

Chip Pos	Bib No	Name	Chip Time	m/f	Category	Club	hrrl	hrrl team	hrrl pos	hrrl indiv score	mile pace	km pace
1	1434	Andrew Penney	1:09:43.2	M	MSen	HERCULES WIMBLEDON AC	n				5:19.1	3:18.3
2	500	Will Newnham	1:10:41.8	M	MSen	RYDE HARRIERS	h	Ryde	1	100	5:23.6	3:21.1
3	501	Thomas Newnham	1:11:07.8	M	MSen	RYDE HARRIERS	h	Ryde	2	99.7	5:25.6	3:22.3
4	1456	Frederick Slemeck	1:11:28.6	M	MSen	HERCULES WIMBLEDON AC	n				5:27.1	3:23.3
5	13	Sebastian Hoenig	1:12:23.4	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	3	99.5	5:31.3	3:25.9
6	674	Richard Lovejoy	1:12:50.5	M	MSen	ALDERSHOT FARNHAM & DISTRICT	n				5:33.4	3:27.2
7	1237	William Grace	1:13:19.9	M	MSen		u				5:35.6	3:28.6
8	1676	Mike Liddell	1:14:07.6	M	MSen		u				5:39.3	3:30.8
9	586	William Pannell	1:14:11.7	M	MSen	ROYAL NAVY ATHLETICS CLUB	h	Royal Navy	4	99.2	5:39.6	3:31.0
10	456	Ellis Meades-Woolley	1:14:26.6	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	5	98.9	5:40.7	3:31.7
11	905	Matt Ridsen	1:14:34.0	M	MSen	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	6	98.6	5:41.3	3:32.1
12	1080	Jonathan Fawcett	1:15:08.4	M	MSen	CLAPHAM CHASERS	n				5:43.9	3:33.7
13	652	Hamish Maclean	1:15:11.9	M	MSen	FARNHAM RUNNERS	h	Farnham Run	7	98.4	5:44.2	3:33.9
14	1325	Matthew Bradley	1:15:18.4	M	MSen	CITY OF PLYMOUTH AC	n				5:44.7	3:34.2
15	476	Adam Tuck	1:15:24.6	M	V40	RYDE HARRIERS	h	Ryde	8	98.1	5:45.1	3:34.5
16	521	James Moore	1:15:32.4	M	MSen	WINCHESTER & DISTRICT AC	h	Winchester	9	97.8	5:45.7	3:34.8
17	108	Richard Bidgood	1:16:35.2	M	V40	WINCHESTER & DISTRICT AC	h	Winchester	10	97.5	5:50.5	3:37.8
18	1414	Chris Fawcett	1:16:42.1	M	MSen	HART ROAD RUNNERS	h	Hart RR	11	97.3	5:51.1	3:38.1
19	693	James Quinlan	1:16:45.2	M	MSen	ALDERSHOT FARNHAM & DISTRICT	n				5:51.3	3:38.3
20	870	Matt Hibberd	1:17:08.8	M	V40	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	12	97.0	5:53.1	3:39.4
21	1200	Emlyn Hughes	1:17:08.9	M	V45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	13	96.7	5:53.1	3:39.4
22	701	Gianni Shipp	1:17:12.5	M	MSen	PORTSMOUTH TRIATHLETES	n				5:53.4	3:39.6
23	1286	Nik Darlington	1:17:15.0	M	MSen	FARNHAM RUNNERS	h	Farnham Run	14	96.5	5:53.6	3:39.7
24	1557	Joe Driscoll	1:17:46.3	M	MSen		u				5:56.0	3:41.2
25	1508	Ryan O'neill	1:17:48.5	M	V40	ALDERSHOT FARNHAM & DISTRICT	n				5:56.1	3:41.3
26	1533	Kevin Willsher	1:17:51.7	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	15	96.2	5:56.4	3:41.4
27	945	Iain Cross	1:18:03.7	M	V40	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	16	95.9	5:57.3	3:42.0
28	190	Josh Chivers	1:18:17.2	M	MSen	LORDSHILL ROAD RUNNERS	h	Lordshill	17	95.6	5:58.3	3:42.6
29	366	David Gaskell	1:18:18.8	M	MSen	WINCHESTER & DISTRICT AC	h	Winchester	18	95.4	5:58.4	3:42.7
30	902	Andrew Lewis	1:18:48.6	M	V40	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	19	95.1	6:00.7	3:44.1
31	929	James Dean	1:18:51.0	M	MSen	TOTTON RC	h	Totton	20	94.8	6:00.9	3:44.2
32	1102	Tim Rolfe	1:18:52.2	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	21	94.6	6:01.0	3:44.3
33	1799	Rob Bentley	1:19:05.7	M	V55	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	22	94.3	6:02.0	3:44.9

34	767	Sean Holmes	1:19:08.0	M	V50	OVERTON HARRIERS & AC	h	Overton	23	94.0	6:02.2	3:45.1
35	155	George Belfield	1:19:12.9	M	MSen	WINCHESTER & DISTRICT AC	h	Winchester	24	93.7	6:02.6	3:45.3
36	1234	Harry Pannell	1:19:14.8	M	MSen	VEGAN RUNNERS UK	n				6:02.7	3:45.4
37	1077	Chris Harris	1:19:33.6	M	MSen	HARDLEY RUNNERS	h	Hardley	25	93.5	6:04.1	3:46.3
38	308	Colin Street	1:19:34.6	M	V55		u				6:04.2	3:46.3
39	491	Richard Bateman	1:19:42.7	M	MSen		u				6:04.8	3:46.7
40	128	Wayne Bevan	1:19:50.7	M	V40	WINCHESTER & DISTRICT AC	h	Winchester	26	93.2	6:05.4	3:47.1
41	383	Conrad Young	1:19:55.5	M	MSen	ROYAL NAVY ATHLETICS CLUB	h	Royal Navy	27	92.9	6:05.8	3:47.3
42	421	Alex Prinsep	1:20:00.1	M	MSen	ROMSEY ROAD RUNNERS	h	Romsey	28	92.6	6:06.2	3:47.5
43	1745	Kevin Yates	1:20:02.0	M	MSen	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	29	92.4	6:06.3	3:47.6
44	141	Nick Wood	1:20:02.6	M	V45	WINCHESTER & DISTRICT AC	h	Winchester	30	92.1	6:06.3	3:47.6
45	1181	Michael Williams	1:20:07.7	M	MSen	MIDHURST MILERS	n				6:06.7	3:47.9
46	898	Alun Hanford	1:20:11.4	M	MSen	HEDGE END RUNNING CLUB	h	Hedge End	31	91.8	6:07.0	3:48.1
47	203	Danny White	1:20:14.7	M	MSen	LORDSHILL ROAD RUNNERS	h	Lordshill	32	91.6	6:07.3	3:48.2
48	766	Simon Lovelock	1:20:27.8	M	MSen	OVERTON HARRIERS & AC	h	Overton	33	91.3	6:08.3	3:48.8
49	1002	Danny Blake	1:20:28.5	M	V45	GUERNSEY AC	n				6:08.3	3:48.9
50	1669	Lewis Livingstone	1:20:30.0	M	MSen	ANDOVER AC	h	Andover	34	91.0	6:08.4	3:48.9
51	808	Rob Drag	1:20:30.6	M	MSen	CITY OF SALISBURY AC & RC	h	Salisbury	35	90.7	6:08.5	3:49.0
52	1493	Chris Furness	1:20:34.5	M	V50	BASINGSTOKE & MID HANTS AC	n				6:08.8	3:49.2
53	99	Phil Morgan	1:20:48.5	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	36	90.5	6:09.8	3:49.8
54	1356	Tom Shaw	1:20:52.7	M	MSen		u				6:10.2	3:50.0
55	419	Andy Simpson	1:20:56.6	M	V45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	37	90.2	6:10.5	3:50.2
56	1220	Richard Crawford	1:21:01.2	M	MSen	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	38	89.9	6:10.8	3:50.4
57	1369	Adam Tribe	1:21:02.6	M	V50	BRIGHTON & HOVE AC	n				6:10.9	3:50.5
58	1050	Justin Corrie	1:21:16.0	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	39	89.6	6:11.9	3:51.1
59	1144	Adrian Reed	1:21:17.7	M	V40		u				6:12.1	3:51.2
60	430	Alexander Whiting	1:21:38.8	M	MSen	WINCHESTER & DISTRICT AC	h	Winchester	40	89.4	6:13.7	3:52.2
61	1634	Thom Hammond	1:21:58.1	M	V40		u				6:15.2	3:53.1
62	1507	Thomas Clayton	1:21:58.8	M	MSen	FARNHAM TRIATHLON CLUB	n				6:15.2	3:53.1
63	311	Richard Davidson	1:22:00.5	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	41	89.1	6:15.3	3:53.2
64	1513	Anne-Marie Bayliss	1:22:01.2	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	1	100	6:15.4	3:53.3
65	1626	Sarah Forbes-Smith	1:22:06.2	F	FSen	TRI SURREY	n				6:15.8	3:53.5
66	337	Simon Stevens	1:22:08.9	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	42	88.8	6:16.0	3:53.6
67	700	Matt Saker	1:22:11.5	M	V50	FARNHAM RUNNERS	h	Farnham Run	43	88.6	6:16.2	3:53.7
68	1382	Alistair Morey	1:22:19.0	M	V45	ALTON RUNNERS	h	Alton	44	88.3	6:16.8	3:54.1

69	1005	Daniel Foster	1:22:34.5	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	45	88.0	6:17.9	3:54.8
70	816	James Perrett	1:22:42.3	M	MSen	ALTON RUNNERS	h	Alton	46	87.7	6:18.5	3:55.2
71	980	Andy Mcghee	1:22:51.5	M	V40	NETLEY ABBEY RUNNERS	h	Netley	47	87.5	6:19.2	3:55.6
72	1354	David Colwell	1:22:54.8	M	V40		u				6:19.5	3:55.8
73	1674	Rose Penfold	1:22:55.9	F	FSen	FULHAM RUNNING CLUB	n				6:19.6	3:55.9
74	1476	Nick Onslow	1:23:04.3	M	V45	BRAMLEY TRAIL RUNNERS	n				6:20.2	3:56.3
75	179	Matt Bosworth	1:23:05.0	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	48	87.2	6:20.3	3:56.3
76	1480	Katie Rowland	1:23:06.3	F	FSen	KENT AC	n				6:20.4	3:56.3
77	266	Matt Grote	1:23:06.5	M	V45	WINCHESTER & DISTRICT AC	h	Winchester	49	86.9	6:20.4	3:56.4
78	1067	Chris Goad	1:23:06.9	M	V40	CHINEHAM PARK RUNNING CLUB	n				6:20.4	3:56.4
79	1648	James Bate	1:23:15.3	M	MSen	BASINGSTOKE & MID HANTS AC	n				6:21.0	3:56.8
80	1481	Wayne Andrews	1:23:22.1	M	V45	HEDGE END RUNNING CLUB	h	Hedge End	50	86.6	6:21.6	3:57.1
81	722	Daniel Latham	1:23:24.2	M	MSen	HARDLEY RUNNERS	h	Hardley	51	86.4	6:21.7	3:57.2
82	1795	Mark Clothier	1:23:25.7	M	V40	HARDLEY RUNNERS	h	Hardley	52	86.1	6:21.8	3:57.3
83	347	Si Gillett	1:23:26.3	M	V45	WINCHESTER & DISTRICT AC	h	Winchester	53	85.8	6:21.9	3:57.3
84	1458	Tony Parker	1:23:30.3	M	MSen	BASINGSTOKE & MID HANTS AC	n				6:22.2	3:57.5
85	1125	Ashley Coxden	1:23:31.2	M	MSen	OVERTON HARRIERS & AC	h	Overton	54	85.6	6:22.3	3:57.5
86	1825	Patrick Warburton	1:23:31.6	M	MSen	WINCHESTER & DISTRICT AC	h	Winchester	55	85.3	6:22.3	3:57.5
87	1315	Dan Vaughan	1:23:34.1	M	V50	ARENA 80 AC	n				6:22.5	3:57.7
88	1806	Stuart Backhouse	1:23:34.9	M	V50	RYDE HARRIERS	h	Ryde	56	85.0	6:22.5	3:57.7
89	1273	Sarah Kingston	1:23:39.9	F	FV45	WORTHING & DISTRICT HARRIERS	n				6:22.9	3:57.9
90	1813	Kierhan Kochanski-Dry	1:23:42.0	M	MSen		u				6:23.1	3:58.0
91	1432	Colin Armstrong	1:23:46.7	M	V55	WINCHESTER & DISTRICT AC	h	Winchester	57	84.7	6:23.4	3:58.3
92	648	Ian Hardcastle	1:23:50.7	M	V40		u				6:23.7	3:58.5
93	42	Josh Cullen	1:23:54.2	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	58	84.5	6:24.0	3:58.6
94	1642	Gareth Fowler	1:23:57.7	M	V40		u				6:24.3	3:58.8
95	1652	Tim Parker	1:23:58.4	M	MSen	ROMSEY ROAD RUNNERS	h	Romsey	59	84.2	6:24.3	3:58.8
96	897	Mike Webber	1:23:59.4	M	V55	ANDOVER AC	h	Andover	60	83.9	6:24.4	3:58.9
97	1725	Mark Shepherd	1:23:59.7	M	V50	CANNOCK & STAFFORD AC	n				6:24.4	3:58.9
98	1724	Kate Towerton	1:24:00.5	F	FV35	BASINGSTOKE & MID HANTS AC	n				6:24.5	3:58.9
99	1471	John Aldwinckle	1:24:03.2	M	V45	DENMEAD STRIDERS	h	Denmead	61	83.7	6:24.7	3:59.0
100	1023	Rebecca Slep	1:24:07.9	F	FSen	BASINGSTOKE & MID HANTS AC	n				6:25.1	3:59.3
101	1031	Josh Gook	1:24:14.1	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	62	83.4	6:25.5	3:59.6
102	598	Alistair Smith	1:24:19.4	M	MSen	ALTON RUNNERS	h	Alton	63	83.1	6:25.9	3:59.8
103	985	Pete Abrahams	1:24:19.4	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	64	82.8	6:25.9	3:59.8

