

| name | m/f | CHIP TIME | hrrl team | hrrl pos | team seq | team score | team status |
|----------------------------|------------|------------------|------------------|-----------------|-----------------|-------------------|--------------------|
| Jenni Forbes | f | 44:13 | Alton | 22 | A | 168 | c |
| Vanessa Lowe | f | 44:51 | Alton | 26 | | | |
| Esther Park | f | 47:43 | Alton | 41 | | | |
| Abbie Tarrant | f | 53:44 | Alton | 79 | | | |
| Sarah Hart | f | 55:15 | Alton | 88 | B | 620 | i |
| Millie Wilson | f | 1:03:37 | Alton | 132 | | | |
| Sara Frost | f | 1:37:20 | Alton | 153 | | | |
| Anita Crawley | f | 51:31 | Denmead | 62 | A | 0 | n |
| Jenny Parks | f | 52:25 | Denmead | 68 | | | |
| Jayne Carey | f | 44:45 | Eastleigh | 25 | A | 170 | c |
| Sarah Nangle | f | 45:17 | Eastleigh | 28 | | | |
| Theresa Jurdic | f | 49:40 | Eastleigh | 54 | | | |
| Heather Matthews | f | 51:38 | Eastleigh | 63 | | | |
| Claire Deacon | f | 54:30 | Eastleigh | 81 | B | 371 | c |
| Frankie Colling | f | 54:36 | Eastleigh | 83 | | | |
| Victoria Dewey | f | 57:47 | Eastleigh | 99 | | | |
| Marian Meider | f | 59:27 | Eastleigh | 108 | | | |
| Kate Parrick | f | 1:00:05 | Eastleigh | 110 | | | |
| Ali Eynon | f | 1:00:06 | Eastleigh | 111 | | | |
| Tina Al-Romaithi | f | 44:04 | Fareham | 21 | A | 190 | c |
| Kerry Riches | f | 44:37 | Fareham | 23 | | | |
| Sarah Deller | f | 51:44 | Fareham | 64 | | | |
| Katie Savage | f | 54:34 | Fareham | 82 | | | |
| Helen Benson | f | 56:10 | Fareham | 93 | B | 418 | c |
| Alexandra Leighton-Goodall | f | 57:34 | Fareham | 98 | | | |
| Jenny Winfield | f | 59:07 | Fareham | 106 | | | |
| Amanda Talbert | f | 1:01:36 | Fareham | 121 | | | |
| Jo Bennion | f | 1:03:27 | Fareham | 131 | | | |
| Linda Tyler | f | 47:27 | Farnham-R | 40 | A | 238 | c |
| Gillian Iffland | f | 50:53 | Farnham-R | 58 | | | |
| Vicky Goodluck | f | 52:29 | Farnham-R | 69 | | | |
| Kay Copeland | f | 52:33 | Farnham-R | 71 | | | |
| Clair Bailey | f | 52:42 | Farnham-R | 73 | B | 304 | c |
| Jane Georghiou | f | 53:07 | Farnham-R | 75 | | | |
| Bella Weetch | f | 53:13 | Farnham-R | 76 | | | |
| Laura Quinn | f | 54:19 | Farnham-R | 80 | | | |
| Marisa Luttrell | f | 55:08 | Farnham-R | 87 | C | 408 | c |
| Brigid Walters | f | 57:06 | Farnham-R | 96 | | | |
| Penny Schnabel | f | 58:26 | Farnham-R | 103 | | | |
| Jane Probett | f | 1:01:58 | Farnham-R | 122 | | | |
| Nicola O'Connor | f | 1:03:24 | Farnham-R | 130 | | | |
| Carolyn Wickham | f | 1:09:49 | Farnham-R | 149 | | | |
| Gillian Dowling | f | 47:46 | Gosport | 42 | A | 341 | c |
| Jenny Shilling | f | 55:43 | Gosport | 91 | | | |
| Fiona Tomlinson | f | 56:59 | Gosport | 95 | | | |
| Karen Morby | f | 1:00:28 | Gosport | 113 | | | |
| Donna Tatem | f | 1:06:16 | Gosport | 139 | B | 0 | n |
| Lynne Franklin | f | 1:06:26 | Gosport | 140 | | | |

| | | | | | | | |
