	201	Farnham-R	22	77.4	39:36	7:56	4:56
132	Michael Deller	Fareham RC	h	m	207	Fareham	81	38.9	39:36	7:56	4:56
133	Linda Pukinska	Victory AC	h	f	321	Victory	23	76.3	39:46	7:58	4:57
134	Cat Woods	Lordshill Road Runners	h	f	42	Lordshill	24	75.3	39:47	7:58	4:57

135	Lucy Bailey	Lordshill Road Runners	h	f	123	Lordshill	25	74.2	39:49	7:58	4:57
136	James Goodwin	Farnham Runners	h	m	323	Farnham-R	82	38.2	39:52	7:59	4:58
137	Stephen Clow	Alton Runners	h	m	174	Alton	83	37.4	39:56	8:00	4:58
138	Robbie Macnab	Hedge End RC	h	m	320	Hedge End	84	36.6	39:59	8:00	4:58
139	Mick Anglim	Hardley Runners	h	m	317	Hardley	85	35.9	39:59	8:00	4:58
140	Lucy May	Stubbington Green Runners	h	f	115	Stubb'ton	26	73.1	40:10	8:02	5:00
141	Sarah Nangle	Eastleigh RC	h	f	168	Eastleigh	27	72.0	40:17	8:04	5:01
142	Richard Pegden	Liss Runners	h	m	287	Liss	86	35.1	40:17	8:04	5:01
143	Sue Burton		u	f	324				40:22	8:05	5:01
144	James Ballard	City Of Salisbury AC RC	h	m	99	Salisbury	87	34.4	40:29	8:06	5:02
145	John Harrison	Overton Harriers	h	m	185	Overton	88	33.6	40:30	8:06	5:02
146	Paul Slaughter	City Of Salisbury AC RC	h	m	38	Salisbury	89	32.8	40:38	8:08	5:03
147	Esther Park	Alton runners	h	f	362	Alton	28	71.0	40:39	8:08	5:03
148	Gemma Sills	Liss Runners	h	f	364	Liss	29	69.9	40:43	8:09	5:04
149	Joanna Curtis	Winchester District AC	h	f	204	Winchester	30	68.8	40:44	8:09	5:04
150	Kevin Rowe	Hedge End RC	h	m	143	Hedge End	90	32.1	40:45	8:09	5:04
151	Julian Smith	New Forest Runners	h	m	118	New Forest	91	31.3	40:50	8:10	5:04
152	Adam Penhaul		u	m	291				40:52	8:11	5:05
153	Nigel Smyth	Wessex Road Runners	n	m	367				40:52	8:11	5:05
154	Matt Merron	Hedge End RC	h	m	326	Hedge End	92	30.5	40:55	8:11	5:05
155	Cliff Pay	Liss Runners	h	m	138	Liss	93	29.8	40:58	8:12	5:06
156	Ruth Stanbridge	Fareham RC	h	f	106	Fareham	31	67.7	41:00	8:12	5:06
157	Mick Welland	Stubbington Green Runners	h	m	356	Stubb'ton	94	29.0	41:08	8:14	5:07
158	Terry Clarke	Overton Harriers	h	m	318	Overton	95	28.2	41:22	8:17	5:09
159	Jim Armitage	Alton Runners	h	m	221	Alton	96	27.5	41:22	8:17	5:09
160	Helen Hart	Hart Road Runners	h	f	254	Hart RR	32	66.7	41:30	8:18	5:09
161	Andy Clegg	Farnham Runners	h	m	242	Farnham-R	97	26.7	41:37	8:20	5:11
162	Diane Mattingly	City Of Salisbury AC RC	h	f	140	Salisbury	33	65.6	41:55	8:23	5:13
163	Martyn West	Winchester District AC	h	m	379	Winchester	98	26.0	41:59	8:24	5:13
164	Chris Lewis	Netley Abbey Runners	h	m	225	Netley	99	25.2	42:00	8:24	5:13
165	Nick Collier		u	m	145				42:00	8:24	5:13
166	Bj Lawal		u	m	91				42:01	8:25	5:14
167	Heather Hitchins	City Of Salisbury AC RC	h	f	284	Salisbury	34	64.5	42:03	8:25	5:14
168	Anita Crawley	Denmead Striders	h	f	149	Denmead	35	63.4	42:05	8:25	5:14

169	Lyndsey Kelly		u	f	310				42:06	8:26	5:14
170	David Lavington	Eastleigh RC	h	m	117	Eastleigh	100	24.4	42:09	8:26	5:14
171	Caroline Partner	Basingstoke Mid Hants AC	n	f	337				42:12	8:27	5:15
172	Antonia Mintoff	Lordshill Road Runners	h	f	94	Lordshill	36	62.4	42:13	8:27	5:15
