

race pos	race #	gun time	name	hrrl team	hrrl pos	tm id	h tm sco	h tm sta	h ind sco	m-f	chip time	mile pace	km pace
1	2	32:43	James Baker							m	32:43	5:16	3:16
2	5	32:48	Peter Concannon							m	32:47	5:17	3:17
3	3	33:08	Julian Manning	Denmead	1	A	63	c	100	m	33:07	5:20	3:19
4	8	33:37	Richard Waldron	So'ton AC	2	A	303	c	99.6	m	33:36	5:24	3:22
5	7	33:41	Tom Stevens	Eastleigh	3	A	55	c	99.2	m	33:41	5:25	3:22
6	6	33:50	Daniel Bailey	Victory	4	A	115	c	98.8	m	33:50	5:27	3:23
7	9	34:24	Lewis Chalk	Stubb'ton	5	A	43	c	98.4	m	34:23	5:32	3:26
8	77	34:31	Ross Nickerson							m	34:30	5:33	3:27
9	82	34:43	Ben Pitman	Lordshill	6	A	184	c	98.0	m	34:42	5:35	3:28
10	10	34:46	Sean Holmes	Overton	7	A	101	c	97.6	m	34:46	5:36	3:29
11	151	35:13	Andrew White	Eastleigh	8				97.1	m	35:12	5:40	3:31
12	61	35:46	David Howard	Victory	9				96.7	m	35:43	5:45	3:34
13	11	35:55	Andy Simpson	Stubb'ton	10				96.3	m	35:55	5:47	3:35
14	21	35:59	Neil Beacher	Winchester	11	A	202	c	95.9	m	35:58	5:47	3:36
15	98	36:00	Lee Tolhurst	Overton	12				95.5	m	35:59	5:47	3:36
16	453	36:07	Rob Arkell	Stubb'ton	13				95.1	m	36:05	5:48	3:37
17	382	36:18	Jon Sullivan	Denmead	14				94.7	m	36:15	5:50	3:38
18	12	36:25	Michael Gregory	Stubb'ton	15				94.3	m	36:24	5:51	3:38
19	34	36:26	David Coak	Eastleigh	16				93.9	m	36:24	5:51	3:38
20	164	36:31	James Clarke	Farnham	17	A	82	c	93.5	m	36:29	5:52	3:39
21	175	36:34	Richard Lovejoy	Farnham	18				93.1	m	36:33	5:53	3:39
22	103	36:35	Danny White	Lordshill	19				92.7	m	36:34	5:53	3:39
23	28	36:41	Ian Carley	Farnham	20				92.2	m	36:39	5:54	3:40
24	362	36:46	Peter Costley	So'ton AC	21				91.8	m	36:43	5:55	3:40
25	372	36:53	James Sawyer	Stubb'ton	22	B	153	c	91.4	m	36:51	5:56	3:41
26	378	36:57	Matthew Cheyney	Denmead	23				91.0	m	36:54	5:56	3:41
27	450	36:57	Anthony Came							m	36:56	5:57	3:42
28	338	37:01	David Dalziel							m	36:57	5:57	3:42
29	44	37:12	Chris Dewey	Andover	24	A	0	n	90.6	m	37:09	5:59	3:43
30	243	37:13	Gary Armstrong	Denmead	25				90.2	m		5:59	3:43
31	130	37:25	Alex Johnson	Hedge End	26	A	195	c	89.8	m	37:25	6:01	3:45
32	136	37:32	James Warren	Farnham	27				89.4	m	37:27	6:02	3:45
33	66	37:41	Andrew Lewis	Eastleigh	28				89.0	m	37:39	6:04	3:46
34	74	37:41	Stuart Morel	Farnham	29	B	136	c	88.6	m	37:40	6:04	3:46
35	602	37:43	Erica Fogg	New Forest	1	A	153	c	100	f	37:39	6:04	3:46
36	417	37:51	Jirka Zaloudik	Farnham	30				88.2	m	37:46	6:05	3:47
37	186	37:53	Geoff Walters	New Forest	31	A	224	c	87.8	m	37:50	6:05	3:47
38	110	38:05	Lee Mawson	Denmead	32	B	377	c	87.3	m	38:02	6:07	3:48
39	366	38:08	Mark Hayter	Eastleigh	33	B	228	c	86.9	m	38:05	6:08	3:49
40	17	38:12	Mike Anderson	Farnham	34				86.5	m	38:10	6:09	3:49
41	33	38:15	Richard Clifford	Overton	35				86.1	m	38:12	6:09	3:49
42	209	38:18	Paul Lympany							m	38:16	6:10	3:50
43	459	38:20	Joe Peat	Stubb'ton	36				85.7	m	38:16	6:10	3:50
44	48	38:35	Jon Ellard	Fareham	37	A	229	c	85.3	m	38:29	6:12	3:51
45	14	38:35	Paul Mitchinson	Victory	38				84.9	m	38:31	6:12	3:51
46	203	38:37	Darren Foy	Lordshill	39				84.5	m	38:29	6:12	3:51
47	78	38:37	Noel O'Dowd	Eastleigh	40				84.1	m	38:33	6:12	3:51
48	194	38:39	Andy Chase	New Forest	41				83.7	m	38:36	6:13	3:52
49	121	38:40	Paul Nicholas							m	38:31	6:12	3:51
50	165	38:42	Matthew Tanner	Hardley	42	A	420	c	83.3	m	38:37	6:13	3:52
51	302	38:42	Sean Smith	Farnham	43				82.9	m	38:39	6:13	3:52
52	31	38:44	Howard Clark	Stubb'ton	44				82.4	m	38:41	6:14	3:52
53	430	38:45	Benjamin Warner							m	38:40	6:13	3:52
54	370	38:45	Peter Mitchell	Winchester	45				82.0	m	38:42	6:14	3:52
55	373	38:50	Ben Stait	PompeyJ	46	A	280	c	81.6	m	38:46	6:14	3:53
56	206	38:52	Neil Glendon	Overton	47				81.2	m	38:49	6:15	3:53
57	174	38:54	Jamie Hillsden							m	38:47	6:14	3:53
58	322	38:58	RUPERT KEMP	Farnham	48	C	266	c	80.8	m	38:57	6:16	3:54
59	317	39:01	Pete Abrahams	Fareham	49				80.4	m	38:55	6:16	3:53

60	405	39:03	Stephen Rumsey	IOW RR	50	A	0	n	80.0	m	38:58	6:16	3:54
61	142	39:03	James Lee	Stubb'ton	51				79.6	m	38:59	6:16	3:54
62	326	39:04	Ian Williams	Hedge End	52				79.2	m	39:02	6:17	3:54
63	357	39:08	Sev Roberts	Stubb'ton	53	C	237	c	78.8	m	39:04	6:17	3:54
64	208	39:11	Stephen Kivlochan	Hedge End	54				78.4	m	39:10	6:18	3:55
65	236	39:16	Daniel Black	Aldershot	55	A	0	n	78.0	m	39:16	6:19	3:56
66	345	39:21	Mike White	Stubb'ton	56				77.6	m	39:18	6:19	3:56
67	361	39:25	Guy Brown	So'ton AC	57				77.1	m	39:16	6:19	3:56
68	20	39:27	Richard Bailey	PompeyJ	58				76.7	m	39:24	6:20	3:56
69	178	39:31	Steve Wardle	New Forest	59				76.3	m	39:26	6:21	3:57
70	179	39:34	John Gore	Winchester	60				75.9	m		6:22	3:57
71	283	39:39	Robert Byrne	Gospport	61	A	414	c	75.5	m	39:31	6:22	3:57
72	437	39:41	Kevin Sibley							m	39:36	6:22	3:58
73	96	39:44	Andrew Stockwell	Stubb'ton	62				75.1	m	39:35	6:22	3:58
74	433	39:51	William Baggs	Hedge End	63				74.7	m	39:49	6:24	3:59