|-----------------------|---|---------|------------|-----|---|-----|---|
| Alice Rudd | f | 40:36 | Hardley | 5 | A | 98 | c |
| Poppy Tanner | f | 41:14 | Hardley | 6 | | | |
| Karen Denham | f | 47:01 | Hardley | 37 | | | |
| Jane Hodge | f | 49:09 | Hardley | 50 | | | |
| Christine Harris | f | 59:25 | Hardley | 107 | B | 0 | n |
| Hilary Hinks | f | 1:05:33 | Hardley | 136 | | | |
| Rebecca Stark | f | 43:52 | Hedge End | 20 | A | 182 | c |
| Tracey Shepperd | f | 47:48 | Hedge End | 44 | | | |
| Leanne Sheill | f | 49:28 | Hedge End | 53 | | | |
| Tracy Puttock | f | 51:46 | Hedge End | 65 | | | |
| Maria Sparks | f | 55:44 | Hedge End | 92 | B | 486 | c |
| Nadine Turner | f | 1:02:22 | Hedge End | 123 | | | |
| Jane Costello | f | 1:03:14 | Hedge End | 129 | | | |
| Lisa Small | f | 1:07:05 | Hedge End | 142 | | | |
| Catherine Seager | f | 43:07 | Liss | 11 | A | 244 | c |
| Nicola Thorneycroft | f | 44:59 | Liss | 27 | | | |
| Louise Beaven | f | 55:07 | Liss | 86 | | | |
| Michelle Fox-Reynolds | f | 1:01:30 | Liss | 120 | | | |
| Emily Durrant | f | 1:02:59 | Liss | 127 | B | 0 | n |
| Alex Baker | f | 1:04:38 | Liss | 134 | | | |
| Bernadette Versey | f | 39:57 | Lordshill | 2 | A | 45 | c |
| Caitlin Hooton | f | 43:09 | Lordshill | 12 | | | |
| Antonia Mintoff | f | 43:26 | Lordshill | 15 | | | |
| Sari Giering | f | 43:27 | Lordshill | 16 | | | |
| Connie Green | f | 45:59 | Lordshill | 31 | B | 150 | c |
| Gabriele Cook | f | 46:33 | Lordshill | 35 | | | |
| Alice Jones | f | 47:20 | Lordshill | 39 | | | |
| Cat Woods | f | 47:58 | Lordshill | 45 | | | |
| Lucy Bailey | f | 48:36 | Lordshill | 47 | C | 414 | i |
| Emily Pond | f | 48:42 | Lordshill | 48 | | | |
| Rosie Essery | f | 52:38 | Lordshill | 72 | | | |
| Jackie Titcombe | f | 1:02:32 | Netley | 124 | A | 632 | i |
| Claire Lockyer | f | 1:03:09 | Netley | 128 | | | |
| Karen Watson | f | 1:04:11 | Netley | 133 | | | |
| Emma Clayton | f | 42:41 | New Forest | 9 | A | 388 | i |
| Lucy Brewis | f | 50:08 | New Forest | 55 | | | |
| Gail Lydford | f | 53:15 | New Forest | 77 | | | |
| Ruth Jeffery | f | 51:52 | OSRunners | 66 | A | 0 | n |
| Joanne Miles | f | 52:48 | OSRunners | 74 | | | |
| Cath Wheeler | f | 43:37 | Overton | 18 | A | 229 | c |
| Lucy Pearson | f | 45:41 | Overton | 29 | | | |
| Sarah Mccann | f | 53:18 | Overton | 78 | | | |
| Monique Van Nueten | f | 59:04 | Overton | 104 | | | |
| Anjella Coote | f | 1:00:33 | PompeyJ | 114 | A | 0 | n |
| Brenda Topliss | f | 57:30 | Romsey | 97 | A | 0 | n |
| Freya Pearson | f | 59:05 | Romsey | 105 | | | |
| Jodie Wilmott | f | 43:34 | Ryde | 17 | A | 372 | i |
| Liz Parkes | f | 47:13 | Ryde | 38 | | | |
| Natalie Rose | f | 52:31 | Ryde | 70 | | | |
| Samantha Noyce | f | 41:42 | Salisbury | 7 | A | 84 | c |

| | | | | | | | |
|------------------------|---|---------|------------|-----|---|-----|---|