104	133	Peter Sansome	1:24:20.3	M	V45	WINCHESTER & DISTRICT AC	h	Winchester	65	82.6	6:26.0	3:59.9
105	536	Tony Randell	1:24:26.9	M	V50		u				6:26.5	4:00.2
106	926	Sarah Gurney	1:24:29.3	F	FV50	WINCHESTER & DISTRICT AC	h	Winchester	2	99.6	6:26.7	4:00.3
107	70	Martin Chandler	1:24:35.8	M	V45		u				6:27.2	4:00.6
108	1602	Julian Sherman	1:24:38.2	M	V45		u				6:27.4	4:00.7
109	594	Alex Hall	1:24:39.6	M	MSen	ALTON RUNNERS	h	Alton	66	82.3	6:27.5	4:00.8
110	306	Philip Wiseman	1:24:49.0	M	MSen	LONELY GOAT ATHLETICS CLUB	n				6:28.2	4:01.2
111	1283	Ben Jarvis	1:24:49.3	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	67	82.0	6:28.2	4:01.2
112	1160	Katy Mardle	1:24:49.5	F	FV40	WINCHESTER & DISTRICT AC	h	Winchester	3	99.1	6:28.2	4:01.2
113	1178	Roman Lacko	1:24:49.9	M	V45		u				6:28.3	4:01.3
114	1697	Graham Evans	1:24:50.6	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	68	81.7	6:28.3	4:01.3
115	1264	Michael Tune	1:24:51.7	M	V50	SWINDON HARRIERS	n				6:28.4	4:01.3
116	101	Peter Coote	1:24:59.4	M	MSen	PORTSMOUTH JOGGERS	h	PompeyJ	69	81.5	6:29.0	4:01.7
117	1277	Jonathan Hill	1:25:10.0	M	MSen	ANDOVER AC	h	Andover	70	81.2	6:29.8	4:02.2
118	145	Dave Hunt	1:25:10.7	M	MSen	RYDE HARRIERS	h	Ryde	71	80.9	6:29.9	4:02.2
119	1427	David Skelton	1:25:17.1	M	V40		u				6:30.3	4:02.5
120	1772	Osama Baldo	1:25:17.6	M	V45	HART ROAD RUNNERS	h	Hart RR	72	80.7	6:30.4	4:02.6
121	1044	Christopher Lowrey	1:25:20.4	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	73	80.4	6:30.6	4:02.7
122	1536	Jonathan Cathie	1:25:27.5	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	74	80.1	6:31.1	4:03.0
123	940	Carl Shirley	1:25:27.8	M	MSen	TOTTON RC	h	Totton	75	79.8	6:31.2	4:03.1
124	1359	Edward Gurney	1:25:28.1	M	V45	WINCHESTER & DISTRICT AC	h	Winchester	76	79.6	6:31.2	4:03.1
125	129	Patrick Connors	1:25:30.0	M	MSen	LORDSHILL ROAD RUNNERS ST MARY'S SPORTS CENTRE RUNNING &	h	Lordshill	77	79.3	6:31.3	4:03.2
126	1552	John Butterworth	1:25:42.0	M	V55	TRIATHLON	n				6:32.2	4:03.7
127	1461	Steve Drysdale	1:25:42.4	M	V40	ALTON RUNNERS	h	Alton	78	79.0	6:32.3	4:03.7
128	881	Gill Pearson	1:25:42.9	F	FV45	RUNNING FOR TIME	n				6:32.3	4:03.8
129	1437	Stuart Le Tissier	1:25:44.2	M	MSen	TOTTON RC	h	Totton	79	78.7	6:32.4	4:03.8
130	1268	Emma Jolley	1:25:46.9	F	FV35	CITY OF PORTSMOUTH AC	h	PortsmAC	4	98.7	6:32.6	4:04.0
131	1519	Will Greenway	1:25:49.8	M	MSen	TOTTON RC	h	Totton	80	78.5	6:32.8	4:04.1
132	1206	Mark Westbrook	1:25:56.3	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	81	78.2	6:33.3	4:04.4
133	475	Andrew Parkinson	1:25:57.9	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	82	77.9	6:33.5	4:04.5
134	213	Robert Agar	1:26:00.3	M	MSen	LORDSHILL ROAD RUNNERS	h	Lordshill	83	77.7	6:33.6	4:04.6
135	1816	Hayley Winters	1:26:01.8	F	FV35	GLOUCESTER AC	n				6:33.7	4:04.7
136	438	Laura Brackley	1:26:04.4	F	FV35	RYDE HARRIERS	h	Ryde	5	98.3	6:33.9	4:04.8
137	1026	Rob Wilson	1:26:06.0	M	V40	DENMEAD STRIDERS	h	Denmead	84	77.4	6:34.1	4:04.9

138	1531	Kevin Gale	1:26:11.5	M	V55	DENMEAD STRIDERS	h	Denmead	85	77.1	6:34.5	4:05.1
139	1396	Matthew Gair	1:26:16.9	M	MSen	DENMEAD STRIDERS	h	Denmead	86	76.8	6:34.9	4:05.4
140	838	Ian Bower	1:26:22.6	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	87	76.6	6:35.3	4:05.7
141	47	James Lathwell	1:26:24.6	M	MSen	LISS RUNNERS	h	Liss	88	76.3	6:35.5	4:05.7
142	1559	Michael Doyle	1:26:25.4	M	V50	GUERNSEY AC	n				6:35.5	4:05.8
143	994	Simon Pilcher	1:26:25.8	M	V40	RYDE HARRIERS	h	Ryde	89	76.0	6:35.6	4:05.8
144	453	James Mills	1:26:30.9	M	V40	CITY OF SALISBURY AC & RC	h	Salisbury	90	75.7	6:36.0	4:06.0
145	957	David Madelin	1:26:33.9	M	V40	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	91	75.5	6:36.2	4:06.2
146	1760	Luke Adderley	1:26:35.2	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	92	75.2	6:36.3	4:06.2
147	719	George Gilbert	1:26:38.1	M	MSen		u				6:36.5	4:06.4
148	1656	Dan Travis	1:26:41.9	M	V40		u				6:36.8	4:06.6
149	730	Jack Barnes	1:26:47.3	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	93	74.9	6:37.2	4:06.8
150	631	Lee Walters	1:26:47.3	M	V45		u				6:37.2	4:06.8
151	1650	Wes Knipe	1:26:47.7	M	V45	PORTSMOUTH TRIATHLETES	n				6:37.3	4:06.8
152	1759	Liam Spillane	1:26:51.0	M	MSen		u				6:37.5	4:07.0
153	211	Samuel Brooks	1:26:53.8	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	94	74.7	6:37.7	4:07.1
154	830	Katie Simister	1:26:58.5	F	FSen	CITY OF PORTSMOUTH AC	h	PortsmAC	6	97.9	6:38.1	4:07.4
155	1726	Michael Hill	1:26:59.2	M	V40	BASINGSTOKE & MID HANTS AC	n				6:38.1	4:07.4
156	1236	John Kane	1:26:59.5	M	V50	ANDOVER AC	h	Andover	95	74.4	6:38.2	4:07.4
157	1687	Peter Mitchell	1:27:14.2	M	V45	OVERTON HARRIERS & AC	h	Overton	96	74.1	6:39.3	4:08.1
158	1731	Jamie Foster	1:27:16.4	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	97	73.8	6:39.4	4:08.2
159	1423	Chris Dewey	1:27:16.5	M	V50	ANDOVER AC	h	Andover	98	73.6	6:39.4	4:08.2
160	450	Peter Gallagher	1:27:18.8	M	V45	HATCH WARREN RUNNERS	n				6:39.6	4:08.3
161	1025	James Mackay	1:27:20.3	M	V45		u				6:39.7	4:08.4
162	732	Alex Davey	1:27:27.0	M	V50		u				6:40.2	4:08.7
163	52	Rob Morgan	1:27:30.8	M	MSen		u				6:40.5	4:08.9
164	1823	Martin Pegler	1:27:44.1	M	V45		u				6:41.6	4:09.5
165	1677	Louise Hooker	1:27:45.6	F	FSen		u				6:41.7	4:09.6
166	163	Nikki Roebuck	1:27:48.0	F	FV40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	7	97.4	6:41.8	4:09.7
167	811	Joseph Murrell	1:27:59.3	M	MSen	ALTON RUNNERS	h	Alton	99	73.3	6:42.7	4:10.2
168	1615	Gareth Charles	1:27:59.6	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	100	73.0	6:42.7	4:10.2
169	1258	Chris Sansome	1:28:07.3	M	V45	LORDSHILL ROAD RUNNERS	h	Lordshill	101	72.8	6:43.3	4:10.6
170	656	David Roy	1:28:13.8	M	MSen	FARNHAM RUNNERS	h	Farnham Run	102	72.5	6:43.8	4:10.9
171	1547	Angus Paton	1:28:16.9	M	V40	CITY OF SALISBURY AC & RC	h	Salisbury	103	72.2	6:44.1	4:11.1
172	349	Michael Brewster	1:28:18.4	M	V55	CITY OF SALISBURY AC & RC	h	Salisbury	104	71.9	6:44.2	4:11.1

173	794	Andrew Lowton	1:28:19.4	M	V55	RUNTHROUGH	n				6:44.2	4:11.2
174	235	Jonathon Brock	1:28:21.3	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	105	71.7	6:44.4	4:11.3
175	448	Bradley Johnson	1:28:27.4	M	MSen		u				6:44.9	4:11.6
176	1194	Mathew Pidgeon	1:28:30.9	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	106	71.4	6:45.1	4:11.7
177	1309	Tom Adams	1:28:31.2	M	MSen		u				6:45.1	4:11.7
178	538	Lee Trueman	1:28:34.0	M	V40	TOTTON RC	h	Totton	107	71.1	6:45.4	4:11.9
179	1076	Natalie Green	1:28:35.9	F	FSen	HARDLEY RUNNERS	h	Hardley	8	97.0	6:45.5	4:12.0
180	587	Paul Johnson	1:28:36.4	M	V55	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	108	70.8	6:45.5	4:12.0
181	733	Andrew Meredith	1:28:36.8	M	MSen	VICTORY AC	h	Victory	109	70.6	6:45.6	4:12.0
182	570	Matt Tanner	1:28:39.0	M	V55	HARDLEY RUNNERS	h	Hardley	110	70.3	6:45.7	4:12.1
183	1395	Jon Ward	1:28:41.9	M	V45	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	111	70.0	6:46.0	4:12.3
184	1035	Becky Tovey	1:28:42.8	F	FV35	ROMSEY ROAD RUNNERS	h	Romsey	9	96.6	6:46.0	4:12.3
185	797	Simon Oakley	1:28:43.1	M	V40	VICTORY AC	h	Victory	112	69.8	6:46.1	4:12.3
186	1573	Harry Rann	1:28:43.7	M	MSen	ISLE OF WIGHT RR AC	h	IOW RR	113	69.5	6:46.1	4:12.3
187	1983	Andy Hollands	1:28:43.9	M	MSen	CITY OF SALISBURY AC & RC	h	Salisbury	114	69.2	6:46.1	4:12.3
188	585	Huw Williams	1:28:44.0	M	V45	ROYAL NAVY ATHLETICS CLUB	h	Royal Navy	115	68.9	6:46.1	4:12.4
189	499	Mike Guy	1:28:47.4	M	V40		u				6:46.4	4:12.5
190	1259	Bruce Thomas	1:28:47.9	M	V40	ALDERSHOT FARNHAM & DISTRICT	n				6:46.4	4:12.5
191	893	Alexander Creamer	1:28:58.3	M	MSen		u				6:47.2	4:13.0
192	1578	Sebastian Brand	1:29:01.1	M	MSen		u				6:47.4	4:13.2
193	293	Richard Larcombe	1:29:06.1	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	116	68.7	6:47.8	4:13.4
194	644	Keith Marshall	1:29:06.7	M	V60	FARNHAM RUNNERS	h	Farnham Run	117	68.4	6:47.9	4:13.4
195	1128	Tony Woodsford	1:29:09.0	M	V40	HAMWIC HARRIERS RUNNING CLUB	n				6:48.0	4:13.5
196	196	Neil Martin	1:29:11.5	M	V45	OVERTON HARRIERS & AC	h	Overton	118	68.1	6:48.2	4:13.7
197	1433	Kelly Thorneycroft	1:29:11.8	F	FSen	LONDON HEATHSIDE RUNNERS AC	n				6:48.2	4:13.7
198	1783	Alan Wilcox	1:29:16.2	M	V50	NORTH BRISTOL RUNNING GROUP	n				6:48.6	4:13.9
199	569	Poppy Tanner	1:29:17.1	F	FSen	HARDLEY RUNNERS	h	Hardley	10	96.2	6:48.6	4:13.9
200	901	Alexander Sharp	1:29:22.0	M	MSen		u				6:49.0	4:14.2
201	1345	Elliot Henson	1:29:26.4	M	MSen	FARNHAM TOWN RUNNING CLUB	h	Farnham Town	119	67.8	6:49.4	4:14.4
202	1752	Paul Martin	1:29:27.0	M	V40		u				6:49.4	4:14.4
203	1190	Adam Ruddy	1:29:27.2	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	120	67.6	6:49.4	4:14.4
204	418	John Mcelroy	1:29:29.2	M	V55	CHINEHAM PARK RUNNING CLUB	n				6:49.6	4:14.5
205	564	Nicholas Webb	1:29:29.7	M	V45		u				6:49.6	4:14.5
206	1355	Jonathan Rachwal	1:29:30.7	M	V40		u				6:49.7	4:14.6
207	776	Hannah Bliss	1:29:31.3	F	FSen	OVERTON HARRIERS & AC	h	Overton	11	95.7	6:49.7	4:14.6

208	197	Mark Eaton	1:29:34.8	M	V55	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	121	67.3	6:50.0	4:14.8
209	1397	Christopher Connell	1:29:38.1	M	V45	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	122	67.0	6:50.2	4:14.9
210	234	Marc Hankins	1:29:43.2	M	V40	CITY OF SALISBURY AC & RC	h	Salisbury	123	66.8	6:50.6	4:15.2
211	1240	Rebecca Vincent	1:29:49.0	F	FV40	HATCH WARREN RUNNERS	n				6:51.1	4:15.4
212	918	Rob Hamlin	1:29:53.8	M	V55	HATCH WARREN RUNNERS	n				6:51.4	4:15.7
213	186	David Gervais	1:29:56.3	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	124	66.5	6:51.6	4:15.8
214	1690	Alice Rudd	1:30:06.6	F	FSen	HARDLEY RUNNERS	h	Hardley	12	95.3	6:52.4	4:16.3
215	1459	Samantha Parkinson	1:30:08.2	F	FV45	WINCHESTER & DISTRICT AC	h	Winchester	13	94.9	6:52.5	4:16.3
216	1292	Alice Burch	1:30:10.7	F	FV40	TOTTON RC	h	Totton	14	94.5	6:52.7	4:16.5
217	714	Graham Gardner	1:30:15.9	M	V45	RYDE HARRIERS	h	Ryde	125	66.2	6:53.1	4:16.7
218	151	David France	1:30:19.1	M	MSen	LONELY GOAT ATHLETICS CLUB	n				6:53.4	4:16.9
219	19	Robert Egerton	1:30:19.7	M	V45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	126	65.9	6:53.4	4:16.9
220	348	Kathy Dudman	1:30:21.4	F	FV40	CITY OF SALISBURY AC & RC	h	Salisbury	15	94.0	6:53.6	4:17.0
221	1571	Greg Haynes	1:30:22.8	M	V50	HATCH WARREN RUNNERS	n				6:53.7	4:17.0
222	1364	David Shepherd	1:30:26.4	M	V55		u				6:53.9	4:17.2
223	1015	Christopher Williams	1:30:33.7	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	127	65.7	6:54.5	4:17.6
224	1755	Rafal Dawidko	1:30:35.5	M	MSen		u				6:54.6	4:17.6
225	853	Jack Fairbrother	1:30:35.8	M	MSen	HARDLEY RUNNERS	h	Hardley	128	65.4	6:54.6	4:17.7
226	1546	Reece Ingram	1:30:39.0	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	129	65.1	6:54.9	4:17.8
227	1466	David Mason	1:30:41.2	M	MSen	HATCH WARREN RUNNERS	n				6:55.1	4:17.9
228	1184	Marek Liskutin	1:30:41.7	M	V45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	130	64.9	6:55.1	4:17.9
229	209	Graham Andrews	1:30:44.5	M	V40	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	131	64.6	6:55.3	4:18.1
230	1509	Graeme Wood	1:30:48.8	M	V40		u				6:55.6	4:18.3
231	900	Holly Watson	1:30:52.7	F	FSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	16	93.6	6:55.9	4:18.5
232	1313	Steve Finn	1:30:53.5	M	V50	ENDURANCE HUB TRI TEAM	n				6:56.0	4:18.5
233	1291	Helen Anthony	1:30:58.7	F	FV40	TEIGNBRIDGE TROTTERS	n				6:56.4	4:18.7
234	1474	Isaac Andrews	1:30:59.5	M	MSen	HEDGE END RUNNING CLUB	h	Hedge End	132	64.3	6:56.5	4:18.8
235	946	Tamara Lake	1:31:05.1	F	FV50	LISS RUNNERS	h	Liss	17	93.2	6:56.9	4:19.0
236	1988	Paul Donegan	1:31:06.0	M	V45	WINCHESTER & DISTRICT AC	h	Winchester	133	64.0	6:57.0	4:19.1
237	995	Richard Kendall	1:31:12.3	M	MSen		u				6:57.4	4:19.4
238	481	Peter Wilmott	1:31:17.5	M	V50	RYDE HARRIERS	h	Ryde	134	63.8	6:57.8	4:19.6
239	622	Kevin Edwards	1:31:19.0	M	V50	TAMAR TROTTERS	n				6:57.9	4:19.7
240	721	Matt Casey	1:31:24.6	M	MSen	HARDLEY RUNNERS	h	Hardley	135	63.5	6:58.4	4:20.0
241	309	Mark Tyrrell	1:31:30.8	M	V45		u				6:58.8	4:20.3
242	605	Victoria Buck	1:31:31.8	F	FV45	KENT AC	n				6:58.9	4:20.3