75	59	39:52	Paul Hiles	Victory	64				74.3	m	39:45	6:24	3:59
76	50	39:55	David Fleet	Fareham	65				73.9	m	39:48	6:24	3:59
77	452	39:56	Euan McGrath	Stubb'ton	66				73.5	m	39:52	6:25	3:59
78	791	39:58	Becky Lord	Stubb'ton	2	A	25	c	99.4	f	39:53	6:25	3:59
79	170	40:05	Mike Brewster	Salisbury	67	A	389	c	73.1	m	40:03	6:27	4:00
80	184	40:05	David Rich	Hedge End	68	B	342	c	72.7	m		6:27	4:01
81	86	40:06	Eamonn Rivers	Totton	69	A	416	c	72.2	m	40:02	6:27	4:00
82	100	40:09	David Turner							m	40:06	6:27	4:01
83	796	40:10	Sam Aplin	Eastleigh	3	A	85	c	98.8	f	40:08	6:28	4:01
84	259	40:18	Martin Davies	Eastleigh	70				71.8	m		6:29	4:02
85	148	40:32	Matt Dellar	Farnham	71				71.4	m	40:25	6:30	4:03
86	56	40:35	Jayson Grygiel	Gospport	72				71.0	m	40:27	6:31	4:03
87	279	40:38	Gerald Wyatt	Farnham	73				70.6	m	40:33	6:32	4:03
88	543	40:44	Jackie Lloyd	Victory	4	A	45	c	98.1	f	40:41	6:33	4:04
89	310	40:52	Stuart Haig	Farnham	74				70.2	m	40:48	6:34	4:05
90	90	40:58	Philip Scrase	Alton	75	A	474	c	69.8	m	40:50	6:34	4:05
91	106	40:59	Peter Young	Ryde	76	A	523	c	69.4	m	40:55	6:35	4:05
92	757	41:08	Abbi Morrow							f	41:03	6:36	4:06
93	113	41:11	Andy Pittman							m	41:05	6:37	4:06
94	99	41:12	Christopher Tollet	PortsmAC	77	A	0	n	69.0	m	41:12	6:38	4:07
95	125	41:16	Neil Smith	Fareham	78				68.6	m	41:10	6:38	4:07
96	241	41:16	George Devine	Fareham	79	B	395	c	68.2	m	41:08	6:37	4:07
97	456	41:20	Joe Addyman	PompeyJ	80				67.8	m	41:14	6:38	4:07
98	380	41:25	Robson Trendell	Hedge End	81				67.3	m	41:21	6:39	4:08
99	71	41:26	Mark McDonald	Stubb'ton	82	D	372	c	66.9	m	41:17	6:39	4:08
100	60	41:27	Stuart Hiscock	Stubb'ton	83				66.5	m	41:15	6:38	4:07
101	199	41:29	Tim Cummins	Farnham	84				66.1	m	41:28	6:40	4:09
102	30	41:35	Steve Churcher	Eastleigh	85				65.7	m	41:31	6:41	4:09
103	239	41:44	Alex Whiting	Winchester	86				65.3	m	41:34	6:41	4:09
104	347	41:48	Alistair Morey	Alton	87				64.9	m	41:41	6:42	4:10
105	421	41:51	Angus Paton							m	41:43	6:43	4:10
106	307	41:54	Daniel Baker							m	41:50	6:44	4:11
107	603	41:56	Natalie Cain	Winchester	5	A	27	c	97.5	f	41:51	6:44	4:11
108	285	41:56	Justin Martindale							m	41:45	6:43	4:10
109	152	41:58	Michael Walberton	Farnham	88				64.5	m	41:52	6:44	4:11
110	293	42:00	Julian Rathle							m	41:57	6:45	4:12
111	64	42:00	Matt Lane	Winchester	89	B	586	i	64.1	m	41:57	6:45	4:12
112	67	42:01	David Lown	Victory	90	B	568	c	63.7	m	41:53	6:44	4:11
113	423	42:04	Adam Bradburn	Salisbury	91				63.3	m	41:53	6:44	4:11
114	604	42:07	Tracey Corker	So'ton AC	6	A	0	n	96.9	f	42:01	6:46	4:12
115	465	42:07	Eli Dawson	Winchester	92				62.9	m	41:57	6:45	4:12
116	36	42:08	Peter Collier	New Forest	93				62.4	m	42:00	6:46	4:12
117	73	42:10	John McKenzie	Hardley	94				62.0	m	42:01	6:46	4:12
118	314	42:11	Paul Toms	Hedge End	95				61.6	m	42:05	6:46	4:13
119	26	42:12	Neil Bunday	PompeyJ	96				61.2	m	42:05	6:46	4:13
120	364	42:15	Matthew Fleet	Fareham	97				60.8	m	42:07	6:47	4:13

121	55	42:15	John Gosling						m	42:03	6:46	4:12	
122	260	42:15	Andrew Rotton						m	42:06	6:47	4:13	
123	418	42:17	John Hunter	Hedge End	98			60.4	m	42:03	6:46	4:12	
124	610	42:18	Lynne Whitaker	Winchester	7			96.3	f	42:09	6:47	4:13	
125	605	42:21	Karen Andrews	Hedge End	8	A	54	c	95.6	f	42:15	6:48	4:14
126	401	42:23	Ray Gunner	Stubb'ton	99			60.0	m	42:17	6:48	4:14	
127	402	42:26	Steve Knight						m	42:17	6:48	4:14	
128	205	42:27	Mike Gilmour	Fareham	100			59.6	m	42:22	6:49	4:14	
129	449	42:28	Ignacio Rodrigu Casanova	Eastleigh	101			59.2	m	42:23	6:49	4:14	
130	445	42:32	Daniel Goddard						m	42:17	6:48	4:14	
131	32	42:33	Keith Clark	Overton	102	B	622	c	58.8	m	42:26	6:50	4:15
132	682	42:36	Naouele McHugh	PompeyJ	9	A	43	c	95.0	f	42:29	6:50	4:15
133	91	42:40	Martin Shaw	Denmead	103			58.4	m	42:34	6:51	4:15	
134	23	42:46	Tim Bennett	Andover	104			58.0	m	42:27	6:50	4:15	
135	171	42:51	Mike White	Salisbury	105			57.6	m	42:39	6:52	4:16	
136	144	42:54	Paul Welch	Denmead	106			57.1	m	42:51	6:54	4:17	
137	631	42:55	Lucy May	Stubb'ton	10			94.4	f	42:39	6:52	4:16	
138	72	42:59	John McElroy						m	42:46	6:53	4:17	
139	354	43:05	Jonathan Marsden	Totton	107			56.7	m	42:51	6:54	4:17	
140	420	43:08	Peter Kay	Stubb'ton	108			56.3	m	42:57	6:55	4:18	
141	132	43:09	Anthony Holcombe						m	42:55	6:54	4:17	
142	403	43:10	Tony Lees	Totton	109			55.9	m	43:01	6:55	4:18	
143	267	43:10	Iain Gallagher						m	43:02	6:56	4:18	
144	155	43:11	John Phillips	Farnham	110			55.5	m		6:57	4:19	
145	41	43:12	Tim Crumpton	Stubb'ton	111			55.1	m	43:07	6:56	4:19	
146	210	43:13	Graham Martin	Stubb'ton	112			54.7	m	43:00	6:55	4:18	
147	52	43:14	Chris Gambs	PompeyJ	113	B	502	c	54.3	m	43:07	6:56	4:19
148	45	43:15	Liam Dredge	Stubb'ton	114			53.9	m	43:04	6:56	4:18	
149	215	43:16	Dean Pocock	Havant	115	A	0	n	53.5	m	42:56	6:55	4:18
150	419	43:17	Simon Dickinson						m	43:11	6:57	4:19	