| Catherine Morgan-Smith | f | 43:10 | Salisbury | 13 | | | |
| Heather Hitchins | f | 45:54 | Salisbury | 30 | | | |
| Katie Clements | f | 46:26 | Salisbury | 34 | | | |
| Zoe Lambard | f | 48:54 | Salisbury | 49 | B | 250 | c |
| Aly Sloane | f | 50:48 | Salisbury | 57 | | | |
| Helen Carlton | f | 51:11 | Salisbury | 59 | | | |
| Catherine Steele | f | 55:05 | Salisbury | 85 | | | |
| Jo Marks | f | 56:20 | Salisbury | 94 | C | 457 | c |
| Alison Morris | f | 58:10 | Salisbury | 101 | | | |
| Petra Oyston | f | 1:02:49 | Salisbury | 125 | | | |
| Janine Kemm | f | 1:06:03 | Salisbury | 137 | | | |
| Justine Weir | f | 1:01:09 | Solent Sis | 118 | A | 627 | i |
| Jill Terry | f | 1:01:13 | Solent Sis | 119 | | | |
| Verity Potter | f | 1:07:34 | Solent Sis | 143 | | | |
| Harriet Foster | f | 1:00:52 | Spitfires | 116 | A | 621 | i |
| Amanda Chalk | f | 1:00:52 | Spitfires | 117 | | | |
| Kathryn Bailey | f | 1:06:33 | Spitfires | 141 | | | |
| Lucy May | f | 46:06 | Stubb'ton | 32 | A | 247 | c |
| Alison Lawrence | f | 48:12 | Stubb'ton | 46 | | | |
| Frances Lord | f | 51:21 | Stubb'ton | 60 | | | |
| Oana Matty | f | 1:00:00 | Stubb'ton | 109 | | | |
| Cath Dilley | f | 1:02:54 | Stubb'ton | 126 | B | 671 | i |
| Eunice Eaton | f | 1:09:13 | Stubb'ton | 147 | | | |
| Nikkie Plomer | f | 1:12:58 | Stubb'ton | 151 | | | |
| Alice Burch | f | 40:03 | Totton | 3 | A | 96 | c |
| Helen Bonaer | f | 44:42 | Totton | 24 | | | |
| Kirsty Macbeth | f | 46:22 | Totton | 33 | | | |
| Amanda Pinckney | f | 46:48 | Totton | 36 | | | |
| Sophie Coady | f | 47:47 | Totton | 43 | B | 223 | c |
| Elizabeth White | f | 49:26 | Totton | 52 | | | |
| Sophie James | f | 51:23 | Totton | 61 | | | |
| Lorna Lavers | f | 52:13 | Totton | 67 | | | |
| Caroline Orchard | f | 55:35 | Totton | 89 | | | |
| Lyn Hatchett | f | 55:42 | Totton | 90 | | | |
| Virginia Collins | f | 57:56 | Totton | 100 | | | |
| Farah Hibberd | f | 1:00:47 | Totton | 115 | | | |
| Dorothea Kennard | f | 1:06:15 | Totton | 138 | | | |
| Ann-Marie Vanderplank | f | 1:07:53 | Totton | 144 | | | |
| Alison Kaines | f | 1:07:53 | Totton | 145 | | | |
| Tracey Nightingale | f | 1:09:19 | Totton | 148 | | | |
| Sohini Frame | f | 1:11:18 | Totton | 150 | | | |
| Rebecca Fouch | f | 1:14:28 | Totton | 152 | | | |
| Jo Stanford | f | 43:47 | Victory | 19 | A | 340 | c |
| Amanda Boyd | f | 55:02 | Victory | 84 | | | |
| Rachel Jarvis | f | 58:25 | Victory | 102 | | | |
| Amber Ankinson | f | 1:05:17 | Victory | 135 | | | |
| Raman Sangha | f | 1:08:58 | Victory | 146 | B | 0 | n |
| Sarah Shedden | f | 39:10 | Winchester | 1 | A | 23 | c |
| Samantha Parkinson | f | 40:19 | Winchester | 4 | | | |
| Susy Perry | f | 42:12 | Winchester | 8 | | | |

| | | | | | | | |
|----------------------|---|---------|------------|-----|---|-----|---|
| Caroline Carr | f | 42:42 | Winchester | 10 | | | |
| Cathy Kinnear | f | 43:24 | Winchester | 14 | B | 233 | c |