243	1159	Martina Cambruzzi	1:31:34.9	F	FSen		u			6:59.2	4:20.5	
244	1409	Magnus Buchanan	1:31:43.0	M	V45		u			6:59.8	4:20.8	
245	604	Adam Maskill	1:31:45.8	M	V40	ALTON RUNNERS	h	Alton	136	63.2	7:00.0	4:21.0
246	837	Ryan Carter	1:31:46.4	M	MSen		u			7:00.0	4:21.0	
247	1989	Steve Oliver	1:31:48.5	M	V60	WINCHESTER & DISTRICT AC	h	Winchester	137	62.9	7:00.2	4:21.1
248	1136	James Bennett	1:31:58.5	M	V40	HAYWARDS HEATH HARRIERS	n			7:01.0	4:21.6	
249	1381	Miles Browne	1:31:59.4	M	MSen	LORDSHILL ROAD RUNNERS	h	Lordshill	138	62.7	7:01.0	4:21.6
250	1318	Aaron Hoffmann	1:32:00.8	M	MSen		u			7:01.1	4:21.7	
251	1545	Charlotte Ingram	1:32:02.6	F	FV35	CITY OF SALISBURY AC & RC	h	Salisbury	18	92.8	7:01.3	4:21.8
252	495	Anthony Willis	1:32:09.3	M	V65	EASTLEIGH RC	h	Eastleigh	139	62.4	7:01.8	4:22.1
253	545	Matthew Jacobs	1:32:15.0	M	MSen	RYDE HARRIERS	h	Ryde	140	62.1	7:02.2	4:22.4
254	331	Samantha Hibdige	1:32:19.3	F	FV35	CITY OF SALISBURY AC & RC	h	Salisbury	19	92.3	7:02.5	4:22.6
255	1017	Thomas Bosley	1:32:20.2	M	MSen		u			7:02.6	4:22.6	
256	1410	Hugo Sheehan	1:32:26.8	M	MSen		u			7:03.1	4:22.9	
257	1598	Martin Parfitt	1:32:27.6	M	V45	DENMEAD STRIDERS	h	Denmead	141	61.9	7:03.2	4:23.0
258	1101	Antonia Mintoff	1:32:32.7	F	FSen	LORDSHILL ROAD RUNNERS	h	Lordshill	20	91.9	7:03.6	4:23.2
259	1391	Matt Doggett	1:32:39.9	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	142	61.6	7:04.1	4:23.5
260	886	Stuart Booth	1:32:40.2	M	MSen		u			7:04.1	4:23.5	
261	516	John Gosling	1:32:40.6	M	V55	PORTSMOUTH JOGGERS	h	PompeyJ	143	61.3	7:04.2	4:23.6
262	25	Simon Ross	1:32:43.6	M	V45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	144	61.0	7:04.4	4:23.7
263	846	David Purchase	1:32:43.9	M	V45	RUNNING FOR TIME	n			7:04.4	4:23.7	
264	121	Jhon Cosgrove	1:32:53.4	M	V40	VEGAN RUNNERS UK	n			7:05.1	4:24.2	
265	1678	Mark West	1:32:54.8	M	V45	LORDSHILL ROAD RUNNERS	h	Lordshill	145	60.8	7:05.3	4:24.2
266	134	Hannah Curtis	1:32:55.0	F	FV35	DENMEAD STRIDERS	h	Denmead	21	91.5	7:05.3	4:24.2
267	1066	Steven Bennett	1:32:56.7	M	V40	CHINEHAM PARK RUNNING CLUB	n			7:05.4	4:24.3	
268	441	Steve Apsey	1:32:58.8	M	V40	ISLE OF WIGHT RR AC	h	IOW RR	146	60.5	7:05.6	4:24.4
269	1560	Christopher Bird	1:33:07.0	M	MSen	WORTHING & DISTRICT HARRIERS	n			7:06.2	4:24.8	
270	1523	Andreas Palikiras	1:33:07.7	M	V45	THE STRAGGLERS RUNNING CLUB	n			7:06.2	4:24.9	
271	795	Mark Hargreaves	1:33:10.7	M	V65	CITY OF PORTSMOUTH AC	h	PortsmAC	147	60.2	7:06.5	4:25.0
272	195	Robert Giles	1:33:21.1	M	V55	EASTLEIGH RC	h	Eastleigh	148	59.9	7:07.3	4:25.5
273	1592	Adrian Morley	1:33:26.8	M	V45		u			7:07.7	4:25.8	
274	775	Emily Arbuthnot	1:33:29.0	F	FV40	OVERTON HARRIERS & AC	h	Overton	22	91.1	7:07.9	4:25.9
275	1504	Andrew Stadden	1:33:30.5	M	V55	ARUNNERS RC	n			7:08.0	4:25.9	
276	1030	Timothy Boone	1:33:32.3	M	V65	ARUNNERS RC	n			7:08.1	4:26.0	
277	256	Graham Donnachie	1:33:36.6	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	149	59.7	7:08.4	4:26.2

278	975	Seb Challen	1:33:40.6	M	MSen	HATCH WARREN RUNNERS	n				7:08.7	4:26.4
279	839	John White	1:33:42.6	M	MSen	TOTTON RC	h	Totton	150	59.4	7:08.9	4:26.5
280	277	John Kidby	1:33:52.4	M	V55	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	151	59.1	7:09.6	4:27.0
281	1338	James Brereton	1:33:57.9	M	MSen		u				7:10.1	4:27.2
282	1488	Martin Powell	1:34:02.4	M	V55	ALDERSHOT FARNHAM & DISTRICT	n				7:10.4	4:27.4
283	231	Jon Plomer	1:34:04.3	M	V45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	152	58.9	7:10.6	4:27.5
284	1502	Giilian Johnson	1:34:06.7	F	FV45	RYDE HARRIERS	h	Ryde	23	90.6	7:10.7	4:27.6
285	240	Mike White	1:34:07.1	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	153	58.6	7:10.8	4:27.7
286	909	Luke Nowell	1:34:12.8	M	MSen		u				7:11.2	4:27.9
287	965	Chris Cornwell	1:34:14.0	M	MSen	DENMEAD STRIDERS	h	Denmead	154	58.3	7:11.3	4:28.0
288	507	Amie Morgan	1:34:14.2	F	FSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	24	90.2	7:11.3	4:28.0
289	40	Jonathan Warner	1:34:14.5	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	155	58.0	7:11.3	4:28.0
290	1195	Claire Jackson	1:34:14.8	F	FV35		u				7:11.4	4:28.0
291	539	Adrian O'meara	1:34:15.1	M	V45		u				7:11.4	4:28.0
292	1654	Neil Harvey	1:34:22.6	M	V50		u				7:12.0	4:28.4
293	1637	Jerome Bordry	1:34:25.3	M	V45	HEDGE END RUNNING CLUB	h	Hedge End	156	57.8	7:12.2	4:28.5
294	1627	Martin Griffin	1:34:27.0	M	V45		u				7:12.3	4:28.6
295	435	Andrew Hook	1:34:31.8	M	MSen	ALTON RUNNERS	h	Alton	157	57.5	7:12.7	4:28.8
296	1392	Susie Chan	1:34:32.6	F	FV45		u				7:12.7	4:28.9
297	175	Jason Taylor	1:34:48.3	M	V45		u				7:13.9	4:29.6
298	579	Matthew Pillinger	1:34:53.4	M	V40	OS RUNNERS	h	OSRunners	158	57.2	7:14.3	4:29.9
299	1162	Matthew Dunn	1:34:54.8	M	MSen		u				7:14.4	4:29.9
300	125	Dave Williams	1:35:00.2	M	V60	VICTORY AC	h	Victory	159	56.9	7:14.8	4:30.2
301	212	Chris Maple	1:35:03.5	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	160	56.7	7:15.1	4:30.3
302	638	Mark Sampson	1:35:09.4	M	V55	NEW FOREST RUNNERS	h	New Forest	161	56.4	7:15.5	4:30.6
303	1812	Mark Curtis	1:35:16.3	M	V55		u				7:16.0	4:30.9
304	1980	Paul Traill	1:35:18.1	M	V45		u				7:16.2	4:31.0
305	675	Catherine Morgan-Smith	1:35:18.4	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	25	89.8	7:16.2	4:31.0
306	50	Ian Paternotte	1:35:25.5	M	V50		u				7:16.7	4:31.4
307	1708	Mark Smyth	1:35:26.0	M	MSen		u				7:16.8	4:31.4
308	979	Andrew Mathieson	1:35:26.3	M	MSen	CITY OF SALISBURY AC & RC	h	Salisbury	162	56.1	7:16.8	4:31.4
309	1981	Nigel Smith	1:35:30.9	M	V55		u				7:17.2	4:31.6
310	1243	Rob Kelly	1:35:32.8	M	V50	HAMWIC HARRIERS RUNNING CLUB	n				7:17.3	4:31.7
311	494	Richard Munro	1:35:33.8	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	163	55.9	7:17.4	4:31.8
312	20	Andy Brown	1:35:34.1	M	V40	ROMSEY ROAD RUNNERS	h	Romsey	164	55.6	7:17.4	4:31.8

313	359	Elizabeth Prinsep	1:35:34.2	F	FV55		u				7:17.4	4:31.8
314	727	Stephen Lowy	1:35:34.3	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	165	55.3	7:17.4	4:31.8
315	312	Jason Bennett	1:35:35.2	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	166	55.0	7:17.5	4:31.8
316	1119	Arun Phillipson	1:35:35.6	M	MSen		u				7:17.5	4:31.9
317	1779	Charlie Fuller	1:35:35.8	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	167	54.8	7:17.5	4:31.9
318	315	Trish Train	1:35:38.5	F	FV55	RYDE HARRIERS	h	Ryde	26	89.4	7:17.7	4:32.0
319	1675	Tom Donaldson	1:35:39.2	M	MSen		u				7:17.8	4:32.0
320	159	Lee Rhodes	1:35:47.9	M	V45		u				7:18.5	4:32.4
321	1810	Eric Smith	1:35:48.2	M	V55		u				7:18.5	4:32.5
322	1233	Grant Mallett	1:36:00.1	M	MSen		u				7:19.4	4:33.0
323	813	Peter Robinson	1:36:00.2	M	V40		u				7:19.4	4:33.0
324	1505	Steven Perry	1:36:03.0	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	168	54.5	7:19.6	4:33.2
325	718	David Charles	1:36:03.6	M	MSen		u				7:19.7	4:33.2
326	1380	Marcus Hewitt	1:36:03.9	M	V45		u				7:19.7	4:33.2
327	1455	Nicola Guiver	1:36:07.2	F	FV50	YEOVIL TOWN RRC	n				7:19.9	4:33.4
328	341	Neil White	1:36:15.8	M	MSen	TOTTON RC	h	Totton	169	54.2	7:20.6	4:33.8
329	149	Samantha Noyce	1:36:28.8	F	FSen	CITY OF SALISBURY AC & RC	h	Salisbury	27	88.9	7:21.6	4:34.4
330	1526	Dom Deboo	1:36:29.1	M	MSen		u				7:21.6	4:34.4
331	670	Chris Legg	1:36:32.4	M	V45		u				7:21.9	4:34.6
332	1428	Joanne Labram	1:36:33.0	F	FV45	HEDGE END RUNNING CLUB	h	Hedge End	28	88.5	7:21.9	4:34.6
333	685	Colin Fraser	1:36:33.0	M	V40		u				7:21.9	4:34.6
334	1472	Garry Sharp	1:36:36.4	M	V50	ISLE OF WIGHT RR AC	h	IOW RR	170	54.0	7:22.2	4:34.7
335	1353	Oliver Hill	1:36:36.5	M	MSen		u				7:22.2	4:34.7
336	765	Gareth Juliff	1:36:36.8	M	V40	OVERTON HARRIERS & AC	h	Overton	171	53.7	7:22.2	4:34.8
337	1012	Simon Giles	1:36:49.0	M	MSen		u				7:23.1	4:35.3
338	81	Hayden Young	1:36:51.3	M	V40		u				7:23.3	4:35.4
339	1197	Mark Chamberlain	1:36:51.7	M	V40	HEDGE END RUNNING CLUB	h	Hedge End	172	53.4	7:23.3	4:35.5
340	1177	Carl Edwards	1:36:55.6	M	MSen		u				7:23.6	4:35.7
341	590	Nikki Savings	1:36:56.0	F	FV35	CHINEHAM PARK RUNNING CLUB	n				7:23.7	4:35.7
342	1707	Robert Leatherland	1:36:59.6	M	MSen		u				7:23.9	4:35.8
343	1124	Phil Smith	1:37:02.4	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	173	53.1	7:24.1	4:36.0
344	925	Richard Mackay	1:37:03.3	M	V40		u				7:24.2	4:36.0
345	1584	Silvia Cante	1:37:04.1	F	FSen		u				7:24.3	4:36.1
346	1168	Robbie Barlow	1:37:05.2	M	MSen	TOTTON RC	h	Totton	174	52.9	7:24.4	4:36.1
347	1448	Steve Young	1:37:08.8	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	175	52.6	7:24.6	4:36.3

348	1263	Justin Clarke	1:37:10.4	M	V60	FARNHAM RUNNERS	h	Farnham Run	176	52.3	7:24.8	4:36.4
349	1763	David Hamed	1:37:12.9	M	V60	BLACKWATER VALLEY RUNNERS MUSSELBURGH AND DISTRICT ATHLETICS	n				7:24.9	4:36.5
350	752	Suzanne Beattie	1:37:14.1	F	FV50	CLUB	n				7:25.0	4:36.5
351	194	Anna Giles	1:37:19.0	F	FV40	EASTLEIGH RC	h	Eastleigh	29	88.1	7:25.4	4:36.8
352	1337	Rob Langan	1:37:19.2	M	MSen		u				7:25.4	4:36.8
353	147	Nick Hudson	1:37:19.9	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	177	52.0	7:25.5	4:36.8
354	336	Mark Goulding	1:37:21.9	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	178	51.8	7:25.6	4:36.9
355	738	Sari Giering	1:37:23.8	F	FV35	LORDSHILL ROAD RUNNERS	h	Lordshill	30	87.7	7:25.8	4:37.0
356	297	Frazer Bailey	1:37:24.3	M	MSen		u				7:25.8	4:37.0
357	480	Jodie Wilmott	1:37:26.3	F	FV35	RYDE HARRIERS	h	Ryde	31	87.2	7:26.0	4:37.1
358	1100	Ben Fry	1:37:26.7	M	MSen	RYDE HARRIERS	h	Ryde	179	51.5	7:26.0	4:37.1
359	1275	Will Fuller	1:37:26.9	M	V45		u				7:26.0	4:37.1
360	1681	Wayne Le Bas	1:37:27.1	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	180	51.2	7:26.0	4:37.1
361	890	Pete Siddall	1:37:29.4	M	V55	WINCHESTER & DISTRICT AC	h	Winchester	181	51.0	7:26.2	4:37.3
362	1463	Kirsty Aked	1:37:29.5	F	FV45	DENMEAD STRIDERS	h	Denmead	32	86.8	7:26.2	4:37.3
363	1979	Sarah Duffy	1:37:32.5	F	FV40		u				7:26.4	4:37.4
364	350	Sarah Brewster	1:37:32.8	F	FV50	CITY OF SALISBURY AC & RC	h	Salisbury	33	86.4	7:26.5	4:37.4
365	856	Andrew Warren	1:37:38.5	M	MSen	TOTTON RC	h	Totton	182	50.7	7:26.9	4:37.7
366	758	Scott Finnigan	1:37:39.0	M	MSen	EASTLEIGH RC	h	Eastleigh	183	50.4	7:26.9	4:37.7
367	388	Brett Rumfitt	1:37:41.6	M	V60		u				7:27.1	4:37.8
368	124	Jo Stanford	1:37:43.3	F	FV40	VICTORY AC	h	Victory	34	86.0	7:27.3	4:37.9
369	1609	Sarah Kneller	1:37:52.7	F	FSen		u				7:28.0	4:38.4
370	1092	Andrew Taphouse	1:37:53.4	M	MSen	HEDGE END RUNNING CLUB	h	Hedge End	184	50.1	7:28.0	4:38.4
371	829	Paddy Butler	1:37:56.1	M	V60	HARDLEY RUNNERS	h	Hardley	185	49.9	7:28.2	4:38.5
372	1179	Chris Raby	1:37:58.4	M	V60	FARNHAM RUNNERS	h	Farnham Run	186	49.6	7:28.4	4:38.6
373	609	Vanessa Lowe	1:38:01.1	F	FV55	ALTON RUNNERS	h	Alton	35	85.5	7:28.6	4:38.8
374	960	Helen Straker	1:38:01.3	F	FV40	HART ROAD RUNNERS	h	Hart RR	36	85.1	7:28.6	4:38.8
375	636	Lynne Whitaker	1:38:02.9	F	FV60	WINCHESTER & DISTRICT AC	h	Winchester	37	84.7	7:28.8	4:38.8
376	1284	Ben Tavendale	1:38:03.8	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	187	49.3	7:28.8	4:38.9
377	2	David Lown	1:38:04.9	M	V40	VICTORY AC	h	Victory	188	49.0	7:28.9	4:38.9
378	1109	David Brookes	1:38:06.5	M	V50		u				7:29.0	4:39.0
379	1702	Kevin Greenhough	1:38:07.5	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	189	48.8	7:29.1	4:39.1
380	1517	Paul Welch	1:38:10.5	M	V45	DENMEAD STRIDERS	h	Denmead	190	48.5	7:29.3	4:39.2
381	549	Steve Clack	1:38:25.3	M	V40		u				7:30.5	4:39.9