151	139	43:20	Jack Webb	Stubb'ton	116			53.1	m	43:16	6:58	4:20	
152	609	43:25	Alice Burch	Totton	11	A	82	c	93.8	f	43:22	6:59	4:20
153	608	43:26	Julie King	Ryde	12	A	192	i	93.1	f	43:22	6:59	4:20
154	346	43:27	Ben Whettingsteel	Eastleigh	117			52.7	m	43:13	6:57	4:19	
155	134	43:27	Brett Rumfitt						m	43:13	6:57	4:19	
156	111	43:31	Benjamin Wales	Gosport	118			52.2	m	43:22	6:59	4:20	
157	393	43:32	Steve Blake	Fareham	119			51.8	m	43:24	6:59	4:20	
158	120	43:34	Paul Ayre						m	43:15	6:58	4:20	
159	414	43:34	Luke Rose						m	43:18	6:58	4:20	
160	688	43:36	Donna Mitchell	Stubb'ton	13			92.5	f	43:27	7:00	4:21	
161	446	43:36	Lee Caiels	Lordshill	120			51.4	m	43:27	7:00	4:21	
162	316	43:41	Paul Adams	Hedge End	121			51.0	m	43:35	7:01	4:22	
163	268	43:42	David Johns	PompeyJ	122			50.6	m	43:32	7:00	4:21	
164	429	43:44	Sam Cleare	Ryde	123			50.2	m	43:39	7:01	4:22	
165	371	43:46	Robert Morgan	Fareham	124			49.8	m	43:31	7:00	4:21	
166	398	43:47	Ian Boshier	Eastleigh	125			49.4	m	43:33	7:01	4:21	
167	425	43:47	Dan Shawyer						m	43:31	7:00	4:21	
168	539	43:48	Victoria Hunt	PompeyJ	14			91.9	f	43:40	7:02	4:22	
169	300	43:49	Nick Cooke	Salisbury	126			49.0	m	43:37	7:01	4:22	
170	126	43:50	Paul Munden						m		7:03	4:23	
171	303	43:51	Alistair Hardaway	Farnham	127			48.6	m	43:41	7:02	4:22	
172	101	43:52	Paul Turner	Fareham	128			48.2	m	43:41	7:02	4:22	
173	522	43:53	Sarah Gurney	Winchester	15			91.3	f	43:43	7:02	4:22	
174	368	43:56	Christopher Lamb	Lordshill	129	B	797	c	47.8	m	43:48	7:03	4:23
175	387	44:00	Peter Brislen	PompeyJ	130			47.3	m	43:53	7:04	4:23	
176	464	44:01	Timothy Stewart	Totton	131			46.9	m	43:54	7:04	4:23	
177	138	44:02	Peter Simpson	Stubb'ton	132			46.5	m	43:45	7:02	4:23	
178	40	44:03	Christopher Cramp	Farnham	133			46.1	m	43:57	7:04	4:24	
179	390	44:07	Warren Chebby						m	44:01	7:05	4:24	
180	379	44:10	JB Le Fur						m	43:54	7:04	4:23	
181	163	44:14	Jason East	Farnham	134			45.7	m	44:05	7:06	4:25	

182	526	44:16	Sarah Shedden	Winchester	16	B	82	c	90.6	f	44:07	7:06	4:25
183	506	44:22	Michele Jacobs	Hedge End	17				90.0	f	44:13	7:07	4:25
184	231	44:28	David Small							m	44:05	7:06	4:25
185	167	44:30	Steve Underwood							m	44:13	7:07	4:25
186	355	44:31	Andrew Flynn	Victory	135				45.3	m	44:20	7:08	4:26
187	129	44:36	James Berry	Denmead	136				44.9	m	44:16	7:07	4:26
188	544	44:37	Tracey Dillon	Ryde	18				89.4	f	44:32	7:10	4:27
189	122	44:40	Ian Jones	PompeyJ	137				44.5	m	44:30	7:10	4:27
190	24	44:42	Tim Bradley							m	44:33	7:10	4:27
191	463	44:43	Ben green							m	44:28	7:09	4:27
192	427	44:44	David Hunter	Fareham	138				44.1	m	44:38	7:11	4:28
193	313	44:46	Scott Harris							m	44:24	7:09	4:26
194	22	44:46	Gerard Beauvoisin	Denmead	139				43.7	m	44:43	7:12	4:28
195	572	44:46	Natalie Green							f	44:33	7:10	4:27
196	642	44:47	Lucy Smith	Victory	19				88.8	f	44:36	7:11	4:28
197	504	44:47	Catherine Metcalf	PompeyJ	20				88.1	f	44:40	7:11	4:28
198	189	44:48	Nicholas Pink	Eastleigh	140				43.3	m	44:41	7:11	4:28
199	275	44:49	Matthew Farmer							m	44:35	7:10	4:28
200	410	44:51	Ian Smith	Hardley	141				42.9	m	44:38	7:11	4:28
201	389	44:52	Charlie Fuller	Fareham	142				42.4	m	44:39	7:11	4:28
202	173	44:58	Kierran Lakeland							m	44:48	7:13	4:29
203	154	44:59	Mike Kelly	Hardley	143				42.0	m	44:54	7:14	4:29
204	656	45:02	Eloise Stradling	Farnham	21	A	76	c	87.5	f	44:51	7:13	4:29
205	153	45:03	Matt Wheeler							m	44:50	7:13	4:29
206	108	45:09	Damian Williamson	PompeyJ	144	C	712	c	41.6	m	44:59	7:14	4:30
207	438	45:12	Andrew Keehn	Ryde	145				41.2	m	45:07	7:16	4:31
208	264	45:12	Darren Butwell	Denmead	146				40.8	m	44:53	7:13	4:29
209	365	45:14	Lionel Handy	New Forest	147	B	732	c	40.4	m	45:05	7:15	4:30
210	54	45:15	Steven Gardner	Denmead	148				40.0	m	45:05	7:15	4:30
211	76	45:21	Andy Naylor							m	45:09	7:16	4:31
212	623	45:22	Joanne Gilholm	Victory	22				86.9	f	45:11	7:16	4:31
213	183	45:23	Simon Oakley	Victory	149				39.6	m		7:18	4:32
214	222	45:27	Mark Tiller	Hedge End	150				39.2	m	45:13	7:17	4:31
215	363	45:34	Stephen Edwards	Overton	151				38.8	m	45:27	7:19	4:33
216	79	45:35	Michael Pearce	Alton	152				38.4	m	45:29	7:19	4:33
217	508	45:35	Rachael Openshaw	Stubb'ton	23	B	123	c	86.3	f		7:20	4:34
218	786	45:36	Esther Hardie	Totton	24				85.6	f	45:30	7:19	4:33
219	622	45:37	Jane Georghiou	Farnham	25				85.0	f	45:27	7:19	4:33
220	520	45:38	Audra Rawlings	Overton	26	A	126	c	84.4	f	45:25	7:19	4:32
221	662	45:39	Sarah Brewster	Salisbury	27	A	222	i	83.8	f	45:30	7:19	4:33
222	661	45:39	Joanna Curtis	Winchester	28				83.1	f	45:29	7:19	4:33
223	654	45:40	Joanne Labram	Hedge End	29				82.5	f	45:25	7:19	4:32
224	415	45:41	Andrew Warren	Totton	153	B	0	n	38.0	m	45:33	7:20	4:33
225	228	45:44	William Jones							m	45:33	7:20	4:33
226	352	45:46	Edward Casper	Fareham	154				37.6	m	45:34	7:20	4:33