173	Emily Pond	Lordshill Road Runners	h	f	142	Lordshill	37	61.3	42:14	8:27	5:15
174	Jayne Jefferies	Liss Runners	h	f	164	Liss	38	60.2	42:16	8:27	5:15
175	Alison Sloane	City Of Salisbury AC RC	h	f	342	Salisbury	39	59.1	42:16	8:28	5:16
176	Terry Steadman	Farnham Runners	h	m	171	Farnham-R	101	23.7	42:20	8:28	5:16
177	Tim Crumpton	Stubbington Green Runners	h	m	44	Stubb'ton	102	22.9	42:23	8:29	5:16
178	Mark Wilkie	Liss Runners	h	m	308	Liss	103	22.1	42:28	8:30	5:17
179	Mike Smith	Hardley Runners	h	m	120	Hardley	104	21.4	42:34	8:31	5:18
180	Soraya Bux	Handy Cross Runners	n	f	268				42:35	8:31	5:18
181	Janet Taplin	Andover AC	h	f	205	Andover	40	58.1	42:37	8:32	5:18
182	Karen Ryan	Overton Harriers	h	f	392	Overton	41	57.0	42:40	8:32	5:18
183	John Arbury	Alton Runners	h	m	340	Alton	105	20.6	42:43	8:33	5:19
184	Heather Matthews	Eastleigh RC	h	f	334	Eastleigh	42	55.9	42:46	8:34	5:19
185	Florence Turner		u	f	245				43:02	8:37	5:21
186	David Lenfant	Eastleigh RC	h	m	277	Eastleigh	106	19.8	43:06	8:38	5:22
187	Andy Makin	City Of Salisbury AC RC	h	m	206	Salisbury	107	19.1	43:12	8:39	5:22
188	Shona Lewis	Netley Abbey Runners	h	f	387	Netley	43	54.8	43:22	8:41	5:24
189	Shirley Dyson-Laurie	Winchester District AC	h	f	394	Winchester	44	53.8	43:25	8:41	5:24
190	Sara Mcritchie	Stubbington Green Runners	h	f	272	Stubb'ton	45	52.7	43:27	8:42	5:24
191	Tracy Puttock	Hedge End RC	h	f	227	Hedge End	46	51.6	43:27	8:42	5:24
192	Sarah Deller	Fareham RC	h	f	313	Fareham	47	50.5	43:35	8:43	5:25
193	Steve White	Eastleigh RC	h	m	383	Eastleigh	108	18.3	43:48	8:46	5:27
194	Alison Morris		u	f	298				43:53	8:47	5:27
195	Kate Viney	Fareham RC	h	f	114	Fareham	48	49.5	44:04	8:49	5:29
196	Julie Dinkele		u	f	173				44:10	8:50	5:29
197	Craig Tate Grimes	Farnham Runners	h	m	395	Farnham-R	109	17.6	44:12	8:51	5:30
198	Michael Jones	Winchester District AC	h	m	344	Winchester	110	16.8	44:26	8:53	5:31
199	Steve Clay	Liss Runners	h	m	97	Liss	111	16.0	44:26	8:54	5:32
200	Katie Obrien		u	f	190				44:31	8:54	5:32
201	Dominic Thornton		u	m	273				44:31	8:55	5:32
202	Sarah Mccann	Overton Harriers	h	f	347	Overton	49	48.4	44:32	8:55	5:32

203	Steve Wakefield		u	m	375				44:36	8:55	5:32
204	Jane Georghiou	Farnham Runners	h	f	377	Farnham-R	50	47.3	44:38	8:56	5:33
205	Nii Lante Holm		u	m	90				44:40	8:56	5:33
206	Katie Brothers	Overton Harriers	h	f	341	Overton	51	46.2	44:41	8:57	5:34
207	Ian Beveridge		u	m	384				44:48	8:58	5:34
208	Colin Warrington	City Of Salisbury AC RC	h	m	48	Salisbury	112	15.3	44:49	8:58	5:34
209	Simon Evans	Portsmouth Joggers	h	m	176	PompeyJ	113	14.5	44:50	8:58	5:34
210	Gillian Iffland	Farnham Runners	h	f	153	Farnham-R	52	45.2	45:09	9:02	5:37
211	Emma Daniel		u	f	238				45:10	9:02	5:37
212	Jasmine Kalton	Overton Harriers	h	f	199	Overton	53	44.1	45:13	9:03	5:37
213	Kay Copeland	Farnham Runners	h	f	281	Farnham-R	54	43.0	45:14	9:03	5:37
214	Abbie Tarrant	Alton Runners	h	f	376	Alton	55	41.9	45:21	9:05	5:39
215	Caroline Chalk	Alton Runners	h	f	251	Alton	56	40.9	45:25	9:05	5:39