382	1588	Paul Laver	1:38:34.9	M	V45		u				7:31.2	4:40.4
383	1543	Kevan Day	1:38:36.1	M	V60	HARDLEY RUNNERS	h	Hardley	191	48.2	7:31.3	4:40.4
384	1537	Rob Kershaw	1:38:38.5	M	V45	HATCH WARREN RUNNERS	n				7:31.5	4:40.5
385	553	Chris Barnes	1:38:42.0	M	V55	TOTTON RC	h	Totton	192	48.0	7:31.7	4:40.7
386	1207	Sam Hammond	1:38:42.6	M	MSen	READING ROADRUNNERS	n				7:31.8	4:40.7
387	1343	Dean Crump	1:38:42.8	M	MSen		u				7:31.8	4:40.7
388	973	Harry Vernon	1:38:44.6	M	V55		u				7:31.9	4:40.8
389	1483	Gabriella Titcomb	1:38:51.9	F	FSen	OVERTON HARRIERS & AC	h	Overton	38	84.3	7:32.5	4:41.2
390	1750	Alison Moore	1:38:57.4	F	FSen	BRIGHTON PHOENIX	n				7:32.9	4:41.4
391	138	Cathy Kinnear	1:38:59.6	F	FV55	WINCHESTER & DISTRICT AC	h	Winchester	39	83.8	7:33.1	4:41.5
392	74	Michael Rae	1:39:01.5	M	V60	PORTSMOUTH JOGGERS ST MARY'S SPORTS CENTRE RUNNING &	h	PompeyJ	193	47.7	7:33.2	4:41.6
393	1563	Kate Sheppard	1:39:02.4	F	FV40	TRIATHLON	n				7:33.3	4:41.7
394	1083	John Jenkins	1:39:07.9	M	MSen		u				7:33.7	4:41.9
395	1328	Neil Treloar	1:39:08.5	M	V45	EASTLEIGH RC	h	Eastleigh	194	47.4	7:33.8	4:42.0
396	541	Saul Duck	1:39:10.7	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	195	47.1	7:33.9	4:42.1
397	565	Gordon Clark	1:39:12.4	M	MSen		u				7:34.1	4:42.1
398	623	Chris Conrath	1:39:20.1	M	V45		u				7:34.6	4:42.5
399	679	Tony Lees	1:39:28.5	M	V60	TOTTON RC	h	Totton	196	46.9	7:35.3	4:42.9
400	58	Darren Hobbins	1:39:31.8	M	V40		u				7:35.5	4:43.1
401	1055	Stephanie Fletcher	1:39:35.6	F	FV35		u				7:35.8	4:43.2
402	1257	Hugh Jenkinson	1:39:43.1	M	MSen	HAMWIC HARRIERS RUNNING CLUB	n				7:36.4	4:43.6
403	1561	Katherine Bond	1:39:43.2	F	FV45	CHICHESTER RUNNERS & AC	n				7:36.4	4:43.6
404	1516	Spencer Meyer	1:39:43.3	M	V50	EASTLEIGH RC	h	Eastleigh	197	46.6	7:36.4	4:43.6
405	1215	Richard Heath	1:39:44.2	M	V60	HATCH WARREN RUNNERS	n				7:36.5	4:43.6
406	1700	Adrian Korzenski	1:39:44.7	M	MSen		u				7:36.5	4:43.7
407	1384	Alan Mcvittie	1:39:49.0	M	V55	DENMEAD STRIDERS	h	Denmead	198	46.3	7:36.8	4:43.9
408	1570	Dominic Hurford	1:39:50.9	M	V45		u				7:37.0	4:44.0
409	1383	Rick Toovey	1:39:52.7	M	MSen	DENMEAD STRIDERS	h	Denmead	199	46.0	7:37.1	4:44.0
410	1106	Chris Marsh	1:39:54.4	M	MSen		u				7:37.3	4:44.1
411	1565	Jennifer Jenks	1:39:54.9	F	FV45	ROYAL NAVY ATHLETICS CLUB	h	Royal Navy	40	83.4	7:37.3	4:44.2
412	1741	Daniel Wilkinson	1:39:58.6	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	200	45.8	7:37.6	4:44.3
413	1655	Peter Rickman	1:40:08.5	M	V50	NEW FOREST RUNNERS	h	New Forest	201	45.5	7:38.3	4:44.8
414	1754	Alan Hutchings	1:40:11.8	M	V55	LONELY GOAT ATHLETICS CLUB	n				7:38.6	4:45.0
415	1574	Katherine Redford	1:40:16.9	F	FV35	BRACKNELL FOREST RUNNERS	n				7:39.0	4:45.2

416	1143	Peter Young	1:40:23.1	M	V60		u				7:39.4	4:45.5
417	49	Steven Wooldridge	1:40:33.5	M	V55	PORTSMOUTH JOGGERS	h	PompeyJ	202	45.2	7:40.2	4:46.0
418	972	Steve Hogg	1:40:39.7	M	V50		u				7:40.7	4:46.3
419	504	Simon Bacon	1:40:43.0	M	V50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	203	45.0	7:41.0	4:46.4
420	990	Adrian Lambeth	1:40:43.1	M	V45	ALTON RUNNERS	h	Alton	204	44.7	7:41.0	4:46.4
421	164	Lukasz Siembab	1:40:44.2	M	V40		u				7:41.1	4:46.5
422	258	Peter Birch	1:40:44.2	M	V45	PORTSMOUTH JOGGERS	h	PompeyJ	205	44.4	7:41.1	4:46.5
423	1819	Ross Bryant	1:40:44.6	M	MSen		u				7:41.1	4:46.5
424	1161	Daniel Chown	1:40:46.6	M	MSen	HARDLEY RUNNERS	h	Hardley	206	44.1	7:41.2	4:46.6
425	1388	James Browne	1:40:46.9	M	V45	LORDSHILL ROAD RUNNERS	h	Lordshill	207	43.9	7:41.3	4:46.6
426	584	Simon Rowe	1:40:48.2	M	V40		u				7:41.4	4:46.7
427	1454	Simon Rowbottom	1:40:50.6	M	V60	YEOVIL TOWN RRC	n				7:41.5	4:46.8
428	1439	Adrian Hayes	1:41:02.8	M	V60	TOTTON RC	h	Totton	208	43.6	7:42.5	4:47.4
429	343	Tony Conway	1:41:05.2	M	V60	PORTSMOUTH JOGGERS	h	PompeyJ	209	43.3	7:42.7	4:47.5
430	1330	James Ballard	1:41:06.5	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	210	43.1	7:42.8	4:47.5
431	254	Ed Tavner	1:41:12.5	M	V45		u				7:43.2	4:47.8
432	78	Mark Harold	1:41:15.7	M	MSen		u				7:43.5	4:48.0
433	1711	Kieran Wood	1:41:22.2	M	MSen		u				7:44.0	4:48.3
434	1996	Anna Mackinney-Skelton	1:41:23.6	F	FV35		u				7:44.1	4:48.4
435	1390	James Habberley	1:41:24.0	M	V40	LORDSHILL ROAD RUNNERS	h	Lordshill	211	42.8	7:44.1	4:48.4
436	1110	Kevin Jackson	1:41:25.2	M	V45	LORDSHILL ROAD RUNNERS	h	Lordshill	212	42.5	7:44.2	4:48.4
437	1498	Nigel Hemsted	1:41:25.5	M	V65	ROMSEY ROAD RUNNERS	h	Romsey	213	42.2	7:44.2	4:48.4
438	556	Mark Harris	1:41:27.1	M	V45		u				7:44.3	4:48.5
439	932	Jon Gott	1:41:30.9	M	V40		u				7:44.6	4:48.7
440	30	Paul Ford	1:41:35.1	M	MSen	CHICHESTER RUNNERS & AC	n				7:44.9	4:48.9
441	1175	Christina Kluth	1:41:36.4	F	FV60	HEDGE END RUNNING CLUB	h	Hedge End	41	83.0	7:45.0	4:49.0
442	202	Neil Dyer	1:41:37.6	M	V55	PORTSMOUTH JOGGERS	h	PompeyJ	214	42.0	7:45.1	4:49.0
443	1006	Callum Swann	1:41:44.4	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	215	41.7	7:45.7	4:49.3
444	1751	Andy Moore	1:41:45.3	M	V45	NEW FOREST RUNNERS	h	New Forest	216	41.4	7:45.7	4:49.4
445	219	Zoe Lambard	1:41:46.2	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	42	82.6	7:45.8	4:49.4
446	958	Luke Gifford	1:41:47.3	M	MSen		u				7:45.9	4:49.5
447	1224	Nicholas Cooke	1:41:48.1	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	217	41.1	7:45.9	4:49.5
448	486	Ken Oatley	1:41:58.2	M	V40	RYDE HARRIERS	h	Ryde	218	40.9	7:46.7	4:50.0
449	588	Steven Cole	1:42:02.5	M	V40		u				7:47.0	4:50.2
450	1180	Greg Marsh	1:42:03.1	M	V55	MAIDENHEAD AC	n				7:47.1	4:50.2

451	1994	Rob Kendall	1:42:04.8	M	V40	TOTTON RC	h	Totton	219	40.6	7:47.2	4:50.3
452	170	Natasha Colebrook	1:42:06.1	F	FV35		u				7:47.3	4:50.4
453	411	Jeremy Hollinshead	1:42:09.5	M	V45	HEDGE END RUNNING CLUB	h	Hedge End	220	40.3	7:47.6	4:50.5
454	1684	Shane Goddard	1:42:14.1	M	V50		u				7:47.9	4:50.8
455	1764	John Leonard	1:42:15.0	M	V55	HART ROAD RUNNERS	h	Hart RR	221	40.1	7:48.0	4:50.8
456	360	Keith Morris	1:42:19.9	M	V45	ROMSEY ROAD RUNNERS	h	Romsey	222	39.8	7:48.4	4:51.0
457	1029	Andrew Stavely	1:42:20.6	M	MSen		u				7:48.4	4:51.1
458	1386	Jenni Forbes	1:42:20.8	F	FV35	ALTON RUNNERS	h	Alton	43	82.1	7:48.4	4:51.1
459	73	Louise Letman	1:42:21.9	F	FV50		u				7:48.5	4:51.1
460	1705	Mark Craven	1:42:23.7	M	MSen	WINCHESTER & DISTRICT AC	h	Winchester	223	39.5	7:48.6	4:51.2
461	299	Andy Green	1:42:30.5	M	V40		u				7:49.2	4:51.5
462	1366	Jay Tuck	1:42:31.2	M	MSen	CHINEHAM PARK RUNNING CLUB	n				7:49.2	4:51.6
463	645	Richard Denby	1:42:37.1	M	V55	FARNHAM RUNNERS	h	Farnham Run	224	39.2	7:49.7	4:51.8
464	740	Tillie Johnston	1:42:39.2	F	FSen	DENMEAD STRIDERS	h	Denmead	44	81.7	7:49.8	4:51.9
465	1689	Russell Tullett	1:42:40.1	M	V55		u				7:49.9	4:52.0
466	836	Daniel Rose	1:42:40.2	M	MSen	RUNTHROUGH	n				7:49.9	4:52.0
467	1747	Tim Sutton	1:42:40.5	M	MSen		u				7:49.9	4:52.0
468	1290	Donna Strowger	1:42:40.7	F	FV50	BOGNOR REGIS TONE ZONE RUNNERS	n				7:49.9	4:52.0
469	1515	Karen Hazlitt	1:42:44.7	F	FV50	WINCHESTER & DISTRICT AC	h	Winchester	45	81.3	7:50.3	4:52.2
470	433	Ian Briscoe	1:42:46.5	M	V40		u				7:50.4	4:52.3
471	1281	Luke Pierce	1:42:47.3	M	V45		u				7:50.4	4:52.3
472	1221	Emma Harris	1:42:48.7	F	FV40		u				7:50.6	4:52.4
473	517	Steve Goodwin	1:42:48.9	M	V65	WINCHESTER & DISTRICT AC	h	Winchester	225	39.0	7:50.6	4:52.4
474	1619	Kiley Steer	1:42:54.2	M	V50		u				7:51.0	4:52.7
475	4	Dean Lucas	1:42:56.0	M	V40	TOTTON RC	h	Totton	226	38.7	7:51.1	4:52.7
476	1196	Anne Sansome	1:42:59.0	F	FV45	LORDSHILL ROAD RUNNERS	h	Lordshill	46	80.9	7:51.3	4:52.9
477	1540	Karen Willsher	1:43:02.9	F	FV45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	47	80.4	7:51.6	4:53.1
478	57	Katie Parkinson	1:43:05.5	F	FSen		u				7:51.8	4:53.2
479	294	Craig Murphy	1:43:10.3	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	227	38.4	7:52.2	4:53.4
480	508	Paul Burns	1:43:14.2	M	V50		u				7:52.5	4:53.6
481	1622	Cameron Hill	1:43:18.8	M	MSen		u				7:52.9	4:53.8
482	102	Sonia Carimando	1:43:19.3	F	FV45	HATCH WARREN RUNNERS	n				7:52.9	4:53.8
483	1691	Rebecca Roberts	1:43:21.0	F	FV40	EASTLEIGH RC	h	Eastleigh	48	80.0	7:53.0	4:53.9
484	7	Hannah Molyneaux	1:43:22.7	F	FSen		u				7:53.1	4:54.0
485	449	Heather Hitchins	1:43:29.0	F	FV50	CITY OF SALISBURY AC & RC	h	Salisbury	49	79.6	7:53.6	4:54.3