227	214	45:48	Ian Platt	Fareham	155				37.1	m	45:35	7:20	4:34
228	462	45:49	Ed Lanwarne							m	45:33	7:20	4:33
229	792	45:50	Nicola Douglas	Farnham	30				81.9	f	45:34	7:20	4:33
230	221	45:53	Lee Threadingham							m	45:18	7:17	4:32
231	213	45:53	Mark Parkin	Eastleigh	156				36.7	m	45:46	7:22	4:35
232	795	45:55	Kerryanne Sawyer							f	45:45	7:22	4:34
233	318	45:58	Steven Colmer	Denmead	157				36.3	m	45:34	7:20	4:33
234	634	45:59	Hayley Payne	Eastleigh	31				81.3	f	45:42	7:21	4:34
235	204	46:00	Colin Fraser							m	45:42	7:21	4:34
236	200	46:01	Barry Dewey	Winchester	158				35.9	m	45:51	7:23	4:35
237	159	46:04	Jamie Baxter							m	45:42	7:21	4:34
238	645	46:06	Emma Whittaker-Axon	Farnham	32	B	119	c	80.6	f		7:25	4:37
239	295	46:09	Daniel Farmer	Fareham	159				35.5	m	45:55	7:23	4:36
240	19	46:09	Jim Armitage	Alton	160				35.1	m	45:47	7:22	4:35
241	536	46:12	Debbie Beasley							f	45:43	7:21	4:34
242	413	46:21	Gareth Juliff	Overton	161				34.7	m	46:14	7:26	4:37

243	724	46:23	Laura Buchanan	Salisbury	33				80.0	f		7:28	4:38
244	274	46:26	Andrew Leonard	Fareham	162				34.3	m		7:28	4:39
245	192	46:32	Daniel Belben	Gosport	163				33.9	m	46:03	7:25	4:36
246	532	46:33	Lisa Calladine							f	46:28	7:29	4:39
247	287	46:33	Robert Tanner							m	46:23	7:28	4:38
248	509	46:35	Naomi Shaylor	Alton	34	A	136	c	79.4	f	46:21	7:28	4:38
249	439	46:35	Raul Garcia Tapia							m		7:30	4:40
250	47	46:36	David Efford	PortsmAC	164				33.5	m	46:23	7:28	4:38
251	673	46:36	Hollie Smith	Stubb'ton	35				78.8	f	46:24	7:28	4:38
252	202	46:37	David Eneas	PompeyJ	165				33.1	m	46:30	7:29	4:39
253	358	46:39	Geoff Brown	Farnham	166				32.7	m	46:25	7:28	4:39
254	309	46:44	Michael Head	Hedge End	167				32.2	m	46:29	7:29	4:39
255	441	46:53	Alex Jarvis							m	46:32	7:29	4:39
256	670	46:55	Sally Rowe	Denmead	36	A	122	c	78.1	f	46:40	7:31	4:40
257	137	46:56	Ashley Bennett	Fareham	168				31.8	m	46:43	7:31	4:40
258	617	47:02	Anita Crawley	Denmead	37				77.5	f	46:41	7:31	4:40
259	223	47:02	Colin Waters	New Forest	169				31.4	m	46:53	7:33	4:41
260	607	47:06	Sally Easton	Winchester	38				76.9	f	46:56	7:33	4:42
261	18	47:06	Mick Anglim	Hardley	170	B	706	c	31.0	m	46:58	7:34	4:42
262	579	47:07	Catherine Alderson	PompeyJ	39	B	174	c	76.3	f	46:51	7:32	4:41
263	270	47:08	Paul Wells							m	46:51	7:32	4:41
264	671	47:12	Katie Brothers	Overton	40				75.6	f		7:36	4:43
265	88	47:13	Kevin Rowe	Hedge End	171				30.6	m	46:58	7:34	4:42
266	237	47:15	Rory Heard	Denmead	172				30.2	m	46:54	7:33	4:41
267	114	47:25	Gary Cook							m	47:20	7:37	4:44
268	123	47:32	Terence Earney	Hardley	173				29.8	m	47:18	7:37	4:44
269	467	47:34	Pritchard Miles	Gosport	174	B	715	c	29.4	m	47:22	7:37	4:44
270	162	47:36	Jason Sellwood	Hedge End	175				29.0	m	47:21	7:37	4:44
271	348	47:52	Martyn Law							m	47:26	7:38	4:45
272	191	47:53	Robert Egerton							m	47:30	7:39	4:45
273	687	47:53	Diane Mattingly	Lordshill	41	A	245	i	75.0	f	47:42	7:41	4:46
274	341	47:57	Stephen Stroud							m	47:35	7:39	4:46
275	753	47:58	Angela Gray	Lordshill	42				74.4	f	47:47	7:41	4:47
276	92	47:59	Julian Smith	New Forest	176				28.6	m	47:50	7:42	4:47
277	53	47:59	Colin Gardner	Gosport	177				28.2	m	47:42	7:41	4:46
278	356	48:00	David Gates							m	47:35	7:39	4:46
279	193	48:00	Ray Bernice	Gosport	178				27.8	m	47:52	7:42	4:47
280	676	48:01	Vicki Clarke	Farnham	43				73.8	f	47:47	7:41	4:47
281	324	48:10	Darren Kinder							m	47:59	7:43	4:48
282	227	48:14	Robert Reynolds							m	47:51	7:42	4:47
283	775	48:16	Shelley Paterson							f	47:55	7:43	4:47
284	143	48:16	Brian Warren	Ryde	179				27.3	m	47:55	7:43	4:47
285	216	48:16	Jamie Procter							m	47:58	7:43	4:48
286	212	48:20	Philip May	Stubb'ton	180				26.9	m	47:59	7:43	4:48
287	422	48:21	Simon Martin	Hardley	181				26.5	m	48:05	7:44	4:49
288	790	48:23	Sarah Marjoram	Farnham	44				73.1	f	48:08	7:45	4:49
289	124	48:24	Adrian Mudle	Hardley	182				26.1	m	48:08	7:45	4:49
290	116	48:27	Pete Sangster							m	48:23	7:47	4:50
291	454	48:27	Chris Smith							m	48:13	7:46	4:49
292	328	48:30	GEORGE RENNIE	Stubb'ton	183				25.7	m	48:18	7:46	4:50
293	161	48:30	James Hansford							m	48:01	7:44	4:48
294	629	48:32	Vanessa Lowe	Alton	45				72.5	f	48:17	7:46	4:50
295	432	48:37	Martin Carpenter	Denmead	184				25.3	m	48:17	7:46	4:50
296	653	48:46	Michelle Butler	Victory	46	B	200	c	71.9	f	48:21	7:47	4:50
297	211	48:48	Paul Martin							m	48:30	7:48	4:51
298	149	48:55	Timothy Matthews	Stubb'ton	185				24.9	m	48:37	7:49	4:52
299	298	48:59	Martyn Barnes	Gosport	186				24.5	m	48:51	7:52	4:53
300	257	49:13	Chris Lindsay							m	48:53	7:52	4:53
301	181	49:14	Leigh Allen	Hedge End	187				24.1	m	48:55	7:52	4:54
302	406	49:19	Dean Searley							m	48:54	7:52	4:53
303	262	49:23	Jonathan Gordon							m	49:00	7:53	4:54

304	349	49:24	Greg Strutton	Farnham	188				23.7	m	49:00	7:53	4:54