| Joy Radford | f | 49:25 | Winchester | 51 | | | |
| Joanna Curtis | f | 50:35 | Winchester | 56 | | | |
| Gill Goodwin | f | 1:00:10 | Winchester | 112 | | | |
| Alex Hall | m | 35:21 | Alton | 11 | A | 81 | c |
| James Perrett | m | 36:02 | Alton | 18 | | | |
| Matthew Eade | m | 37:00 | Alton | 24 | | | |
| Chris Birch | m | 37:15 | Alton | 28 | | | |
| Joseph Murrell | m | 37:52 | Alton | 35 | B | 170 | c |
| Steve Drysdale | m | 37:53 | Alton | 38 | | | |
| Alistair Smith | m | 38:58 | Alton | 48 | | | |
| Richard Taylor | m | 39:05 | Alton | 49 | | | |
| Neil Kinder | m | 40:20 | Alton | 65 | | | |
| Andrew Hook | m | 42:40 | Alton | 87 | | | |
| Jamie Kilnersmith | m | 43:44 | Alton | 97 | | | |
| Stephen Clow | m | 47:11 | Alton | 136 | | | |
| Jim Armitage | m | 49:03 | Alton | 149 | | | |
| John Arbury | m | 52:07 | Alton | 168 | | | |
| Darren Pratt | m | 55:54 | Alton | 186 | | | |
| Jonathan Cook | m | 1:10:47 | Alton | 204 | | | |
| John Kane | m | 37:43 | Andover | 31 | A | 402 | i |
| Jonathan Hill | m | 38:43 | Andover | 45 | | | |
| Peter Warner | m | 41:38 | Andover | 79 | | | |
| Rob Wilson | m | 38:44 | Denmead | 46 | A | 309 | c |
| Chris Cornwell | m | 40:12 | Denmead | 64 | | | |
| Kevin Gale | m | 40:48 | Denmead | 71 | | | |
| Roger Jones | m | 46:00 | Denmead | 128 | | | |
| Gary Mccawley | m | 50:06 | Denmead | 154 | B | 0 | n |
| Stuart Hoare | m | 51:44 | Denmead | 166 | | | |
| Anthony Willis | m | 42:07 | Eastleigh | 82 | A | 547 | c |
| Daniele Franceschini | m | 45:10 | Eastleigh | 118 | | | |
| Jason Shoemith | m | 52:33 | Eastleigh | 170 | | | |
| Kevin Balfour | m | 54:14 | Eastleigh | 177 | | | |
| Mike Johnson | m | 1:08:07 | Eastleigh | 201 | B | 0 | n |
| Martin Slater | m | 1:17:15 | Eastleigh | 206 | | | |
| Emlyn Hughes | m | 35:29 | Fareham | 15 | A | 177 | c |
| David Fleet | m | 39:41 | Fareham | 53 | | | |
| Marek Liskutin | m | 39:43 | Fareham | 54 | | | |
| Mark Bennion | m | 39:43 | Fareham | 55 | | | |
| Phil Chamberlain | m | 39:49 | Fareham | 56 | B | 392 | c |
| John Kidby | m | 43:26 | Fareham | 94 | | | |
| Mark Brooks | m | 44:29 | Fareham | 108 | | | |
| Phillip Prohett | m | 46:55 | Fareham | 134 | | | |
| Mike Deller | m | 48:20 | Fareham | 145 | | | |
| James Clarke | m | 34:42 | Farnham-R | 8 | A | 181 | c |
| Nik Darlington | m | 34:47 | Farnham-R | 9 | | | |
| Keith Marshall | m | 40:10 | Farnham-R | 63 | | | |
| Ivan Chunnett | m | 44:01 | Farnham-R | 101 | | | |
| Steve Bailey | m | 44:41 | Farnham-R | 112 | B | 516 | c |

| | | | | | | | |
|---------------------|---|---------|-----------|-----|---|-----|---|
| Richard Denby | m | 45:51 | Farnham-R | 126 | | | |
| James Goodwin | m | 47:21 | Farnham-R | 137 | | | |
| Damian Probett | m | 48:01 | Farnham-R | 141 | | | |
| Peter Callow | m | 48:20 | Farnham-R | 144 | C | 716 | i |
| Geoff Brown | m | 50:48 | Farnham-R | 158 | | | |