486	1302	Kevin Mcgreal	1:43:32.4	M	V55		u				7:53.9	4:54.5
487	490	Trevor Mcalister	1:43:32.9	M	MSen	RYDE HARRIERS	h	Ryde	228	38.1	7:53.9	4:54.5
488	1530	Keith Whitten	1:43:34.7	M	V55	TOTTON RC	h	Totton	229	37.9	7:54.1	4:54.6
489	1608	Darren Miller	1:43:36.1	M	V40		u				7:54.2	4:54.6
490	1567	Lee Farndell	1:43:39.7	M	V45	ROTARY ROAD RUNNERS	n				7:54.4	4:54.8
491	87	Dean Dolman	1:43:40.0	M	V50		u				7:54.5	4:54.8
492	949	Jon O'meara	1:43:40.0	M	V45		u				7:54.5	4:54.8
493	225	Ruth Stanbridge	1:43:40.4	F	FV40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	50	79.1	7:54.5	4:54.8
494	372	Xavier Sanchez	1:43:40.8	M	V50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	230	37.6	7:54.5	4:54.9
495	122	Kerry Riches	1:43:41.1	F	FV35	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	51	78.7	7:54.6	4:54.9
496	1738	Sue Taylor	1:43:42.4	F	FV45	FARNHAM RUNNERS	h	Farnham Run	52	78.3	7:54.7	4:54.9
497	192	Katie Clements	1:43:47.0	F	FV40	CITY OF SALISBURY AC & RC	h	Salisbury	53	77.9	7:55.0	4:55.2
498	68	Mick Welland	1:43:53.7	M	V75	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	231	37.3	7:55.5	4:55.5
499	24	Kirsty Macbeth	1:43:56.6	F	FV40	TOTTON RC	h	Totton	54	77.4	7:55.7	4:55.6
500	1157	Mike Gilmour	1:44:12.5	M	V40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	232	37.1	7:56.9	4:56.4
501	832	Christine Riddington	1:44:14.8	F	FV45	VICTORY AC	h	Victory	55	77.0	7:57.1	4:56.5
502	191	Stephen Whiteland	1:44:19.3	M	MSen	RUN VERITY	n				7:57.5	4:56.7
503	573	Robbie Macnab	1:44:19.5	M	V45	HEDGE END RUNNING CLUB	h	Hedge End	233	36.8	7:57.5	4:56.7
504	1769	Richard Bezer	1:44:24.6	M	MSen		u				7:57.9	4:56.9
505	1737	Neil Pringle	1:44:25.2	M	V60	HIGHWORTH RC	n				7:57.9	4:57.0
506	471	Richard Hurst	1:44:29.8	M	V50		u				7:58.3	4:57.2
507	273	Derek Wood	1:44:30.7	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	234	36.5	7:58.3	4:57.2
508	1065	Graham Monteith	1:44:31.3	M	MSen		u				7:58.4	4:57.3
509	1357	Jordan Baker	1:44:31.8	M	MSen		u				7:58.4	4:57.3
510	1301	Janet Littlewood	1:44:37.4	F	FV45	WINCHESTER & DISTRICT AC	h	Winchester	56	76.6	7:58.8	4:57.5
511	1426	David Mundy	1:44:38.6	M	V55		u				7:58.9	4:57.6
512	1491	Candace Davies	1:44:38.7	F	FV40		u				7:58.9	4:57.6
513	1492	Simon Clarke	1:44:39.2	M	V40		u				7:59.0	4:57.6
514	1591	John Tyler	1:44:42.7	M	V55	100 MARATHON CLUB	n				7:59.3	4:57.8
515	1174	Lionel Handy	1:44:45.5	M	V60	NEW FOREST RUNNERS	h	New Forest	235	36.2	7:59.5	4:57.9
516	1786	Nadia Anderson	1:44:51.8	F	FV55	CHICHESTER RUNNERS & AC	n				7:59.9	4:58.2
517	1638	Marie Droniou-Bordry	1:44:56.7	F	FV45	HEDGE END RUNNING CLUB	h	Hedge End	57	76.2	8:00.3	4:58.5
518	489	Steve Cluett	1:44:57.2	M	V50	WINCHESTER & DISTRICT AC	h	Winchester	236	36.0	8:00.4	4:58.5
519	1260	Kate Parker	1:45:00.1	F	FV40	LISS RUNNERS	h	Liss	58	75.7	8:00.6	4:58.6
520	1798	James Lowther	1:45:03.1	M	V55		u				8:00.8	4:58.8

521	1485	Keith Vallis	1:45:06.7	M	V55	OVERTON HARRIERS & AC	h	Overton	237	35.7	8:01.1	4:58.9
522	697	Christopher Lee	1:45:06.9	M	MSen		u				8:01.1	4:58.9
523	1151	Catherine Steele	1:45:08.7	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	59	75.3	8:01.2	4:59.0
524	1562	Mark Tiller	1:45:10.2	M	V60	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	238	35.4	8:01.4	4:59.1
525	848	Paul Fisher	1:45:12.8	M	V50		u				8:01.5	4:59.2
526	509	Darron Jolliffe	1:45:13.9	M	V55		u				8:01.6	4:59.3
527	1310	Rob Jesson	1:45:16.4	M	V50	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	239	35.1	8:01.8	4:59.4
528	1435	Melanie Ford	1:45:18.8	F	FV60	HEDGE END RUNNING CLUB	h	Hedge End	60	74.9	8:02.0	4:59.5
529	1607	Shell Smith	1:45:24.2	F	FSen		u				8:02.4	4:59.8
530	583	Claire Sheard	1:45:25.8	F	FV45		u				8:02.5	4:59.8
531	1659	Sui Macauley	1:45:28.9	F	FV45		u				8:02.8	5:00.0
532	416	Jason Smith	1:45:28.9	M	V50		u				8:02.8	5:00.0
533	249	Jason Erlandson	1:45:30.4	M	MSen		u				8:02.9	5:00.1
534	1550	Kat Harris	1:45:30.5	F	FV35	FARNHAM TOWN RUNNING CLUB	h	Farnham Town	61	74.5	8:02.9	5:00.1
535	241	Nick Lay	1:45:33.7	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	240	34.9	8:03.1	5:00.2
536	1216	Judy Mccabe	1:45:34.8	F	FV40	ISLE OF WIGHT RR AC	h	IOW RR	62	74.0	8:03.2	5:00.3
537	833	Steve Bennett	1:45:34.8	M	V60	ISLE OF WIGHT RR AC	h	IOW RR	241	34.6	8:03.2	5:00.3
538	38	Dominic Shepherd	1:45:36.9	M	V55	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	242	34.3	8:03.4	5:00.4
539	1460	Andy Wealthy	1:45:38.3	M	V40		u				8:03.5	5:00.4
540	15	Stuart Bamberger	1:45:39.7	M	V45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	243	34.1	8:03.6	5:00.5
541	654	Charles Fox	1:45:41.9	M	V65	NEW FOREST RUNNERS	h	New Forest	244	33.8	8:03.8	5:00.6
542	927	Ben Christopherson	1:45:44.0	M	V40	WINCHESTER & DISTRICT AC	h	Winchester	245	33.5	8:03.9	5:00.7
543	1321	Martyn Poore	1:45:45.5	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	246	33.2	8:04.0	5:00.8
544	1187	Stephen Clow	1:45:53.1	M	V55	ALTON RUNNERS	h	Alton	247	33.0	8:04.6	5:01.1
545	1052	Geoffrey Hobbs	1:46:02.1	M	V40		u				8:05.3	5:01.6
546	488	Gareth Driscoll	1:46:05.1	M	V50	ISLE OF WIGHT RR AC	h	IOW RR	248	32.7	8:05.5	5:01.7
547	919	Thea Hamlin	1:46:08.7	F	FV45	HATCH WARREN RUNNERS	n				8:05.8	5:01.9
548	1446	Anthony Johns	1:46:11.8	M	V55	PORTSMOUTH TRIATHLETES	n				8:06.0	5:02.0
549	1024	Diane Mattingly	1:46:19.1	F	FV55	CITY OF SALISBURY AC & RC	h	Salisbury	63	73.6	8:06.6	5:02.4
550	1470	Joanne Mooney	1:46:19.4	F	FV40		u				8:06.6	5:02.4
551	709	Bernard Merry	1:46:20.6	M	V70	RYDE HARRIERS	h	Ryde	249	32.4	8:06.7	5:02.4
552	686	Jayne Carey	1:46:25.1	F	FV55	EASTLEIGH RC	h	Eastleigh	64	73.2	8:07.1	5:02.6
553	850	Jim Armitage	1:46:34.4	M	V60	ALTON RUNNERS	h	Alton	250	32.2	8:07.8	5:03.1
554	1528	Lorna Digweed	1:46:36.2	F	FV40		u				8:07.9	5:03.2
555	90	Richard Peskett	1:46:38.2	M	V40		u				8:08.1	5:03.3

556	1590	Terry Greening	1:46:39.2	M	V45	TOTTON RC	h	Totton	251	31.9	8:08.1	5:03.3
557	1156	Michele Jacobs	1:46:41.6	F	FV40		u				8:08.3	5:03.4
558	270	Andrew Roach	1:46:48.3	M	V50	SPA STRIDERS	n				8:08.8	5:03.7
559	987	Daryll English	1:46:51.4	M	MSen	NETLEY ABBEY RUNNERS	h	Netley	252	31.6	8:09.1	5:03.9
560	1249	Vicky Watson	1:46:54.0	F	FV35		u				8:09.3	5:04.0
561	1991	Jo Gilholm	1:46:55.3	F	FV50	VICTORY AC	h	Victory	65	72.8	8:09.4	5:04.1
562	1734	Ed Murphy	1:46:58.9	M	V40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	253	31.3	8:09.6	5:04.2
563	1749	Stuart Clarke	1:47:00.4	M	MSen		u				8:09.8	5:04.3
564	1457	Suzie Slemeck	1:47:03.3	F	FSen	HERCULES WIMBLEDON AC	n				8:10.0	5:04.5
565	537	Eric De Greef	1:47:03.5	M	V50		u				8:10.0	5:04.5
566	428	Jo Blanden	1:47:03.8	F	FV40		u				8:10.0	5:04.5
567	673	Marion Frewin	1:47:05.3	F	FV45	NEW FOREST RUNNERS	h	New Forest	66	72.3	8:10.1	5:04.6
568	399	Karen Boltwood	1:47:08.9	F	FV45	PORTSMOUTH TRIATHLETES	n				8:10.4	5:04.7
569	1683	Joy Radford	1:47:12.4	F	FV65	WINCHESTER & DISTRICT AC	h	Winchester	67	71.9	8:10.7	5:04.9
570	1140	Kate Dobson	1:47:12.6	F	FV40	HARWELL HARRIERS	n				8:10.7	5:04.9
571	1117	Liz Parkes	1:47:12.7	F	FV35	RYDE HARRIERS	h	Ryde	68	71.5	8:10.7	5:04.9
572	1987	Mark Brooks	1:47:13.4	M	V60	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	254	31.1	8:10.7	5:04.9
573	1544	Tracey Shepperd	1:47:14.4	F	FV40	HEDGE END RUNNING CLUB	h	Hedge End	69	71.1	8:10.8	5:05.0
574	1614	Jenny Marston	1:47:22.8	F	FV35		u				8:11.5	5:05.4
575	574	Paul Jackson	1:47:28.1	M	V50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	255	30.8	8:11.9	5:05.6
576	1605	Chris Counsell	1:47:28.8	M	V50		u				8:11.9	5:05.7
577	1085	Christina Ball	1:47:29.0	F	FSen	DENMEAD STRIDERS	h	Denmead	70	70.6	8:11.9	5:05.7
578	1501	Jim Christie	1:47:30.1	M	MSen		u				8:12.0	5:05.7
579	1640	Shane Grant	1:47:34.2	M	MSen		u				8:12.3	5:05.9
580	1641	Lawrence Patterson	1:47:35.6	M	V40		u				8:12.4	5:06.0
581	550	Michael Cobb	1:47:39.2	M	V45	PORTSMOUTH JOGGERS	h	PompeyJ	256	30.5	8:12.7	5:06.2
582	161	Bob Pentland	1:47:42.7	M	V65	PORTSMOUTH JOGGERS	h	PompeyJ	257	30.2	8:13.0	5:06.3
583	566	Kate Clark	1:47:46.4	F	FSen		u				8:13.3	5:06.5
584	611	Catherine Woods	1:47:48.3	F	FSen	LORDSHILL ROAD RUNNERS	h	Lordshill	71	70.2	8:13.4	5:06.6
585	763	Laura Sullivan	1:47:49.3	F	FV50	DAVENTRY ROAD RUNNERS	n				8:13.5	5:06.6
586	912	Julian Sheppard	1:47:50.5	M	V45		u				8:13.6	5:06.7
587	1990	Claire Light	1:47:51.9	F	FV40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	72	69.8	8:13.7	5:06.8
588	1331	Alex Ollis	1:47:55.2	M	MSen		u				8:13.9	5:06.9
589	1658	Chris Lamb	1:47:56.2	M	V50	LORDSHILL ROAD RUNNERS	h	Lordshill	258	30.0	8:14.0	5:07.0
590	253	Leah Tavner	1:47:57.3	F	FV45	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	73	69.4	8:14.1	5:07.0

591	469	Fiona Bolton	1:47:57.6	F	FV50	WINCHESTER & DISTRICT AC	h	Winchester	74	68.9	8:14.1	5:07.0
592	989	Emma Smith	1:47:59.2	F	FSen	NETLEY ABBEY RUNNERS	h	Netley	75	68.5	8:14.2	5:07.1
593	642	Linda Tyler	1:47:59.7	F	FV60	FARNHAM RUNNERS	h	Farnham Run	76	68.1	8:14.3	5:07.1
594	531	Robert Franck	1:48:02.3	M	V40	RUNNYMEDE RUNNERS	n				8:14.5	5:07.3
595	189	Daniel Green	1:48:03.7	M	MSen		u				8:14.6	5:07.3
596	607	Jo Scawn	1:48:04.6	F	FV40	ALTON RUNNERS	h	Alton	77	67.7	8:14.7	5:07.4
597	748	Michael Deller	1:48:07.3	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	259	29.7	8:14.9	5:07.5
598	610	Kirstin Westover	1:48:11.5	F	FV40		u				8:15.2	5:07.7
599	1500	Jane Hodge	1:48:12.1	F	FV60	HARDLEY RUNNERS	h	Hardley	78	67.2	8:15.2	5:07.7
600	455	Mike Smith	1:48:12.4	M	V60	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	260	29.4	8:15.2	5:07.7
601	1730	Peter Cole	1:48:15.2	M	V50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	261	29.2	8:15.5	5:07.9
602	931	Reece Hughes	1:48:20.9	M	MSen		u				8:15.9	5:08.1
603	876	Ross Wilson	1:48:20.9	M	V45		u				8:15.9	5:08.1
604	842	Paul Renouf	1:48:21.2	M	V45	LONELY GOAT ATHLETICS CLUB	n				8:15.9	5:08.2
605	986	Helen Reed	1:48:23.3	F	FV45	RUNNYMEDE RUNNERS	n				8:16.1	5:08.2
606	1569	Tina Denyer	1:48:31.6	F	FV40	MIDHURST MILERS	n				8:16.7	5:08.6
607	815	Steven Stubbings	1:48:33.9	M	V45	HATCH WARREN RUNNERS	n				8:16.9	5:08.8
608	1363	Sam Carr	1:48:35.5	M	MSen		u				8:17.0	5:08.8
609	525	Andy Tickner	1:48:39.5	M	V50	ISLE OF WIGHT RR AC	h	IOW RR	262	28.9	8:17.3	5:09.0
610	1525	Karl Morgan	1:48:41.8	M	V45		u				8:17.5	5:09.1
611	1999	Keith Harris	1:48:42.0	M	V40	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	263	28.6	8:17.5	5:09.1
612	1811	Edward Cane	1:48:48.3	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	264	28.3	8:18.0	5:09.4
613	140	Craig Weatherburn	1:48:50.1	M	V40	CITY OF SALISBURY AC & RC	h	Salisbury	265	28.1	8:18.1	5:09.5
614	677	Andrew Buchanan	1:48:53.7	M	V50		u				8:18.4	5:09.7
615	1748	Kev Andrews	1:48:54.8	M	V45		u				8:18.5	5:09.7
616	1073	Ian Smith	1:48:57.4	M	V55	HARDLEY RUNNERS	h	Hardley	266	27.8	8:18.7	5:09.9
617	1797	Ashley Wright	1:48:57.6	M	V50		u				8:18.7	5:09.9
618	1982	Antony Mabey	1:48:59.3	M	V50	OS RUNNERS	h	OSRunners	267	27.5	8:18.8	5:10.0
619	1192	Nick Griffin	1:49:00.9	M	MSen		u				8:18.9	5:10.0
620	1715	Kim Warner	1:49:05.9	M	V60	WOKING AC	n				8:19.3	5:10.3
621	478	Andrew Makin	1:49:08.0	M	V45	CITY OF SALISBURY AC & RC	h	Salisbury	268	27.2	8:19.5	5:10.4
622	1407	John Robertson	1:49:09.7	M	MSen	PORTSMOUTH JOGGERS	h	PompeyJ	269	27.0	8:19.6	5:10.4
623	1802	Michael Fowler	1:49:11.7	M	MSen	AVON VALLEY RUNNERS	n				8:19.8	5:10.5
624	304	Daniel Mallard	1:49:14.5	M	MSen		u				8:20.0	5:10.7
625	947	Miles Fewster	1:49:14.8	M	V55		u				8:20.0	5:10.7