305	252	49:24	Richard Law							m	48:58	7:53	4:54
306	466	49:24	Chris Stapleford	Stubb'ton	189				23.3	m	49:04	7:54	4:54
307	434	49:29	Gary Lillis							m	48:57	7:53	4:54
308	735	49:30	Gemma Causebrook	Totton	47				71.3	f	49:23	7:57	4:56
309	220	49:34	Robert Streeter							m	49:07	7:54	4:55
310	197	49:37	Graham Clarke	Denmead	190				22.9	m	49:15	7:56	4:55
311	570	49:38	Nicola Ellis							f	49:19	7:56	4:56
312	546	49:48	Catherine Russell							f	49:32	7:58	4:57
313	444	49:50	Paul Snook							m	49:40	8:00	4:58
314	294	49:51	Craig Marshall							m	49:25	7:57	4:57
315	201	49:52	Keith Elshaw	Gosport	191				22.4	m	49:38	7:59	4:58
316	647	49:52	Tracey Wales	Gosport	48	A	151	c	70.6	f	49:42	8:00	4:58
317	342	49:53	Gary Cassap	Denmead	192				22.0	m	49:41	8:00	4:58
318	97	49:55	Mike Taylor	Denmead	193				21.6	m	49:34	7:59	4:57
319	778	49:58	Rosemary Lang							f	49:37	7:59	4:58
320	626	49:58	Melanie Hunt	Denmead	49				70.0	f	49:46	8:01	4:59
321	443	49:59	Matthew Crabb							m	49:26	7:57	4:57
322	639	49:59	Jenny Shilling	Gosport	50				69.4	f	49:48	8:01	4:59
323	534	50:01	Katrina Brace	Eastleigh	51				68.8	f	49:44	8:00	4:58
324	751	50:02	Anna Clark	Hedge End	52	B	187	c	68.1	f	49:45	8:00	4:59
325	746	50:05	Gillian Dowling	Gosport	53				67.5	f	49:54	8:02	4:59
326	258	50:06	Mike Walters							m	49:28	7:58	4:57
327	461	50:13	Martin Foster	Victory	194				21.2	m	49:35	7:59	4:58
328	68	50:22	Cliff Manton	Hedge End	195				20.8	m	50:10	8:04	5:01
329	530	50:23	Lisa Gamble	Havant	54	A	0	n	66.9	f	49:50	8:01	4:59
330	690	50:23	Charlotte Sharman	Winchester	55	C	186	c	66.3	f	50:13	8:05	5:01
331	518	50:25	Tara Hunt	Farnham	56				65.6	f	50:06	8:04	5:01
332	800	50:25	Susan Bryan	Alton	57				65.0	f	50:07	8:04	5:01
333	714	50:25	Sarah Reid	Winchester	58				64.4	f	50:13	8:05	5:01
334	109	50:26	Kevin Aylward							m	49:54	8:02	4:59
335	323	50:26	Neil Hawkins							m	50:06	8:04	5:01
336	89	50:27	Robert Saines							m	50:09	8:04	5:01
337	650	50:29	Georgie Boyes	PompeyJ	59				63.8	f	50:14	8:05	5:01
338	340	50:33	Jonathan Norton	Ryde	196	B	0	n	20.4	m	50:06	8:04	5:01
339	660	50:35	Rebecca Costambeys	Overton	60				63.1	f	50:22	8:06	5:02
340	394	50:39	Mark Waughman							m	50:35	8:08	5:03
341	226	50:44	Grahame White	Denmead	197				20.0	m	50:24	8:07	5:02
342	514	50:44	Suzanne Brooks	Hedge End	61				62.5	f	50:33	8:08	5:03
343	377	50:48	Gordon Wilson							m	50:46	8:10	5:05
344	39	50:49	John Cowlin	Victory	198				19.6	m	50:24	8:07	5:02
345	320	50:50	Jeffrey Hodgetts							m	50:23	8:07	5:02
346	794	50:51	Louise Riches	Fareham	62	A	195	c	61.9	f	50:22	8:06	5:02
347	762	50:52	Suzette Bosman	Fareham	63				61.3	f		8:11	5:05
348	105	50:53	Graham Witcher							m	50:13	8:05	5:01
349	665	50:54	Sabrina Cadman							f	50:34	8:08	5:03
350	694	50:55	Fran Light	Alton	64	B	307	c	60.6	f	50:36	8:09	5:04
351	217	50:58	Jon Scott	PompeyJ	199				19.2	m	50:38	8:09	5:04
352	524	51:06	Frances Lord	Stubb'ton	65				60.0	f	50:45	8:10	5:05
353	172	51:08	Mark Edwards							m	50:54	8:11	5:05
354	69	51:09	Andy Martin							m	50:51	8:11	5:05
355	80	51:13	Mark Pelley	Denmead	200				18.8	m	50:56	8:12	5:06
356	542	51:15	Heather Neal							f	50:43	8:10	5:04
357	360	51:16	John Barrett	Gosport	201				18.4	m	50:52	8:11	5:05
358	529	51:16	Maria Warwick	Solent Sis	66	A	294	c	59.4	f	50:57	8:12	5:06
359	635	51:18	Beth Pirie	Victory	67				58.8	f	50:54	8:11	5:05
360	677	51:21	Kelly Bailey							f	50:58	8:12	5:06
361	131	51:27	Stuart Hoare	Denmead	202				18.0	m	51:03	8:13	5:06
362	713	51:30	Alice Ryder	Hardley	68	A	308	c	58.1	f	51:15	8:15	5:07
363	339	51:31	Adrien Galland							m	51:15	8:15	5:07
364	157	51:34	Keith Baxter							m	51:13	8:15	5:07

365	141	51:36	Jonathon Earle						m	50:46	8:10	5:05	
366	381	51:38	Martin Robinson						m	51:19	8:16	5:08	
367	709	51:44	Sue Wearne	New Forest	69			57.5	f	51:27	8:17	5:09	
368	277	51:47	Christopher Brown						m	51:23	8:16	5:08	
369	515	51:48	Sarah Cessford	Fareham	70			56.9	f	51:27	8:17	5:09	
370	701	51:48	Tracey Morrison	Fareham	71	B	237	c	56.3	f	51:16	8:15	5:08
371	632	51:52	Sarah McCann	Overton	72	B	286	c	55.6	f	51:33	8:18	5:09
372	619	51:54	Shirley Dyson-Laurie	Winchester	73				55.0	f	51:42	8:19	5:10
373	669	51:59	Tracey Shepperd	Hedge End	74				54.4	f	51:41	8:19	5:10
374	251	52:01	Chris Pitt						m	51:30	8:17	5:09	
375	761	52:02	Philippa Forget						f	51:49	8:20	5:11	
376	311	52:02	Duncan Randall	Fareham	203				17.6	m	51:33	8:18	5:09
377	678	52:03	Sadie Lee Bedford	Stubb'ton	75	C	254	c	53.8	f	51:44	8:20	5:10
378	704	52:03	Debbie Risius						f	51:50	8:21	5:11	
379	133	52:07	James Daly	PompeyJ	204				17.1	m	51:48	8:20	5:11
380	664	52:08	Pip Wright	PompeyJ	76				53.1	f	51:49	8:20	5:11
381	207	52:13	Matthew Grinstead						m	51:56	8:21	5:12	
382	668	52:14	Laura Dixon	Fareham	77				52.5	f	51:45	8:20	5:11
383	135	52:23	Paul Head						m	51:41	8:19	5:10	