216	Mark Polkinghorne	Hedge End RC	h	m	397	Hedge End	114	13.7	45:26	9:06	5:39
217	Natalie Rose	Ryde Harriers	h	f	194	Ryde	57	39.8	45:40	9:08	5:41
218	Hannah Walker	Ryde Harriers	h	f	243	Ryde	58	38.7	45:40	9:08	5:41
219	Claire Deacon	Eastleigh RC	h	f	386	Eastleigh	59	37.6	45:58	9:12	5:43
220	Ella Baron		u	f	248				46:00	9:12	5:43
221	Rebekah Searle		u	f	267				46:01	9:13	5:44
222	Paul Mansbridge		u	m	109				46:07	9:14	5:44
223	Stewart Crosswell	Hedge End RC	h	m	122	Hedge End	115	13.0	46:20	9:16	5:45
224	Gary Mccawley	Denmead Striders	h	m	269	Denmead	116	12.2	46:27	9:18	5:47
225	Amanda Boyd	Victory AC	h	f	102	Victory	60	36.6	46:35	9:19	5:47
226	Jenny Parks	Denmead Striders	h	f	46	Denmead	61	35.5	46:38	9:20	5:48
227	Claire Drainey	Totton RC	h	f	332	Totton	62	34.4	46:40	9:20	5:48
228	Vicki Sleath		u	f	303				46:44	9:21	5:49
229	Virginia Collins	Totton RC	h	f	389	Totton	63	33.3	46:45	9:21	5:49
230	Martin Sleath		u	m	302				46:45	9:21	5:49
231	Tony Hoskinson	Victory AC	h	m	104	Victory	117	11.5	46:46	9:22	5:49
232	Neil Mccann	Overton Harriers	h	m	346	Overton	118	10.7	47:14	9:27	5:52
233	Laura Quinn	Farnham Runners	h	f	155	Farnham-R	64	32.3	47:33	9:31	5:55
234	Monique Van Nueten	Overton Harriers	h	f	399	Overton	65	31.2	47:42	9:33	5:56
235	Helen Brooker	Hatch Warren Runners	n	f	385				47:51	9:35	5:57
236	David Smith	City Of Salisbury AC RC	h	m	47	Salisbury	119	9.9	47:58	9:36	5:58

237	Olivia Cox	Overton Harriers	h	f	200	Overton	66	30.1	47:59	9:36	5:58
238	Jacqueline Chlebowski	City Of Salisbury AC RC	h	f	181	Salisbury	67	29.0	48:17	9:40	6:00
239	Anthony Quinn	Portsmouth Joggers	h	m	218	PompeyJ	120	9.2	48:24	9:41	6:01
240	Paul Mciver		u	m	197				48:33	9:43	6:02
241	Daniel Glendon		u	m	388				48:41	9:45	6:04
242	Claire Collier		u	f	146				49:00	9:48	6:05
243	Karen Morby	Gosport Road Runners	h	f	144	Gosport	68	28.0	49:15	9:51	6:07
244	Tara Bell		u	f	234				49:30	9:54	6:09
245	Tom Bell		u	m	219				49:31	9:55	6:10
246	Helen Collett	Hart Road Runners	h	f	369	Hart RR	69	26.9	49:33	9:55	6:10
247	Emily Hunter	Alton Runners	h	f	180	Alton	70	25.8	49:40	9:56	6:10
248	Elisa Hill	Basingstoke Mid Hants AC	n	f	259				49:45	9:57	6:11
249	Cath Dilley	Stubbington Green Runners	h	f	192	Stubb'ton	71	24.7	50:11	10:02	6:14
250	Alun Chorlton	Netley Abbey Runners	h	m	333	Netley	121	8.4	50:12	10:03	6:15
251	Dawn Haynes-Sewell	Stubbington Green Runners	h	f	300	Stubb'ton	72	23.7	50:15	10:03	6:15
252	Shaun Davey	Netley Abbey Runners	h	m	41	Netley	122	7.6	50:23	10:05	6:16
253	Colin Rainsbury		u	m	139				50:25	10:05	6:16
254	Sarah Hands	Overton Harriers	h	f	398	Overton	73	22.6	50:34	10:07	6:17
255	Amanda Talbert	Fareham RC	h	f	278	Fareham	74	21.5	50:52	10:11	6:20
256	Lois Kidby		u	f	182				50:54	10:11	6:20
257	Nadine Turner	Hedge End RC	h	f	231	Hedge End	75	20.4	51:02	10:13	6:21
258	Carol Dare	Farnham Runnres	h	f	203	Farnham-R	76	19.4	51:18	10:16	6:23
259	Pam Kemp	Stubbington Green Runners	h	f	175	Stubb'ton	77	18.3	51:24	10:17	6:23
260	Penny Schnabel	Farnham Runners	h	f	316	Farnham-R	78	17.2	51:52	10:23	6:27