| Craig Tate-Grimes | m | 51:53 | Farnham-R | 167 | | | |
| Luke Willis | m | 43:12 | Gosport | 91 | A | 410 | c |
| Dale Poulter | m | 43:16 | Gosport | 92 | | | |
| Adam Crook | m | 43:31 | Gosport | 95 | | | |
| Kevin Busch | m | 46:41 | Gosport | 132 | | | |
| Mark Jakins | m | 49:53 | Gosport | 153 | B | 0 | n |
| Steve Calder | m | 50:35 | Gosport | 156 | | | |
| Timothy Anetts | m | 33:39 | Hardley | 4 | A | 103 | c |
| Daniel Latham | m | 37:02 | Hardley | 25 | | | |
| Callum Johnson | m | 37:51 | Hardley | 33 | | | |
| Nathan Renyard | m | 38:17 | Hardley | 41 | | | |
| Matt Tanner | m | 40:44 | Hardley | 70 | B | 346 | c |
| Matthew Casey | m | 42:10 | Hardley | 83 | | | |
| Phil Rudd | m | 43:25 | Hardley | 93 | | | |
| Daniel Chown | m | 44:00 | Hardley | 100 | | | |
| Simon Ibbotson | m | 44:53 | Hardley | 113 | | | |
| Roy Dyer | m | 47:46 | Hardley | 139 | | | |
| Andy Mansfield | m | 48:45 | Hardley | 147 | | | |
| Dave Wilson | m | 51:36 | Hardley | 163 | | | |
| Mike Smith | m | 52:35 | Hardley | 171 | | | |
| Chris Kidd | m | 1:02:43 | Hardley | 197 | | | |
| Osama Baldo | m | 38:03 | Hart RR | 40 | A | 0 | n |
| John Leonard | m | 45:07 | Hart RR | 116 | | | |
| Andy Taphouse | m | 40:40 | Hedge End | 67 | A | 337 | c |
| Christopher Chester | m | 40:40 | Hedge End | 69 | | | |
| Mike Bridgeman | m | 43:54 | Hedge End | 99 | | | |
| Joe Amber | m | 44:02 | Hedge End | 102 | | | |
| Jeremy Hollinshead | m | 45:08 | Hedge End | 117 | B | 617 | c |
| Kevin Rowe | m | 49:14 | Hedge End | 150 | | | |
| Mark Polkinghorne | m | 52:22 | Hedge End | 169 | | | |
| David Kinloch | m | 55:03 | Hedge End | 181 | | | |
| Miichael Furlong | m | 1:09:48 | Hedge End | 203 | C | 0 | n |
| Noel Finn | m | 44:05 | IOW RR | 104 | A | 0 | n |
| David Reid | m | 35:29 | Liss | 14 | A | 311 | c |
| James Lathwell | m | 39:40 | Liss | 52 | | | |
| John Collis | m | 44:30 | Liss | 110 | | | |
| Mark Wilkie | m | 47:07 | Liss | 135 | | | |
| Sebastian Hoenig | m | 32:54 | Lordshill | 2 | A | 50 | c |
| Kevin Willsher | m | 35:24 | Lordshill | 12 | | | |
| Josh Chivers | m | 35:44 | Lordshill | 16 | | | |
| Patrick Connors | m | 36:08 | Lordshill | 20 | | | |
| Daniel Champion | m | 37:48 | Lordshill | 32 | B | 151 | c |
| Graham Evans | m | 37:53 | Lordshill | 37 | | | |
| Robert Agar | m | 37:55 | Lordshill | 39 | | | |
| James Fanning | m | 38:34 | Lordshill | 43 | | | |

| | | | | | | | |
|------------------------|---|-------|------------|-----|---|-----|---|
| Dan Gallagher | m | 38:35 | Lordshill | 44 | C | 276 | c |
| Mathew Pidgeon | m | 39:56 | Lordshill | 59 | | | |
| Dominic Ashton | m | 40:40 | Lordshill | 68 | | | |
| Graham Rafferty | m | 44:07 | Lordshill | 105 | | | |
| Dave Mouring | m | 50:45 | Netley | 157 | A | 683 | c |
| Chris Dixon | m | 51:39 | Netley | 165 | | | |
| Shaun Davey | m | 54:22 | Netley | 178 | | | |