384	37	52:25	Geoff Collins	Hedge End	205				16.7	m	52:07	8:23	5:13
385	334	52:27	Sean Leggett						m	52:03	8:23	5:12	
386	38	52:29	Charles Cope						m	51:52	8:21	5:11	
387	556	52:29	Helen Lovell						f	52:04	8:23	5:12	
388	95	52:30	Michael Stares	Gosport	206				16.3	m	52:12	8:24	5:13
389	182	52:32	George Sharp						m	52:00	8:22	5:12	
390	651	52:32	Sandra Hook	Stubb'ton	78				51.9	f	52:06	8:23	5:13
391	625	52:33	Anne Harris	Denmead	79	B	240	c	51.3	f	52:16	8:25	5:14
392	742	52:33	Caroline Britz						f	52:18	8:25	5:14	
393	369	52:43	Mick MacEnri	Fareham	207				15.9	m	52:27	8:26	5:15
394	385	52:49	Stephen Spence	Overton	208				15.5	m	52:35	8:28	5:15
395	531	52:51	Gemma Flear						f	52:17	8:25	5:14	
396	455	52:52	Gary Nicholl						m	52:21	8:25	5:14	
397	658	52:52	Suzanne Richardson	Denmead	80				50.6	f	52:34	8:28	5:15
398	768	52:53	Lisa Marie Peckover	Denmead	81				50.0	f	52:37	8:28	5:16
399	392	52:55	Ian Nelson						m	52:33	8:27	5:15	
400	272	52:55	Alex Tester	Fareham	209				15.1	m	52:40	8:29	5:16
401	146	52:58	John Taylor	Fareham	210				14.7	m	52:38	8:28	5:16
402	733	52:59	Mary Fitzgerald	Farnham	82				49.4	f	52:39	8:28	5:16
403	436	53:00	Ben Dillon						m	52:38	8:28	5:16	
404	102	53:02	Martin Ward	Fareham	211				14.3	m	52:30	8:27	5:15
405	657	53:05	Sarah Gosling						f	52:42	8:29	5:16	
406	288	53:05	Adrian Mould						m	52:42	8:29	5:16	
407	290	53:05	David Hussell						m	52:41	8:29	5:16	
408	764	53:05	Jayne Winderam	New Forest	83				48.8	f	52:48	8:30	5:17
409	725	53:06	Claire Deacon	Solent Sis	84				48.1	f	52:39	8:28	5:16
410	616	53:07	Caroline Bennett	Andover	85	A	0	n	47.5	f	52:43	8:29	5:16
411	335	53:07	Paul Eves	Lordshill	212				13.9	m	52:56	8:31	5:18
412	118	53:10	Kevin Dewitt	Fareham	213				13.5	m	52:49	8:30	5:17
413	29	53:13	Alan Charles	Eastleigh	214				13.1	m	52:55	8:31	5:17
414	266	53:18	Jamie Howard						m	53:10	8:33	5:19	
415	613	53:19	Annali Court	Denmead	86				46.9	f	53:02	8:32	5:18
416	49	53:22	Christopher Ellis						m	52:43	8:29	5:16	
417	503	53:37	Helen Boiling	Victory	87				46.3	f	53:13	8:34	5:19
418	219	53:39	Simon Starling						m	53:01	8:32	5:18	
419	659	53:40	Sarah Wheeler						f	53:27	8:36	5:21	
420	281	53:49	Mark Peach						m	53:22	8:35	5:20	
421	747	53:53	Tina Harrison	Farnham	88				45.6	f	53:35	8:37	5:22
422	752	53:54	Elaine Arkell	Fareham	89				45.0	f	53:20	8:35	5:20
423	719	53:56	Emma Hey						f	53:46	8:39	5:23	
424	557	53:57	Kate Budd						f	53:33	8:37	5:21	
425	93	53:57	Rod Smith	Salisbury	215	B	0	n	12.7	m	53:44	8:39	5:22

426	70	53:58	Gary McCawley	Denmead	216				12.2	m	53:31	8:37	5:21
427	458	54:11	Dean Pettitt	Eastleigh	217				11.8	m	53:53	8:40	5:23
428	750	54:19	Angela Kivlochan	Hedge End	90				44.4	f	54:01	8:42	5:24
429	408	54:20	Gordon Abram							m	53:57	8:41	5:24
430	333	54:22	Pete Belasco							m	53:41	8:38	5:22
431	517	54:23	Natalie Dillon	PompeyJ	91				43.8	f	54:00	8:41	5:24
432	644	54:24	Fiona Tomlinson	Gospport	92	B	318	c	43.1	f	54:13	8:44	5:25
433	637	54:27	Alison Reeds							f	53:56	8:41	5:24
434	198	54:28	Mick Coffey							m	54:01	8:42	5:24
435	195	54:32	Colin Church							m	53:56	8:41	5:24
436	551	54:32	Marina Harris							f	53:56	8:41	5:24
437	238	54:39	Kelvin Howard							m	53:56	8:41	5:24
438	306	54:41	Stephen Phillips							m	54:06	8:42	5:25
439	777	54:41	Annie Eyre							f	54:00	8:41	5:24
440	51	54:46	Graham Foden	Victory	218				11.4	m	54:22	8:45	5:26
441	674	54:47	Kimberley Shiels	Hardley	93				42.5	f	54:32	8:47	5:27
442	297	54:51	Olivier Britz							m	54:36	8:47	5:28
443	416	54:51	Mark Cooter	Victory	219				11.0	m	54:20	8:45	5:26
444	65	54:55	Stephen Lee	Ryde	220				10.6	m	54:33	8:47	5:27
445	431	54:56	Germain Bonte							m	54:40	8:48	5:28
446	567	55:08	Karen Hudson							f	54:48	8:49	5:29
447	407	55:14	Darren Vicary							m	54:35	8:47	5:28
448	386	55:15	Chris Brown							m	54:47	8:49	5:29
449	299	55:15	James Finney							m	54:41	8:48	5:28
450	523	55:15	Lizzie Jenner	Denmead	94				41.9	f	54:53	8:50	5:29
451	140	55:17	Colin Uwins							m	54:40	8:48	5:28
452	606	55:19	Jane Scrase	Alton	95				41.3	f	55:01	8:51	5:30
453	367	55:21	Terry Hayter							m	54:56	8:50	5:30
454	196	55:22	Jeffrey Clark	Fareham	221				10.2	m	54:54	8:50	5:29
455	780	55:25	Yvonne Coxhill	Hedge End	96				40.6	f	55:04	8:52	5:30
456	384	55:30	Stephen Wroe							m	55:03	8:52	5:30
457	284	55:36	Roger Fleming	Lordshill	222				9.8	m	55:14	8:53	5:31
458	383	55:40	Kim Batten	So'ton AC	223				9.4	m	55:11	8:53	5:31
459	337	55:42	Brett Green							m	54:57	8:51	5:30
460	412	55:43	Peter Robinson	Gospport	224				9.0	m	55:29	8:56	5:33
461	633	55:44	Jane Nockemann	PompeyJ	97				40.0	f	55:04	8:52	5:30
462	304	55:48	Del Chandler	Victory	225				8.6	m	55:14	8:53	5:31
463	58	55:48	Duncan Hatter							m	55:10	8:53	5:31
464	81	55:50	David Peters							m	55:29	8:56	5:33