626	742	Tracey Taylor	1:49:15.3	F	FV55	GOODGYM RACE TEAM	n				8:20.0	5:10.7
627	1107	Stewart Barbour	1:49:17.0	M	MSen	ISLE OF WIGHT RR AC	h	IOW RR	270	26.7	8:20.2	5:10.8
628	512	Shane Smith	1:49:17.2	M	V50		u				8:20.2	5:10.8
629	223	Richard Clark	1:49:20.5	M	V40		u				8:20.4	5:11.0
630	1995	Jacquie Barlow	1:49:21.6	F	FV45	TOTTON RC	h	Totton	79	66.8	8:20.5	5:11.0
631	1269	Michael Bell	1:49:27.0	M	MSen	CITY OF SALISBURY AC & RC	h	Salisbury	271	26.4	8:20.9	5:11.3
632	261	Jenny Grote	1:49:31.8	F	FV45		u				8:21.3	5:11.5
633	1153	Matt Merron	1:49:34.3	M	MSen	HEDGE END RUNNING CLUB	h	Hedge End	272	26.2	8:21.5	5:11.6
634	112	Andrew Morgan	1:49:36.5	M	V60		u				8:21.7	5:11.7
635	1568	Paul Gale	1:49:36.5	M	V55	SANDHURST JOGGERS	n				8:21.7	5:11.7
636	334	Sarah-Jane Keteku	1:49:36.6	F	FV40		u				8:21.7	5:11.7
637	1298	Peter Mcgreal	1:49:40.6	M	V50		u				8:22.0	5:11.9
638	1334	Heather Mcleod	1:49:40.9	F	FV45		u				8:22.0	5:11.9
639	1688	Neil Hamilton	1:49:41.3	M	V55		u				8:22.0	5:11.9
640	238	Jim Clow	1:49:42.9	M	V70	VICTORY AC	h	Victory	273	25.9	8:22.2	5:12.0
641	1232	Heather Noad	1:49:48.1	F	FV45		u				8:22.5	5:12.3
642	320	Robin Stacey	1:49:49.8	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	274	25.6	8:22.7	5:12.3
643	1666	Carl Schafer	1:49:57.5	M	V55	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	275	25.3	8:23.3	5:12.7
644	863	Diane Byrne	1:50:00.3	F	FV55	ALTON RUNNERS	h	Alton	80	66.4	8:23.5	5:12.8
645	46	Kate Randall-Coles	1:50:03.4	F	FV45	EASTLEIGH RC	h	Eastleigh	81	66.0	8:23.7	5:13.0
646	1262	Simon Cowlard	1:50:05.6	M	V50		u				8:23.9	5:13.1
647	363	Carolyn Littleton	1:50:06.3	F	FV55	ISLE OF WIGHT RR AC	h	IOW RR	82	65.5	8:23.9	5:13.1
648	1549	John Littleton	1:50:06.8	M	V60		u				8:24.0	5:13.2
649	1486	James Baker	1:50:11.9	M	MSen		u				8:24.4	5:13.4
650	1133	Alan Smith	1:50:17.9	M	V65	NEW FOREST RUNNERS	h	New Forest	276	25.1	8:24.8	5:13.7
651	117	Linda Taylor	1:50:21.6	F	FV50	DENMEAD STRIDERS	h	Denmead	83	65.1	8:25.1	5:13.9
652	671	Mark Orchard	1:50:22.0	M	V45		u				8:25.1	5:13.9
653	1441	Chris Davies	1:50:24.1	M	V50		u				8:25.3	5:14.0
654	1049	Craig Raddon	1:50:28.6	M	MSen		u				8:25.6	5:14.2
655	639	Sophie Sampson	1:50:30.7	F	FV45	LYMINGTON ATHLETES	n				8:25.8	5:14.3
656	868	Gracie Bradley-Roberts	1:50:31.8	F	FSen		u				8:25.9	5:14.3
657	1147	Helen Lovell	1:50:32.9	F	FV45	LORDSHILL ROAD RUNNERS	h	Lordshill	84	64.7	8:26.0	5:14.4
658	458	Andy Sharvill	1:50:34.4	M	V40		u				8:26.1	5:14.5
659	1408	Bridget Naylor	1:50:34.7	F	FV55	FARNHAM RUNNERS	h	Farnham Run	85	64.3	8:26.1	5:14.5
660	1451	Emily Charles	1:50:36.5	F	FV40		u				8:26.2	5:14.6

661	107	Alana Spiers	1:50:39.4	F	FSen	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	86	63.8	8:26.5	5:14.7
662	1442	Jo Bryson	1:50:39.6	F	FV45		u				8:26.5	5:14.7
663	34	Chris Fittall	1:50:40.2	M	V45		u				8:26.5	5:14.7
664	1314	Louise Griffin	1:50:45.6	F	FV40	VEGAN RUNNERS UK	n				8:26.9	5:15.0
665	1317	Paul Griffin	1:50:45.8	M	V45		u				8:27.0	5:15.0
666	779	Mark Underwood	1:50:45.9	M	MSen	OVERTON HARRIERS & AC	h	Overton	277	24.8	8:27.0	5:15.0
667	896	Mike Mattingly	1:50:46.6	M	V60	CITY OF SALISBURY AC & RC	h	Salisbury	278	24.5	8:27.0	5:15.0
668	1580	Sara Burge	1:50:46.9	F	FV35		u				8:27.0	5:15.1
669	210	Jessica Smith	1:50:47.3	F	FV45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	87	63.4	8:27.1	5:15.1
670	1324	Peter Callow	1:50:53.3	M	V65	FARNHAM RUNNERS	h	Farnham Run	279	24.3	8:27.5	5:15.4
671	1717	Kevin Rowe	1:50:57.0	M	V60	HEDGE END RUNNING CLUB	h	Hedge End	280	24.0	8:27.8	5:15.5
672	1071	Mark Pottle	1:50:58.4	M	V45	HEDGE END RUNNING CLUB	h	Hedge End	281	23.7	8:27.9	5:15.6
673	452	Neil Gwatkin	1:50:59.6	M	V55	LISS RUNNERS	h	Liss	282	23.4	8:28.0	5:15.7
674	335	David Chalk	1:51:01.0	M	V60	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	283	23.2	8:28.1	5:15.7
675	1111	Graham Bell	1:51:01.6	M	V55		u				8:28.2	5:15.8
676	233	Lucy Hale	1:51:04.3	F	FV35		u				8:28.4	5:15.9
677	44	Stuart Vince	1:51:05.2	M	V45	NETLEY ABBEY RUNNERS	h	Netley	284	22.9	8:28.4	5:15.9
678	1344	Bella Weetch	1:51:09.9	F	FSen	FARNHAM RUNNERS	h	Farnham Run	88	63.0	8:28.8	5:16.1
679	575	Matthew Bailey	1:51:10.1	M	V45	CHINEHAM PARK RUNNING CLUB	n				8:28.8	5:16.2
680	1645	Adrian Norton	1:51:10.6	M	V45		u				8:28.8	5:16.2
681	1036	Matt Sydenham	1:51:10.9	M	V40		u				8:28.9	5:16.2
682	1490	Christopher Dougan	1:51:12.0	M	V60	WINCHESTER & DISTRICT AC	h	Winchester	285	22.6	8:28.9	5:16.2
683	1118	Paul Vine	1:51:20.1	M	V50	HEDGE END RUNNING CLUB	h	Hedge End	286	22.3	8:29.6	5:16.6
684	1303	Harry Hyndman	1:51:21.5	M	MSen		u				8:29.7	5:16.7
685	819	Gareth Hale	1:51:23.0	M	MSen	TWEMLOW TRACK CLUB	n				8:29.8	5:16.8
686	511	Matt Hume	1:51:23.5	M	MSen		u				8:29.8	5:16.8
687	18	David Peterson	1:51:25.8	M	V45	EASTLEIGH RC	h	Eastleigh	287	22.1	8:30.0	5:16.9
688	1789	Sarah Cass	1:51:26.2	F	FV45		u				8:30.0	5:16.9
689	1299	Jenny Davies	1:51:28.9	F	FV35		u				8:30.2	5:17.0
690	1034	Edward Hare	1:51:41.7	M	MSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	288	21.8	8:31.2	5:17.7
691	362	Keith Fraser	1:51:45.2	M	V65	POOLE RUNNERS	n				8:31.5	5:17.8
692	1680	Mercede Pannozzo	1:51:46.1	F	FSen		u				8:31.5	5:17.9
693	1985	Jodie Bailey	1:51:46.7	F	FV35		u				8:31.6	5:17.9
694	1340	Elizabeth White	1:51:48.2	F	FV35	TOTTON RC	h	Totton	89	62.6	8:31.7	5:18.0
695	272	Justin Mallard	1:51:48.9	M	V50		u				8:31.8	5:18.0

696	1058	Derek Swannick	1:51:49.3	M	V50		u			8:31.8	5:18.0	
697	1403	Wendy-Anne Wright	1:51:51.7	F	FV45	RUN MUMMY RUN	u			8:32.0	5:18.1	
698	1671	Sagar Desai	1:51:53.1	M	MSen		u			8:32.1	5:18.2	
699	963	James Baggott	1:51:55.4	M	V40		u			8:32.3	5:18.3	
700	651	Caroline Woodford	1:52:05.5	F	FV65	NEW FOREST RUNNERS	h	New Forest	90	62.1	8:33.0	5:18.8
701	814	Rob Lucas	1:52:10.6	M	V50	HATCH WARREN RUNNERS	n			8:33.4	5:19.0	
702	1721	Shelley Locke	1:52:15.9	F	FV50		u			8:33.8	5:19.3	
703	257	Sam Morrison	1:52:20.9	F	FV45		u			8:34.2	5:19.5	
704	1214	Laura Lax	1:52:21.8	F	FV40		u			8:34.3	5:19.6	
705	1992	Robeena Shepherd	1:52:22.2	F	FV45		u			8:34.3	5:19.6	
706	1099	Adam Pratt	1:52:24.6	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	289	21.5	8:34.5	5:19.7
707	1984	John Marengi	1:52:32.7	M	V55	VICTORY AC	h	Victory	290	21.3	8:35.1	5:20.1
708	187	Greig Benson	1:52:36.2	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	291	21.0	8:35.4	5:20.2
709	683	Jeffrey Streeter	1:52:40.1	M	V40	DENMEAD STRIDERS	h	Denmead	292	20.7	8:35.7	5:20.4
710	1261	Stephen Mcculloch	1:52:46.8	M	V40	PORTSMOUTH TRIATHLETES	n			8:36.2	5:20.7	
711	216	Rubayat Choudhury	1:52:47.5	M	V45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	293	20.4	8:36.2	5:20.8
712	621	Janette Beaton	1:52:54.8	F	FV50	TAVISTOCK AC	n			8:36.8	5:21.1	
713	1105	Deborah Robinson	1:53:01.1	F	FV45	LORDSHILL ROAD RUNNERS	h	Lordshill	91	61.7	8:37.3	5:21.4
714	265	Neil Cameron	1:53:02.8	M	V45	TOTTON RC	h	Totton	294	20.2	8:37.4	5:21.5
715	1242	Paul Mansbridge	1:53:04.0	M	V50		u			8:37.5	5:21.6	
716	1649	Jessica Bate	1:53:07.8	F	FV35		u			8:37.8	5:21.7	
717	1620	Steve Roberts	1:53:08.2	M	MSen		u			8:37.8	5:21.8	
718	978	Michael Head	1:53:09.0	M	V45	HEDGE END RUNNING CLUB	h	Hedge End	295	19.9	8:37.9	5:21.8
719	497	Diana Crawshaw	1:53:13.9	F	FV55		u			8:38.2	5:22.0	
720	1784	Royston Crandley	1:53:15.4	M	V50	BRACKNELL FOREST RUNNERS	n			8:38.4	5:22.1	
721	962	Stuart Hoare	1:53:15.5	M	V55	DENMEAD STRIDERS	h	Denmead	296	19.6	8:38.4	5:22.1
722	534	Diana Swyers	1:53:20.0	F	FV40	RYDE HARRIERS	h	Ryde	92	61.3	8:38.7	5:22.3
723	22	Stephen Carter	1:53:21.2	M	MSen		u			8:38.8	5:22.4	
724	487	Anthony Kendrick	1:53:26.9	M	V65	TOTTON RC	h	Totton	297	19.3	8:39.2	5:22.6
725	561	Richard Bryant	1:53:30.0	M	V55	CRAWLEY SAINTS & SINNERS RUNNING CLUB	n			8:39.5	5:22.8	
726	390	Paul Morrison	1:53:35.5	M	V50		u			8:39.9	5:23.0	
727	659	Jane Georghiou	1:53:39.6	F	FV65	FARNHAM RUNNERS	h	Farnham Run	93	60.9	8:40.2	5:23.2
728	1061	Dave Wright	1:53:46.2	M	V55	CHINEHAM PARK RUNNING CLUB	n			8:40.7	5:23.6	
729	1010	Kate Atkinson	1:53:47.0	F	FSen		u			8:40.8	5:23.6	

730	1739	Carole Phillips	1:53:50.0	F	FV55	SWINDON STRIDERS	n				8:41.0	5:23.7
731	1417	Matthew Holman	1:53:54.3	M	V45	HATCH WARREN RUNNERS	n				8:41.3	5:23.9
732	1295	Sarah Butler	1:53:54.8	F	FV40	HEDGE END RUNNING CLUB	h	Hedge End	94	60.4	8:41.4	5:24.0
733	1495	Peter Nash	1:53:55.2	M	V55		u				8:41.4	5:24.0
734	1709	James Bone	1:53:58.3	M	V45		u				8:41.6	5:24.1
735	603	Christopher Colley	1:53:59.7	M	V40	ALTON RUNNERS	h	Alton	298	19.1	8:41.7	5:24.2
736	1612	Sarah Wallbridge	1:54:05.8	F	FV60	ALMOST ATHLETES	n				8:42.2	5:24.5
737	1611	Steven Wallbridge	1:54:06.3	M	V55	ALMOST ATHLETES	n				8:42.2	5:24.5
738	1294	Tracy Puttock	1:54:07.7	F	FV50	HEDGE END RUNNING CLUB	h	Hedge End	95	60.0	8:42.4	5:24.6
739	1586	Paul Rogers	1:54:10.9	M	V45		u				8:42.6	5:24.7
740	389	Phillip Townley	1:54:11.7	M	V55	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	299	18.8	8:42.7	5:24.8
741	1534	Terry Steadman	1:54:13.2	M	V70	FARNHAM RUNNERS	h	Farnham Run	300	18.5	8:42.8	5:24.8
742	381	Andrew Young	1:54:13.6	M	V50		u				8:42.8	5:24.9
743	1172	Fiona Haynes	1:54:16.7	F	FV35		u				8:43.0	5:25.0
744	172	Caroline Harwood	1:54:19.6	F	FV35	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	96	59.6	8:43.3	5:25.1
745	1385	Mike Elsen	1:54:24.3	M	V45		u				8:43.6	5:25.4
746	65	Susie Parker	1:54:28.4	F	FV45	ROMSEY ROAD RUNNERS	h	Romsey	97	59.1	8:43.9	5:25.6
747	1997	Natalie Rose	1:54:31.5	F	FV35	RYDE HARRIERS	h	Ryde	98	58.7	8:44.2	5:25.7
748	245	Jack Goozee	1:54:32.1	M	V50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	301	18.3	8:44.2	5:25.7
749	1368	Gabriele Cook	1:54:36.2	F	FV40	LORDSHILL ROAD RUNNERS	h	Lordshill	99	58.3	8:44.5	5:25.9
750	130	Andy Holmes	1:54:39.8	M	V50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	302	18.0	8:44.8	5:26.1
751	1475	Gavin Bedford	1:54:40.9	M	MSen		u				8:44.9	5:26.1
752	1246	Liam Williams	1:54:43.3	M	V40	HATCH WARREN RUNNERS	n				8:45.1	5:26.3
753	445	Joanne Doust	1:54:46.0	F	FV45	VICTORY AC	h	Victory	100	57.9	8:45.3	5:26.4
754	1512	David Blakemore	1:54:52.4	M	V50		u				8:45.8	5:26.7
755	788	Richard Noice	1:54:55.7	M	MSen		u				8:46.0	5:26.8
756	1736	Matt Bradley	1:54:58.5	M	MSen		u				8:46.2	5:27.0
757	1296	Emma Baker	1:54:59.6	F	FV35	HEDGE END RUNNING CLUB	h	Hedge End	101	57.4	8:46.3	5:27.0
758	915	Suzanne Anderson	1:54:59.9	F	FV45	BLACKWATER VALLEY RUNNERS	n				8:46.3	5:27.0
759	1271	Jennifer Leishman	1:55:01.3	F	FV35	WINCHESTER FIT CLUB RC	n				8:46.4	5:27.1
760	248	Emily Murphy	1:55:02.0	F	FSen		u				8:46.5	5:27.1
761	1625	Jason Brandon	1:55:04.3	M	V50		u				8:46.7	5:27.3
762	632	Alison Smith	1:55:05.1	F	FV40		u				8:46.7	5:27.3
763	760	David Lavington	1:55:05.6	M	MSen	EASTLEIGH RC	h	Eastleigh	303	17.7	8:46.8	5:27.3
764	1108	Ross Baker	1:55:06.4	M	MSen		u				8:46.8	5:27.4