| Stuart Vince | m | 55:22 | Netley | 183 | | | |
| Alun Chorlton | m | 55:38 | Netley | 185 | B | 0 | n |
| Jeremy Robbins | m | 58:30 | Netley | 191 | | | |
| Christy Murphy | m | 40:10 | New Forest | 62 | A | 430 | c |
| Lionel Handy | m | 44:58 | New Forest | 114 | | | |
| Graeme Browning-Martin | m | 45:50 | New Forest | 125 | | | |
| Charles Fox | m | 46:09 | New Forest | 129 | | | |
| Julian Smith | m | 48:10 | New Forest | 142 | B | 0 | n |
| Matt Pillinger | m | 41:04 | OSRunners | 74 | A | 0 | n |
| Sean Holmes | m | 36:01 | Overton | 17 | A | 0 | n |
| Keith Vallis | m | 48:13 | Overton | 143 | | | |
| Michael Rae | m | 44:29 | PompeyJ | 109 | A | 745 | i |
| Stephen Wroe | m | 59:19 | PompeyJ | 194 | | | |
| Richard Coote | m | 59:23 | PompeyJ | 195 | | | |
| Mark Hargreaves | m | 41:13 | PortsmAC | 76 | A | 0 | n |
| Matthew Bennett | m | 35:21 | Romsey | 10 | A | 355 | i |
| Matthew Brown | m | 38:50 | Romsey | 47 | | | |
| Daniel Hargreaves | m | 39:31 | Romsey | 51 | | | |
| Huw Williams | m | 37:24 | Royal Navy | 29 | A | 0 | n |
| Simon Pilcher | m | 34:21 | Ryde | 6 | A | 159 | c |
| Adam Tuck | m | 34:39 | Ryde | 7 | | | |
| Trevor Mcalister | m | 39:23 | Ryde | 50 | | | |
| Peter Wilmott | m | 43:34 | Ryde | 96 | | | |
| Peter Jolliffe | m | 57:19 | Ryde | 190 | B | 0 | n |
| Ben Saunby | m | 33:07 | Salisbury | 3 | A | 66 | c |
| Richard Davidson | m | 36:04 | Salisbury | 19 | | | |
| Rob Drag | m | 36:12 | Salisbury | 21 | | | |
| Matt Sherfield | m | 36:44 | Salisbury | 23 | | | |
| James Mills | m | 37:11 | Salisbury | 27 | B | 299 | c |
| Al Moutray | m | 42:13 | Salisbury | 84 | | | |
| Nicholas Cooke | m | 42:18 | Salisbury | 85 | | | |
| John Duffy | m | 44:03 | Salisbury | 103 | | | |
| Derek Wood | m | 44:23 | Salisbury | 107 | C | 495 | c |
| Jonathan Kershaw | m | 45:36 | Salisbury | 124 | | | |
| Barry Vincent | m | 46:35 | Salisbury | 131 | | | |
| James Ballard | m | 46:55 | Salisbury | 133 | | | |
| Nick Lay | m | 47:59 | Salisbury | 140 | D | 598 | c |
| Dave Cox | m | 48:23 | Salisbury | 146 | | | |
| Andrew Makin | m | 49:23 | Salisbury | 152 | | | |
| Craig Weatherburn | m | 51:10 | Salisbury | 160 | | | |
| Tim Fewins | m | 51:12 | Salisbury | 161 | | | |
| David Smith | m | 55:07 | Salisbury | 182 | | | |
| Prashant Kumar | m | 58:51 | Salisbury | 192 | | | |

| | | | | | | | |
|--------------------|---|---------|-----------|-----|---|-----|---|
| Andy Dolman | m | 1:00:46 | Salisbury | 196 | | | |
| Michael Oconnell | m | 1:05:42 | Salisbury | 198 | | | |
| Richard Waldron | m | 32:40 | So'ton AC | 1 | A | 0 | n |
| Andrew Lewis | m | 37:42 | So'ton AC | 30 | | | |
| Jamie Foster | m | 37:52 | Spitfires | 34 | A | 194 | c |
| Greg Sims | m | 37:52 | Spitfires | 36 | | | |
| Adam Ruddy | m | 39:54 | Spitfires | 58 | | | |
| Jonathon Brock | m | 40:35 | Spitfires | 66 | | | |