465	620	55:57	Liz Farquharson	Fareham	98				39.4	f	55:39	8:57	5:34
466	511	55:59	Monique Van Nueten	Overton	99				38.8	f	55:43	8:58	5:34
467	253	55:59	Adam Mundell							m	55:27	8:55	5:33
468	374	56:00	Michael Thornhill							m	55:39	8:57	5:34
469	767	56:05	Laura Cornborough	Gospport	100				38.1	f	55:34	8:57	5:33
470	282	56:06	James Darez							m	55:36	8:57	5:34
471	624	56:10	Katie Goddard							f	55:42	8:58	5:34
472	376	56:15	Edward Willmott	Fareham	226				8.2	m	55:43	8:58	5:34
473	242	56:16	Alan Stevens							m	55:54	9:00	5:35
474	739	56:19	Fiona Sale							f	55:49	8:59	5:35
475	190	56:26	Richard Costambeys	Overton	227				7.8	m	56:06	9:02	5:37
476	156	56:28	Luc Semmens							m		9:05	5:39
477	411	56:28	Steve Oldfield							m	56:23	9:04	5:38
478	675	56:31	Jules Dinwoodie	Stubb'ton	101				37.5	f	56:06	9:02	5:37
479	528	56:35	Barbara Hathaway							f	56:07	9:02	5:37
480	409	56:36	George Smith							m	56:23	9:04	5:38
481	636	56:36	Cathy Pittick	Fareham	102				36.9	f	56:18	9:04	5:38
482	396	56:54	James Barham							m	56:22	9:04	5:38
483	685	56:59	Sarah Heard	Denmead	103				36.3	f	56:30	9:06	5:39
484	785	57:05	Sarah Moulding	Fareham	104				35.6	f	56:34	9:06	5:39
485	400	57:06	Jason Edwards							m	56:32	9:06	5:39
486	247	57:10	Angus Grant							m	56:37	9:07	5:40



487	388	57:13	Callan Cessford	Fareham	228				7.3	m	56:52	9:09	5:41
488	397	57:14	Dave Black							m	56:48	9:08	5:41
489	541	57:16	Eleanor Reid	PompeyJ	105				35.0	f	56:37	9:07	5:40
490	507	57:17	Sarah Martin	Stubb'ton	106	D	339	c	34.4	f	57:08	9:12	5:43
491	234	57:20	Douglas Blyth	Farnham	229				6.9	m	56:50	9:09	5:41
492	545	57:21	Emily Dobbins-Dale	Fareham	107				33.8	f		9:14	5:44
493	562	57:23	Lorraine Stewart	PompeyJ	108				33.1	f	56:41	9:07	5:40
494	703	57:31	Claire Genazzini							f		9:15	5:45
495	424	57:34	George Barham							m	57:02	9:11	5:42
496	276	57:36	Jeff Deacon	Eastleigh	230				6.5	m	57:17	9:13	5:44
497	614	57:41	Sue Baker							f	57:18	9:13	5:44
498	457	57:48	Steve Read	Fareham	231				6.1	m	57:35	9:16	5:46
499	537	57:50	Gemma Joyce							f	57:22	9:14	5:44
500	468	57:52	Andrew Waterfield							m	57:10	9:12	5:43
501	707	58:02	Deborah Dalzell							f	57:25	9:14	5:45
502	741	58:08	Rachel Jarvis	Victory	109				32.5	f	57:45	9:18	5:47
503	793	58:17	Cara Gates							f	57:52	9:19	5:47
504	527	58:20	Deborah Winn	PompeyJ	110				31.9	f	57:37	9:16	5:46
505	758	58:20	Cat Wallman							f	57:52	9:19	5:47
506	94	58:20	Robert Spencer	Stubb'ton	232				5.7	m	57:36	9:16	5:46
507	738	58:22	Jessica Littlewood							f	57:52	9:19	5:47
508	666	58:22	Lorraine Rowe	Fareham	111				31.3	f	57:53	9:19	5:47
509	308	58:25	Steve Hicks							m	58:02	9:20	5:48
510	755	58:33	Nikki Smith	Fareham	112				30.6	f	58:19	9:23	5:50
511	565	58:33	Sharon Lemmon	PompeyJ	113				30.0	f	57:52	9:19	5:47
512	84	58:33	Mike Rae	Fareham	233				5.3	m	58:02	9:20	5:48
513	700	58:38	Clare Welch	Denmead	114				29.4	f	58:17	9:23	5:50
514	233	58:41	Alec Dyer							m	58:17	9:23	5:50
515	185	58:45	Paul Armstrong	Lordshill	234				4.9	m	58:23	9:24	5:50
516	799	58:45	Bogumila Skladanek							f	58:13	9:22	5:49
517	180	59:00	Terry Newman	Alton	235	B	0	n	4.5	m	58:30	9:25	5:51
518	535	59:02	Emily Juliff	Overton	115				28.8	f	58:35	9:26	5:52
519	245	59:04	Simon Price							m	58:32	9:25	5:51
520	646	59:09	Zoe Windsor							f	58:38	9:26	5:52
521	710	59:12	Jen Liggins							f	58:46	9:27	5:53
522	736	59:12	Joanne Bowes							f	58:45	9:27	5:53
523	292	59:12	Gavin McCue							m	58:53	9:29	5:53
524	115	59:18	Carl Jenkins	Eastleigh	236				4.1	m	59:00	9:30	5:54
525	575	59:21	Sharon Clarke	Stubb'ton	116				28.1	f	59:00	9:30	5:54
526	749	59:26	Lucy Taylor	Stubb'ton	117				27.5	f	59:06	9:31	5:55
527	395	59:29	Richard Scrase	Alton	237				3.7	m	59:00	9:30	5:54
528	440	59:30	Gary Blackburn							m	58:46	9:27	5:53
529	563	59:31	Polly Blackman							f	58:47	9:28	5:53
530	571	59:41	Sarah Hartley	PompeyJ	118				26.9	f	59:22	9:33	5:56
531	712	59:54	Chloe Evans							f	59:37	9:36	5:58
532	538	59:56	Claire Lancashire	Fareham	119				26.3	f	59:27	9:34	5:57
533	754	1:00:05	Caroline Jerrim	Hedge End	120				25.6	f	59:44	9:37	5:58
534	691	1:00:05	Ann-Marie Vanderplank	Totton	121	B	393	c	25.0	f	59:28	9:34	5:57
535	336	1:00:24	John Langley							m	59:56	9:39	6:00
536	548	1:00:33	Vanessa Dobbins-Dale							f	1:00:14	9:42	6:01
537	734	1:00:35	Joy Lothian	Fareham	122				24.4	f	1:00:04	9:40	6:00
538	781	1:00:44	Victoria Wilson							f	1:00:19	9:42	6:02
539	681	1:00:48	Mandy Chalkley							f	1:00:20	9:43	6:02
540	655	1:00:51	Amanda Wells	Victory	123				23.8	f		9:48	6:05
541	627	1:00:57	Sue Hunter	IOW RR	124	A	0	n	23.1	f	1:00:13	9:41	6:01
542	278	1:01:00	Ian Beattie	Fareham	238				3.3	m	1:00:14	9:42	6:01
543	760	1:01:01	Lisa-Louise Jenkins	Hedge End	125				22.5	f	1:00:39	9:46	6:04
544	697	1:01:05	Carys Peach							f	1:00:37	9:45	6:04