765	313	Ian Jones	1:55:07.4	M	V55	PORTSMOUTH JOGGERS	h	PompeyJ	304	17.4	8:46.9	5:27.4
766	1668	Sarah Horton	1:55:09.5	F	FV35	WINCHESTER FIT CLUB RC	n				8:47.1	5:27.5
767	405	Fiona Shaw	1:55:13.0	F	FV55		u				8:47.3	5:27.7
768	1766	Sarah Cook	1:55:16.6	F	FV40	NETLEY ABBEY RUNNERS	h	Netley	102	57.0	8:47.6	5:27.8
769	415	Gary Mccawley	1:55:19.7	M	V55	DENMEAD STRIDERS	h	Denmead	305	17.2	8:47.8	5:28.0
770	1389	Rachel Browne	1:55:21.8	F	FV50	LORDSHILL ROAD RUNNERS	h	Lordshill	103	56.6	8:48.0	5:28.1
771	152	Paul Alderton	1:55:23.0	M	MSen		u				8:48.1	5:28.1
772	1272	Jeremy Bate	1:55:23.7	M	V45		u				8:48.1	5:28.2
773	126	Michelle Smith	1:55:24.1	F	FV35		u				8:48.2	5:28.2
774	262	Robert Clark	1:55:32.2	M	V50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	306	16.9	8:48.8	5:28.6
775	1308	Kevin Perrin	1:55:36.8	M	V55	STOCKTON STRIDERS AC	n				8:49.1	5:28.8
776	1673	Jodie Francis	1:55:38.4	F	FV35	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	104	56.2	8:49.3	5:28.9
777	1782	Andrew Burbidge	1:55:39.1	M	V40		u				8:49.3	5:28.9
778	825	Colin Towell	1:55:47.2	M	V50		u				8:49.9	5:29.3
779	589	David Affleck	1:55:47.7	M	V50		u				8:50.0	5:29.3
780	746	Zuzanna Chwirot	1:55:48.3	F	FSen		u				8:50.0	5:29.3
781	1311	Michael Harrison	1:55:53.5	M	MSen	DENMEAD STRIDERS	h	Denmead	307	16.6	8:50.4	5:29.6
782	1312	Rachael Harrison	1:55:53.8	F	FSen	DENMEAD STRIDERS	h	Denmead	105	55.7	8:50.4	5:29.6
783	601	John Arbury	1:56:02.4	M	V65	ALTON RUNNERS	h	Alton	308	16.3	8:51.1	5:30.0
784	36	Martin Powell	1:56:03.8	M	V65	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	309	16.1	8:51.2	5:30.1
785	676	Robin Price	1:56:06.4	M	V65		u				8:51.4	5:30.2
786	1443	Abigail Massey	1:56:07.4	F	FV50		u				8:51.5	5:30.2
787	1469	Matthew Williams	1:56:10.9	M	MSen	LONDON CITY ATHLETICS CLUB	n				8:51.7	5:30.4
788	1145	Sophie James	1:56:12.2	F	FSen	TOTTON RC	h	Totton	106	55.3	8:51.8	5:30.5
789	1003	Philip Dilloway	1:56:15.6	M	V55		u				8:52.1	5:30.6
790	703	Caroline Dall-Whittall	1:56:19.9	F	FV45	RYDE HARRIERS	h	Ryde	107	54.9	8:52.4	5:30.8
791	1670	Kieran Chaplin	1:56:21.7	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	310	15.8	8:52.6	5:30.9
792	951	Joanna Curtis	1:56:23.7	F	FV60	WINCHESTER & DISTRICT AC	h	Winchester	108	54.5	8:52.7	5:31.0
793	193	Colin Gibson	1:56:24.0	M	V55		u				8:52.7	5:31.0
794	1594	Gary Cooper	1:56:26.4	M	V50		u				8:52.9	5:31.1
795	106	James Wood	1:56:28.7	M	V40		u				8:53.1	5:31.3
796	1202	Alice Davies	1:56:35.7	F	FSen		u				8:53.6	5:31.6
797	1203	Mark Dobson	1:56:36.2	M	MSen		u				8:53.7	5:31.6
798	422	Andy White	1:56:37.5	M	V50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	311	15.5	8:53.8	5:31.7
799	785	Lauren Crook	1:56:42.7	F	FSen		u				8:54.2	5:31.9

800	872	Donald Sinclair-Smith	1:56:45.9	M	MSen		u					8:54.4	5:32.1
801	1606	Caroline Counsell	1:56:46.4	F	FV45		u					8:54.5	5:32.1
802	630	Paul Whitefield	1:56:49.0	M	V50		u					8:54.7	5:32.2
803	503	Steven Charnock	1:56:49.3	M	V55		u					8:54.7	5:32.2
804	267	Amanda Jones	1:56:50.8	F	FV45	TOTTON RC	h	Totton	109	54.0		8:54.8	5:32.3
805	841	Gillian Iffland	1:56:51.5	F	FV35	FARNHAM RUNNERS	h	Farnham Run	110	53.6		8:54.8	5:32.3
806	888	Nick Solti	1:56:59.9	M	V55		u					8:55.5	5:32.7
807	558	Phillip Prophett	1:57:05.8	M	V45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	312	15.3		8:55.9	5:33.0
808	1150	Jon Taylor	1:57:06.6	M	V50	VEGAN RUNNERS UK	n					8:56.0	5:33.1
809	864	Naomi Morcumb	1:57:11.0	F	FSen		u					8:56.3	5:33.3
810	1699	Colin Richardson	1:57:13.2	M	V40		u					8:56.5	5:33.4
811	470	Rachel Rawlings	1:57:15.1	F	FSen		u					8:56.6	5:33.5
812	473	Chris Lewis	1:57:15.5	M	V45	NETLEY ABBEY RUNNERS	h	Netley	313	15.0		8:56.7	5:33.5
813	749	Sarah Deller	1:57:16.3	F	FV35	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	111	53.2		8:56.7	5:33.5
814	1805	Dan Spicer	1:57:17.7	M	MSen	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	314	14.7		8:56.8	5:33.6
815	792	Joanne Miles	1:57:19.7	F	FV40	OS RUNNERS	h	OSRunners	112	52.8		8:57.0	5:33.7
816	143	Ray Peckham	1:57:20.1	M	V55	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	315	14.4		8:57.0	5:33.7
817	1371	Abigail Lilly	1:57:20.2	F	FSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	113	52.3		8:57.0	5:33.7
818	417	Jonathan Brand	1:57:20.6	M	MSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	316	14.2		8:57.1	5:33.7
819	1087	Andrew Stubbington	1:57:20.8	M	V55	BOGNOR REGIS TONE ZONE RUNNERS	n					8:57.1	5:33.7
820	474	Shona Lewis	1:57:21.5	F	FV40	NETLEY ABBEY RUNNERS	h	Netley	114	51.9		8:57.1	5:33.8
821	79	Ceri Hunt	1:57:26.8	F	FSen		u					8:57.5	5:34.0
822	1219	Shirley Dyson-Laurie	1:57:29.7	F	FV70	WINCHESTER & DISTRICT AC	h	Winchester	115	51.5		8:57.8	5:34.1
823	1062	Rachel Gibbens	1:57:36.2	F	FSen		u					8:58.3	5:34.5
824	1406	Paul Eade	1:57:41.4	M	V60	EASTLEIGH RC	h	Eastleigh	317	13.9		8:58.7	5:34.7
825	1535	Melenie Murphy	1:57:42.4	F	FV50	CITY OF SALISBURY AC & RC	h	Salisbury	116	51.1		8:58.7	5:34.8
826	661	Damian Probett	1:57:42.8	M	V55	FARNHAM RUNNERS	h	Farnham Run	318	13.6		8:58.8	5:34.8
827	429	Chris Jones	1:57:43.6	M	V60	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	319	13.4		8:58.8	5:34.8
828	243	Rachel Mcculloch	1:57:48.8	F	FSen	TOTTON RC	h	Totton	117	50.6		8:59.2	5:35.1
829	268	Simon Evans	1:57:49.0	M	V45	PORTSMOUTH JOGGERS	h	PompeyJ	320	13.1		8:59.2	5:35.1
830	1276	Ros Cowdry	1:57:52.9	F	FV60		u					8:59.5	5:35.2
831	1230	Sarah Mccann	1:57:54.2	F	FV50	OVERTON HARRIERS & AC	h	Overton	118	50.2		8:59.6	5:35.3
832	1804	Millie Bent	1:57:58.4	F	FSen		u					8:59.9	5:35.5
833	1235	Annett Heitsch	1:58:01.7	F	FV50	LISS RUNNERS	h	Liss	119	49.8		9:00.2	5:35.7
834	1074	Daniel Bradley	1:58:03.2	M	MSen		u					9:00.3	5:35.7

835	305	Steve James	1:58:03.4	M	V50		u			9:00.3	5:35.7	
836	1401	Nicola Taylor	1:58:03.5	F	FV35		u			9:00.3	5:35.8	
837	185	Claire Procter	1:58:03.8	F	FV40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	120	49.4	9:00.4	5:35.8
838	983	Vicky Hamblin	1:58:09.0	F	FV45	CHINEHAM PARK RUNNING CLUB	n			9:00.8	5:36.0	
839	595	Abigail Hamilton	1:58:09.9	F	FV45	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	121	48.9	9:00.8	5:36.1
840	1821	Maria Islam	1:58:14.5	F	FV45		u			9:01.2	5:36.3	
841	1421	Maria Elena Ruiz-Zamora	1:58:15.5	F	FV50	CITY OF SALISBURY AC & RC	h	Salisbury	122	48.5	9:01.3	5:36.3
842	1818	Rosemary Chamberlain	1:58:15.8	F	FSen		u			9:01.3	5:36.3	
843	1701	Fabio Gazzola	1:58:16.5	M	V50		u			9:01.3	5:36.4	
844	1146	Claire Corbridge	1:58:17.0	F	FV50	LORDSHILL ROAD RUNNERS	h	Lordshill	123	48.1	9:01.4	5:36.4
845	340	Scott Hill	1:58:17.2	M	V40	OS RUNNERS	h	OSRunners	321	12.8	9:01.4	5:36.4
846	1791	Katie Mckernan	1:58:18.9	F	FV45		u			9:01.5	5:36.5	
847	805	Steve Conway	1:58:20.4	M	V50		u			9:01.6	5:36.6	
848	1445	Carl Howlett	1:58:23.0	M	MSen		u			9:01.8	5:36.7	
849	887	James Holgate	1:58:25.2	M	V40		u			9:02.0	5:36.8	
850	1719	Steve Carlyle	1:58:31.6	M	V45		u			9:02.5	5:37.1	
851	576	Pippa Hardisty	1:58:33.4	F	FV35	PORTSMOUTH JOGGERS	h	PompeyJ	124	47.7	9:02.6	5:37.2
852	1039	Liliana Oderstone	1:58:40.0	F	FSen	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	125	47.2	9:03.1	5:37.5
853	1033	Dave Macaulay	1:58:42.7	M	V45	LONELY GOAT ATHLETICS CLUB	n			9:03.3	5:37.6	
854	1213	Colin Warrington	1:58:47.6	M	V50	CITY OF SALISBURY AC & RC	h	Salisbury	322	12.5	9:03.7	5:37.8
855	706	Kate Holbrook	1:58:48.9	F	FV40	RYDE HARRIERS	h	Ryde	126	46.8	9:03.8	5:37.9
856	1095	Stewart Crosswell	1:58:48.9	M	MSen	HEDGE END RUNNING CLUB	h	Hedge End	323	12.3	9:03.8	5:37.9
857	1542	Tony Holcombe	1:58:49.6	M	V60	BOGNOR REGIS TONE ZONE RUNNERS	n			9:03.9	5:37.9	
858	1593	Jane Cooper	1:58:50.6	F	FV50		u			9:03.9	5:38.0	
859	56	Paul Doust	1:58:53.1	M	V50		u			9:04.1	5:38.1	
860	188	Alice Lane	1:59:05.7	F	FV50	ROMSEY ROAD RUNNERS	h	Romsey	127	46.4	9:05.1	5:38.7
861	1349	Richard Coleman	1:59:07.0	M	V50		u			9:05.2	5:38.8	
862	845	Jo Bridle	1:59:12.2	F	FV45	LONELY GOAT ATHLETICS CLUB	n			9:05.6	5:39.0	
863	114	Linda Pukinska	1:59:17.4	F	FV35	VICTORY AC	h	Victory	128	46.0	9:06.0	5:39.3
864	298	Mel Green	1:59:17.8	F	FV40	TOTTON RC	h	Totton	129	45.5	9:06.0	5:39.3
865	969	Jenny Parks	1:59:20.9	F	FV55	DENMEAD STRIDERS	h	Denmead	130	45.1	9:06.2	5:39.4
866	1579	Amy Rook	1:59:21.1	F	FV35		u			9:06.3	5:39.4	
867	1693	Rebecca Dowling	1:59:21.4	F	FSen		u			9:06.3	5:39.4	
868	1577	Stephanie Lowry	1:59:21.7	F	FSen		u			9:06.3	5:39.5	
869	1400	Kate Viney	1:59:22.0	F	FV45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	131	44.7	9:06.3	5:39.5