| Graham Andrews | m | 40:53 | Spitfires | 72 | B | 390 | c |
| Daniel Powell | m | 41:02 | Spitfires | 73 | | | |
| Gerry Robson | m | 45:18 | Spitfires | 122 | | | |
| Mitchell Robson | m | 45:18 | Spitfires | 123 | | | |
| Rob Jesson | m | 48:58 | Spitfires | 148 | | | |
| David Chalk | m | 50:08 | Spitfires | 155 | | | |
| Paul Harvey | m | 51:13 | Spitfires | 162 | | | |
| Neil Glasspool | m | 51:37 | Spitfires | 164 | | | |
| Andrew Walker | m | 53:46 | Spitfires | 173 | | | |
| James Hardy | m | 56:11 | Spitfires | 187 | | | |
| Glenn Medcalf | m | 1:06:33 | Spitfires | 199 | | | |
| Simon Beer | m | 1:06:42 | Spitfires | 200 | | | |
| Tim Rolfe | m | 35:26 | Stubb'ton | 13 | A | 156 | c |
| Andy Simpson | m | 37:11 | Stubb'ton | 26 | | | |
| Mike White | m | 39:52 | Stubb'ton | 57 | | | |
| Steve Dilley | m | 40:02 | Stubb'ton | 60 | | | |
| Matt Emery | m | 40:04 | Stubb'ton | 61 | B | 295 | c |
| Mark Eaton | m | 41:07 | Stubb'ton | 75 | | | |
| Ray Gunner | m | 41:17 | Stubb'ton | 78 | | | |
| Jon Plomer | m | 41:57 | Stubb'ton | 81 | | | |
| Gavin Rennie | m | 47:37 | Stubb'ton | 138 | C | 645 | c |
| Mick Welland | m | 49:19 | Stubb'ton | 151 | | | |
| Martin Powell | m | 53:53 | Stubb'ton | 176 | | | |
| Nigel Feast | m | 55:00 | Stubb'ton | 180 | | | |
| Vernon Wilde | m | 55:24 | Stubb'ton | 184 | D | 0 | n |
| Philip Owen | m | 56:27 | Stubb'ton | 189 | | | |
| Will Greenway | m | 38:32 | Totton | 42 | A | 322 | c |
| David Nightingale | m | 41:54 | Totton | 80 | | | |
| Keith Whitten | m | 43:04 | Totton | 89 | | | |
| Adrian Hayes | m | 44:32 | Totton | 111 | | | |
| Tony Lees | m | 45:05 | Totton | 115 | B | 486 | c |
| Christopher Barnes | m | 45:14 | Totton | 120 | | | |
| Dean Lucas | m | 45:16 | Totton | 121 | | | |
| Terry Greening | m | 46:17 | Totton | 130 | | | |
| Lee Trueman | m | 53:52 | Totton | 174 | | | |
| Ian Dodkin | m | 53:52 | Totton | 175 | | | |
| Denis Coady | m | 56:18 | Totton | 188 | | | |
| Paul Gale | m | 1:16:43 | Totton | 205 | | | |
| Chris James | m | 42:32 | Victory | 86 | A | 556 | c |
| David Lown | m | 43:48 | Victory | 98 | | | |
| Tony Hoskinson | m | 54:23 | Victory | 179 | | | |
| Malcolm Hagan | m | 59:01 | Victory | 193 | | | |

| | | | | | | | |
|---------------|---|---------|------------|-----|---|-----|---|
| Del Chandler | m | 1:08:53 | Victory | 202 | B | 0 | n |
| David Mills | m | 33:48 | Winchester | 5 | A | 192 | c |
| David Gaskell | m | 36:19 | Winchester | 22 | | | |
| Steve Oliver | m | 41:14 | Winchester | 77 | | | |
| Alan Tulip | m | 42:50 | Winchester | 88 | | | |
| Stephen Lowy | m | 43:07 | Winchester | 90 | B | 442 | c |
| Saul Duck | m | 44:16 | Winchester | 106 | | | |
| Kevin Frisby | m | 45:10 | Winchester | 119 | | | |
| Steve Goodwin | m | 45:56 | Winchester | 127 | | | |
| Michael Jones | m | 51:03 | Winchester | 159 | C | 0 | n |
| Adrian Field | m | 52:47 | Winchester | 172 | | | |