545	560	1:01:11	Rebecca Brown	Gosport	126				21.9	f	1:00:58	9:49	6:06
546	550	1:01:12	Sarah Young	Overton	127				21.3	f	1:00:45	9:47	6:04
547	726	1:01:12	Emma Smale	Fareham	128				20.6	f	1:00:40	9:46	6:04

548	618	1:01:16	Marilyn Crocker	Victory	129	20.0	f	1:00:59	9:49	6:06
549	630	1:01:23	Liz MacEnri	Fareham	130	19.4	f	1:01:05	9:50	6:07
550	513	1:01:25	Jane Lesley Collins	PompeyJ	131	18.8	f	1:01:06	9:50	6:07
551	519	1:01:32	Sam Cox	PompeyJ	132	18.1	f	1:01:05	9:50	6:07
552	391	1:02:12	Will Witt	Salisbury	239	2.9	m	1:01:50	9:57	6:11
553	693	1:02:13	Karen Trinder				f	1:02:02	9:59	6:12
554	641	1:02:13	Chris Smith	Fareham	133	17.5	f	1:01:41	9:56	6:10
555	797	1:02:32	Shamin Manji				f	1:01:57	9:58	6:12
556	716	1:02:54	Natalie Thompson				f	1:02:45	10:06	6:16
557	343	1:02:56	BEN Norton				m	1:02:25	10:03	6:15
558	225	1:03:03	John Winderam	New Forest	240	2.4	m	1:02:20	10:02	6:14
559	744	1:03:10	Johanna Ross	Gosport	134	16.9	f	1:02:56	10:08	6:18
560	344	1:03:10	Robert Locke	Fareham	241	2.0	m	1:02:40	10:05	6:16
561	46	1:03:17	Robert Edwards	Victory	242	1.6	m	1:02:35	10:04	6:15
562	689	1:03:24	Stephanie Rickson	Totton	135	16.3	f	1:02:50	10:07	6:17
563	128	1:03:34	Michael Patterson				m	1:03:08	10:10	6:19
564	699	1:03:45	Kathy Brown	Farnham	136	15.6	f	1:03:07	10:09	6:19
565	788	1:03:49	Amy Marsden	Totton	137	15.0	f	1:03:12	10:10	6:19
566	558	1:04:00	Joy Smith	Fareham	138	14.4	f	1:03:27	10:13	6:21
567	773	1:04:01	Lara Blake				f	1:03:36	10:14	6:22
568	555	1:04:01	Joanne Wake				f	1:03:36	10:14	6:22
569	119	1:04:23	Brian James				m	1:03:49	10:16	6:23
570	783	1:04:35	Kate White				f	1:03:47	10:16	6:23
571	248	1:04:46	David Horner				m	1:04:00	10:18	6:24
572	564	1:05:02	Natalie McGarry	PompeyJ	139	13.8	f	1:04:19	10:21	6:26
573	525	1:05:13	Louise Newman	PompeyJ	140	13.1	f	1:04:45	10:25	6:29
574	112	1:05:14	Steve Williams	Denmead	243	1.2	m	1:04:58	10:27	6:30
575	577	1:05:41	Julia Potter	PompeyJ	141	12.5	f	1:05:01	10:28	6:30
576	737	1:05:41	Kate Robertson				f	1:05:13	10:30	6:31
577	756	1:05:42	Tracey Crank	Denmead	142	11.9	f	1:05:14	10:30	6:31
578	718	1:05:58	Haseena Nathu				f	1:05:22	10:31	6:32
579	57	1:06:11	Brian Harris	Denmead	244	0.8	m	1:05:32	10:33	6:33
580	705	1:06:15	Katie Eyton				f	1:05:50	10:36	6:35
581	561	1:06:23	Katie Edwards	Overton	143	11.3	f	1:05:55	10:36	6:35
582	772	1:06:25	Iwona Savana				f	1:05:35	10:33	6:33
583	787	1:06:35	Bridgette Wells	Solent Sis	144	10.6	f	1:06:07	10:38	6:37
584	782	1:06:39	Shantelle Kempster				f	1:05:54	10:36	6:35
585	667	1:06:40	Linda Francis	Hedge End	145	10.0	f	1:06:19	10:40	6:38
586	516	1:06:55	Raman Sangha	Victory	146	9.4	f	1:06:38	10:43	6:40
587	612	1:07:07	Jan Anglim	Hardley	147	8.8	f	1:06:32	10:42	6:39
588	621	1:07:28	Caroline Freeman	Alton	148	8.1	f	1:07:05	10:48	6:43
589	510	1:07:38	Sylvia Timms	Totton	149	7.5	f	1:07:23	10:51	6:44
590	745	1:07:41	Gemma Frost				f	1:07:11	10:49	6:43
591	375	1:08:05	John Timms	Totton	245	0.4	m	1:07:51	10:55	6:47
592	722	1:08:11	Denise Fishwick				f	1:07:34	10:52	6:45
593	319	1:08:11	Paul Freyne				m	1:07:21	10:50	6:44
594	721	1:08:11	Helen Parker				f	1:07:34	10:52	6:45
595	505	1:08:13	Angela Hardwick	Fareham	150	6.9	f	1:07:41	10:54	6:46
596	770	1:08:27	Tanya Griffiths				f	1:07:49	10:55	6:47
597	720	1:08:29	Marianne Mason				f	1:07:52	10:55	6:47
598	706	1:08:40	Samantha Gallagher				f	1:08:00	10:57	6:48
599	729	1:08:42	Lucy Priest				f	1:08:18	11:00	6:50
600	442	1:08:44	Graham Smith				m	1:08:08	10:58	6:49
601	230	1:09:18	Nick Francis				m	1:08:44	11:04	6:52
602	798	1:09:19	Jenefer Pullinger				f	1:08:45	11:04	6:52
603	501	1:10:03	Sarah Aldridge	Winchester	151	6.3	f	1:09:23	11:10	6:56
604	552	1:10:13	Sarah Mayhead				f	1:09:40	11:13	6:58
605	547	1:12:46	Helen Groves				f	1:12:10	11:37	7:13
606	351	1:12:46	Jack Finney				m	1:12:10	11:37	7:13
607	728	1:14:14	Vicky Darez				f	1:13:43	11:52	7:22
608	708	1:14:14	Lora Kelly				f	1:13:43	11:52	7:22

609	566	1:14:16	Alison Smith	PompeyJ	152	5.6	f	1:13:32	11:50	7:21
610	573	1:14:18	Sam Walden	PompeyJ	153	5.0	f	1:13:50	11:53	7:23
611	568	1:14:18	Jenny Campbell	PompeyJ	154	4.4	f	1:13:50	11:53	7:23
612	218	1:14:27	Andrew Smith	Stubb'ton	246	0.0	m	1:13:42	11:52	7:22
613	640	1:17:57	Mary Short	Victory	155	3.8	f	1:17:17	12:26	7:44
614	643	1:17:57	Joanne Lea	Victory	156	3.1	f	1:17:18	12:26	7:44
615	765	1:19:47	Kim Bentley				f	1:19:12	12:45	7:55
616	35	1:20:34	John Coghlan				m	1:20:16	12:55	8:02
617	730	1:21:10	Nichola Long				f	1:20:33	12:58	8:03
618	578	1:24:20	Karen Griffiths	Victory	157	2.5	f	1:23:44	13:29	8:22
619	553	1:24:20	Catherine Greenway	PompeyJ	158	1.9	f	1:23:44	13:29	8:22
620	521	1:36:34	Davina Glading	PompeyJ	159	1.3	f	1:35:47	15:25	9:35
621	554	1:36:34	Sharon Thompson	PompeyJ	160	0.6	f	1:35:47	15:25	9:35
622	576	1:36:34	Emma Hay	PompeyJ	161	0.0	f	1:35:46	15:25	9:35