261	Charlotte Bonner		u	f	296				51:53	10:23	6:27
262	Neil Bellamy	Hart Road Runners	h	m	167	Hart RR	123	6.9	51:54	10:23	6:27
263	Kate Qayyum		u	f	244				52:00	10:24	6:28
264	Mark Bulpitt		u	m	235				52:21	10:29	6:31
265	Julia Cottrell	Overton Harriers	h	f	349	Overton	79	16.1	53:00	10:36	6:35
266	Jane Scrase	Alton Runners	h	f	381	Alton	80	15.1	53:16	10:39	6:37
267	Roger Trigger		u	m	297				53:27	10:42	6:39
268	Carol Chlebowski	City Of Salisbury AC RC	h	f	229	Salisbury	81	14.0	54:07	10:50	6:44
269	Sarah Barron	Stubbington Green Runners	h	f	177	Stubb'ton	82	12.9	54:10	10:50	6:44
270	Roy Mcloughlin	Lordshill Road Runners	h	m	250	Lordshill	124	6.1	54:16	10:52	6:45

271	Amber Ankinson	Victory AC	h	f	305	Victory	83	11.8	55:03	11:01	6:51
272	Claire Lockyer	Netley Abbey Runners	h	f	226	Netley	84	10.8	55:15	11:03	6:52
273	Julie Leppard	Hart Road Runners	h	f	152	Hart RR	85	9.7	55:41	11:09	6:56
274	Angela Austin	Hart Road Runners	h	f	208	Hart RR	86	8.6	55:45	11:09	6:56
275	Laura Harding	Liss Runners	h	f	371	Liss	87	7.5	55:58	11:12	6:58
276	Emily Parker	Alton Runners	h	f	330	Alton	88	6.5	56:01	11:13	6:58
277	Hui-Wen Irvine		u	f	93				56:02	11:13	6:58
278	Keith Irvine		u	m	92				56:03	11:13	6:58
279	Allan Burnett		u	m	350				56:06	11:14	6:59
280	Douglas Blyth	Farnham Runners	h	m	390	Farnham-R	125	5.3	56:20	11:16	7:00
281	Jonathan Cook	Alton Runners	h	m	220	Alton	126	4.6	57:23	11:29	7:08
282	Michael Oconnell	City Of Salisbury AC RC	h	m	37	Salisbury	127	3.8	58:00	11:36	7:12
283	Raman Sangha	Victory AC	h	f	113	Victory	89	5.4	58:29	11:42	7:16
284	Cath Terry		u	f	111				58:33	11:43	7:17
285	Jessica Pizzotti		u	f	237				58:33	11:43	7:17
286	Charlie Werner		u	m	236				59:17	11:52	7:22
287	Michael Furlong	Hedge End RC	h	m	345	Hedge End	128	3.1	59:22	11:53	7:23
288	Robert Leppard	Hart Road Runners	h	m	151	Hart RR	129	2.3	59:30	11:54	7:24
289	Lee Addison		u	m	156				59:56	12:00	7:27
290	Del Chandler	Victory AC	h	m	285	Victory	130	1.5	1:00:05	12:01	7:28
291	Lorraine Down	Gosport Road Runners	h	f	266	Gosport	90	4.3	1:00:21	12:04	7:30
292	Laura Harrison		u	f	186				1:00:27	12:06	7:31
293	Katie Penhaul		u	f	289				1:00:27	12:06	7:31
294	Ayumi Saga		u	f	351				1:01:18	12:16	7:37
295	Martin Slater	Eastleigh RC	h	m	45	Eastleigh	131	0.8	1:02:10	12:26	7:44
296	Tony Nicholls	Hatch Warren Runners	n	m	258				1:02:45	12:33	7:48
297	Michael Hickey	Basingstoke Mid Hants AC	n	m	357				1:02:45	12:33	7:48
298	Charlotte Feist		u	f	101				1:04:03	12:49	7:58
299	Michelle Nearx		u	f	103				1:04:09	12:50	7:58
300	Richard Scrase	Alton Runners	h	m	382	Alton	132	0	1:04:50	12:58	8:03
301	Caroline Freeman		u	f	380				1:04:50	12:58	8:03
302	Mary Clements	City Of Salisbury AC RC	h	f	246	Salisbury	91	3.2	1:05:39	13:08	8:10
303	Helen Lenfant	Eastleigh RC	h	f	157	Eastleigh	92	2.2	1:05:40	13:08	8:10
304	Jenny French	Alton Runners	h	f	232	Alton	93	1.1	1:21:16	16:16	10:06

305	Elaine Molyneux	Alton Runners	h	f	183	Alton	94	0	1:21:16	16:16	10:06
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