870	1778	Sarah Holmes	1:59:23.4	F	FV45		u				9:06.4	5:39.5
871	640	Vicky Goodluck	1:59:24.3	F	FV50	FARNHAM RUNNERS	h	Farnham Run	132	44.3	9:06.5	5:39.6
872	1628	David Male	1:59:26.1	M	V60	WAVERLEY HARRIERS	n				9:06.6	5:39.7
873	744	Nigel So	1:59:26.6	M	V55		u				9:06.7	5:39.7
874	94	Clare Morris	1:59:27.8	F	FV45	LONELY GOAT ATHLETICS CLUB	n				9:06.8	5:39.7
875	1572	Catie Pettit	1:59:32.9	F	FV40		u				9:07.2	5:40.0
876	284	Craig Taylor	1:59:36.0	M	V45	TOTTON RC	h	Totton	324	12.0	9:07.4	5:40.1
877	1201	Adam Dobson	1:59:37.0	M	MSen		u				9:07.5	5:40.2
878	728	Alex Tucker	1:59:47.1	M	MSen	NETLEY ABBEY RUNNERS	h	Netley	325	11.7	9:08.2	5:40.7
879	1218	Louise Henning	1:59:50.3	F	FV45	TOTTON RC	h	Totton	133	43.8	9:08.5	5:40.8
880	228	Carly Lucas	1:59:51.1	F	FV40	TOTTON RC	h	Totton	134	43.4	9:08.5	5:40.9
881	286	Julie Rasmussen	1:59:57.2	F	FV50	ISLE OF WIGHT RR AC	h	IOW RR	135	43.0	9:09.0	5:41.1
882	687	Emily Skew	2:00:15.2	F	FV35	ABSOLUTE 545 RUNNING CLUB	n				9:10.4	5:42.0
883	183	David Kinloch	2:00:18.4	M	MSen	HEDGE END RUNNING CLUB	h	Hedge End	326	11.4	9:10.6	5:42.1
884	1347	Brent Jeffs	2:00:19.1	M	V45		u				9:10.7	5:42.2
885	567	Georgie Stait	2:00:20.5	F	FV35	PORTSMOUTH JOGGERS	h	PompeyJ	136	42.6	9:10.8	5:42.2
886	1374	Neil Mccann	2:00:24.0	M	V50	OVERTON HARRIERS & AC	h	Overton	327	11.2	9:11.1	5:42.4
887	394	Jenna Lloyd	2:00:38.2	F	FSen		u				9:12.1	5:43.1
888	1663	Michael Beeching	2:00:38.8	M	MSen		u				9:12.2	5:43.1
889	221	Tim Matthews	2:00:39.0	M	V45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	328	10.9	9:12.2	5:43.1
890	582	Marc Holmes	2:00:41.5	M	MSen	SOUTHAMPTON ATHLETIC CLUB	h	So'ton AC	329	10.6	9:12.4	5:43.2
891	933	Phil Rawlings	2:00:45.5	M	V45	NETLEY ABBEY RUNNERS	h	Netley	330	10.4	9:12.7	5:43.4
892	1477	Matthew Brown	2:00:46.1	M	V40		u				9:12.7	5:43.5
893	1089	Nick Green	2:00:48.7	M	V40	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	331	10.1	9:12.9	5:43.6
894	496	James Yorke	2:00:51.5	M	V40		u				9:13.2	5:43.7
895	502	Kim Stroud	2:00:51.6	F	FV35		u				9:13.2	5:43.7
896	1171	Alan Bryant	2:00:52.9	M	V50		u				9:13.3	5:43.8
897	751	Carol Marlow	2:00:53.8	F	FV50	EDMONTON RC	n				9:13.3	5:43.8
898	444	Rachel Dolman	2:00:57.0	F	FV50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	137	42.1	9:13.6	5:44.0
899	1787	Jessica Moore	2:00:57.4	F	FSen	SOLENT RUNNING SISTERS	h	Solent Sis	138	41.7	9:13.6	5:44.0
900	1079	Steve Wood	2:00:59.6	M	V60		u				9:13.8	5:44.1
901	427	Brian Billington	2:01:00.6	M	V50		u				9:13.8	5:44.1
902	379	Caroline Bamford	2:01:00.7	F	FV55		u				9:13.9	5:44.1
903	1319	Charlotte Owen	2:01:15.1	F	FSen		u				9:15.0	5:44.8
904	1248	Sara Needham	2:01:27.7	F	FV40	NEWQUAY ROAD RUNNERS	n				9:15.9	5:45.4

905	800	Roger Jones	2:01:35.6	M	V65	DENMEAD STRIDERS	h	Denmead	332	9.8	9:16.5	5:45.8
906	387	Martin Todd	2:01:38.0	M	MSen		u				9:16.7	5:45.9
907	1199	Charlotte Sharman	2:01:41.2	F	FV60	WINCHESTER & DISTRICT AC	h	Winchester	139	41.3	9:16.9	5:46.1
908	1733	Dean Skerratt	2:02:01.0	M	V40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	333	9.5	9:18.5	5:47.0
909	1653	Steve Longley	2:02:01.4	M	MSen		u				9:18.5	5:47.0
910	413	Jane Whiteley	2:02:04.3	F	FV55	CITY OF SALISBURY AC & RC	h	Salisbury	140	40.9	9:18.7	5:47.2
911	1482	Ben Davies	2:02:04.6	M	V45		u				9:18.7	5:47.2
912	66	Lorraine Sault	2:02:05.1	F	FV55	EASTLEIGH RC	h	Eastleigh	141	40.4	9:18.8	5:47.2
913	32	Abbie Tarrant	2:02:07.1	F	FSen	ALTON RUNNERS	h	Alton	142	40.0	9:18.9	5:47.3
914	1027	Michael Osborne	2:02:11.4	M	V60	PORTSMOUTH TRIATHLETES	n				9:19.2	5:47.5
915	493	James Shoulder	2:02:12.2	M	MSen	ISLE OF WIGHT RR AC	h	IOW RR	334	9.3	9:19.3	5:47.5
916	923	Paul Warren	2:02:18.8	M	V55	HATCH WARREN RUNNERS	n				9:19.8	5:47.9
917	292	Jane Andrew	2:02:25.0	F	FV55	ISLE OF WIGHT RR AC	h	IOW RR	143	39.6	9:20.3	5:48.1
918	303	Louise Clark	2:02:26.5	F	FV40		u				9:20.4	5:48.2
919	1722	Sandra Haine	2:02:27.6	F	FV60		u				9:20.5	5:48.3
920	1777	Sue Edser	2:02:29.1	F	FV50	SOLENT RUNNING SISTERS	h	Solent Sis	144	39.1	9:20.6	5:48.3
921	1189	Tony Hoskinson	2:02:31.4	M	V60	VICTORY AC	h	Victory	335	9.0	9:20.8	5:48.4
922	851	Steven Orton	2:02:47.4	M	V45		u				9:22.0	5:49.2
923	229	Chris Stothard	2:02:50.7	M	V55	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	336	8.7	9:22.2	5:49.4
924	83	Lee Jordan	2:02:53.4	M	V40		u				9:22.5	5:49.5
925	76	Louise Newman	2:02:54.4	F	FV40	PORTSMOUTH JOGGERS	h	PompeyJ	145	38.7	9:22.5	5:49.5
926	1346	Holly Young	2:02:58.8	F	FSen	FARNHAM TOWN RUNNING CLUB	h	Farnham Town	146	38.3	9:22.9	5:49.7
927	1154	Shaun Davey	2:03:04.3	M	V40	NETLEY ABBEY RUNNERS	h	Netley	337	8.4	9:23.3	5:50.0
928	369	George Howarth	2:03:08.3	M	V60	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	338	8.2	9:23.6	5:50.2
929	1744	Lynne Simpson	2:03:16.2	F	FV45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	147	37.9	9:24.2	5:50.6
930	1329	Kimberley Achurch	2:03:16.5	F	FV35	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	148	37.4	9:24.2	5:50.6
931	875	Kevin Balfour	2:03:16.5	M	V50	EASTLEIGH RC	h	Eastleigh	339	7.9	9:24.2	5:50.6
932	95	Nigel Feast	2:03:17.3	M	V65	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	340	7.6	9:24.3	5:50.6
933	1132	Tim Cooper	2:03:18.7	M	V50	VICTORY AC	h	Victory	341	7.4	9:24.4	5:50.7
934	1376	Scarlett Cooper	2:03:19.3	F	FSen		u				9:24.4	5:50.7
935	60	Nick Clark	2:03:22.1	M	V45		u				9:24.6	5:50.9
936	59	Carl Stephens	2:03:22.9	M	V45		u				9:24.7	5:50.9
937	1583	Alessandra Costantino	2:03:24.7	F	FSen		u				9:24.8	5:51.0
938	1043	Jennifer Gallop	2:03:30.1	F	FV35		u				9:25.3	5:51.2
939	1780	George Reinhart	2:03:30.6	M	MSen		u				9:25.3	5:51.3

940	1781	David Reynhart	2:03:31.4	M	V55	FETCH EVERYONE	n					9:25.4	5:51.3
941	907	Colin Godfrey	2:03:33.1	M	V50		u					9:25.5	5:51.4
942	1352	Vicki Evans	2:03:33.3	F	FV40		u					9:25.5	5:51.4
943	178	Tilli Brown	2:03:33.8	F	FV40		u					9:25.5	5:51.4
944	1267	Lucy Hewitt	2:03:34.8	F	FV50	NEWQUAY ROAD RUNNERS	n					9:25.6	5:51.5
945	917	Allison Walker	2:03:37.2	F	FV45		u					9:25.8	5:51.6
946	1131	Ruth Bartlett	2:03:51.5	F	FV55	LORDSHILL ROAD RUNNERS	h	Lordshill	149	37.0		9:26.9	5:52.2
947	1440	Lisa Davies	2:03:55.3	F	FV40	HARWELL HARRIERS	n					9:27.2	5:52.4
948	924	Debbie Fawcett	2:03:58.4	F	FV50		u					9:27.4	5:52.6
949	1304	Kat Chowns	2:03:58.6	F	FV35	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	150	36.6		9:27.4	5:52.6
950	93	Ian Tracey	2:04:00.7	M	V40		u					9:27.6	5:52.7
951	1250	Ian Hoare	2:04:06.3	M	V55	HATCH WARREN RUNNERS	n					9:28.0	5:52.9
952	198	David Hughes	2:04:15.0	M	V40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	342	7.1		9:28.7	5:53.4
953	1716	Dean Pollard	2:04:16.1	M	MSen		u					9:28.8	5:53.4
954	290	Kate Buttimer	2:04:36.0	F	FV40	CITY OF SALISBURY AC & RC	h	Salisbury	151	36.2		9:30.3	5:54.4
955	1629	Teresa Male	2:04:38.1	F	FV60	WAVERLEY HARRIERS	n					9:30.4	5:54.5
956	28	Amanda Boyd	2:04:52.9	F	FV60	VICTORY AC	h	Victory	152	35.7		9:31.6	5:55.2
957	1416	Nadia Shepherd	2:05:00.2	F	FSen		u					9:32.1	5:55.5
958	959	Charlotte Routledge	2:05:03.2	F	FV40	CITY OF SALISBURY AC & RC	h	Salisbury	153	35.3		9:32.4	5:55.6
959	871	Caroline Curliss	2:05:05.2	F	FV40	ISLE OF WIGHT RR AC	h	IOW RR	154	34.9		9:32.5	5:55.7
960	593	James Mountford	2:05:15.7	M	MSen		u					9:33.3	5:56.2
961	761	Andrew Walker	2:05:16.0	M	V40	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	343	6.8		9:33.3	5:56.3
962	906	Alison Bonathan	2:05:19.8	F	FV35		u					9:33.6	5:56.4
963	287	David Mallard	2:05:21.1	M	V60		u					9:33.7	5:56.5
964	942	Adrian Field	2:05:21.7	M	V55	WINCHESTER & DISTRICT AC	h	Winchester	344	6.5		9:33.8	5:56.5
965	1978	Busi Liddel	2:05:50.8	F	FV45		u					9:36.0	5:57.9
966	798	Grant Griffiths	2:05:53.9	M	V50		u					9:36.2	5:58.0
967	1998	Emily Corbett	2:05:55.2	F	FV45		u					9:36.3	5:58.1
968	866	Pamela Crawford	2:05:55.3	F	FV50		u					9:36.3	5:58.1
969	1037	Stuart Edwards	2:05:57.2	M	V45		u					9:36.5	5:58.2
970	1152	Gilly Eldridge	2:06:07.8	F	FV55	LORDSHILL ROAD RUNNERS	h	Lordshill	155	34.5		9:37.3	5:58.7
971	344	Christine Gant	2:06:11.3	F	FV35	RUN THINGS RUN CLUB	n					9:37.5	5:58.9
972	35	Peter Scammell	2:06:15.0	M	V65		u					9:37.8	5:59.0
973	301	Donna Pike	2:06:17.1	F	FV40	TOTTON RC	h	Totton	156	34.0		9:38.0	5:59.1
974	879	Alicia Burr	2:06:21.5	F	FSen	ISLE OF WIGHT RR AC	h	IOW RR	157	33.6		9:38.3	5:59.4

975	1054	Sharon Avery	2:06:37.5	F	FV45	HARDLEY RUNNERS	h	Hardley	158	33.2	9:39.5	6:00.1
976	1419	Lorraine Harrison	2:06:40.3	F	FV50		u				9:39.8	6:00.2
977	408	Anthony Quinn	2:06:42.7	M	V55	PORTSMOUTH JOGGERS	h	PompeyJ	345	6.3	9:39.9	6:00.4
978	1827	Clare Taylor	2:06:43.2	F	FV40		u				9:40.0	6:00.4
979	63	Lee Torrens	2:06:48.8	M	V50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	346	6.0	9:40.4	6:00.6
980	998	Tracey Marsh	2:06:57.4	F	FV55	RUN VERITY	n				9:41.1	6:01.1
981	562	Lesley Connolly	2:06:59.0	F	FV50	CRAWLEY SAINTS & SINNERS RUNNING CLUB	n				9:41.2	6:01.1
982	1555	Dan Dempsey	2:07:02.6	M	MSen		u				9:41.5	6:01.3
983	201	Jonathan Channing	2:07:06.4	M	V40		u				9:41.8	6:01.5
984	546	Jennifer Crowe	2:07:07.4	F	FV45		u				9:41.8	6:01.5
985	613	Michelle Yates	2:07:08.7	F	FV35		u				9:41.9	6:01.6
986	1529	Bridie Strachan	2:07:10.1	F	FSen	DENMEAD STRIDERS	h	Denmead	159	32.8	9:42.0	6:01.7
987	554	Philip Page	2:07:14.5	M	V50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	347	5.7	9:42.4	6:01.9
988	572	Virginia Collins	2:07:31.1	F	FV65	TOTTON RC	h	Totton	160	32.3	9:43.6	6:02.7
989	466	Shona Rust	2:07:35.9	F	FV45	ABSOLUTE 545 RUNNING CLUB	n				9:44.0	6:02.9
990	1137	Philippa Gammie	2:07:37.9	F	FV40	WINCHESTER FIT CLUB RC	n				9:44.2	6:03.0
991	1387	Julia Potter	2:07:48.5	F	FV45		u				9:45.0	6:03.5
992	447	Gavin Mcmillan	2:07:49.5	M	V60	EASTLEIGH RC	h	Eastleigh	348	5.4	9:45.0	6:03.5
993	1377	Sarah Hart	2:07:50.0	F	FV45	ALTON RUNNERS	h	Alton	161	31.9	9:45.1	6:03.6
994	1703	Paul Coates	2:07:50.9	M	V65		u				9:45.1	6:03.6
995	1743	Tuduetso Mhutsiwa	2:08:06.5	F	FV40	BOGNOR REGIS TONE ZONE RUNNERS	n				9:46.3	6:04.3
996	263	Tina Allingham	2:08:10.5	F	FV50		u				9:46.6	6:04.5
997	1661	Rachel Mills	2:08:11.8	F	FV40	WINCHESTER FIT CLUB RC	n				9:46.7	6:04.6
998	1098	David Brown	2:08:15.8	M	V65		u				9:47.0	6:04.8
999	807	Hugh Bethell	2:08:18.4	M	V75	ALTON RUNNERS	h	Alton	349	5.2	9:47.2	6:04.9
1000	1728	Dyfan Rowlands	2:08:18.7	M	MSen		u				9:47.3	6:04.9
1001	244	Katie Mahoney	2:08:19.0	F	FV35	CITY OF SALISBURY AC & RC	h	Salisbury	162	31.5	9:47.3	6:04.9
1002	1770	Andrew Bezer	2:08:24.2	M	V55		u				9:47.7	6:05.2
1003	678	Joanne Bowes	2:08:28.7	F	FV40		u				9:48.0	6:05.4
1004	1186	Matthew Bolton	2:08:34.0	M	V45		u				9:48.4	6:05.6
1005	1084	Phoebe Meades	2:08:35.3	F	FSen		u				9:48.5	6:05.7
1006	1465	Jef Hutchby	2:08:41.3	M	V55	CITY OF SALISBURY AC & RC	h	Salisbury	350	4.9	9:49.0	6:06.0
1007	77	Emma Gale	2:08:42.2	F	FV45		u				9:49.1	6:06.0
1008	1740	Philip Welch	2:08:45.9	M	V50		u				9:49.3	6:06.2

1009	165	Dawn Haynes-Sewell	2:08:47.3	F	FV50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	163	31.1	9:49.4	6:06.3
1010	1429	Louise Cooke-Davies	2:08:47.6	F	FV50	NEWQUAY ROAD RUNNERS	n				9:49.5	6:06.3
1011	1761	Rich Eburne	2:09:01.5	M	V45	CHINEHAM PARK RUNNING CLUB	n				9:50.5	6:06.9
1012	1228	Victoria Couzens	2:09:05.0	F	FV35	TOTTON RC	h	Totton	164	30.6	9:50.8	6:07.1
1013	1785	Peter Anderson	2:09:05.5	M	V55	CHICHESTER RUNNERS & AC	n				9:50.8	6:07.1
1014	1305	Colin Martin	2:09:08.2	M	V55		u				9:51.0	6:07.3
1015	1444	Tony Gilmour	2:09:09.4	M	V65		u				9:51.1	6:07.3
1016	69	Natasha White	2:09:09.6	F	FV45	LONELY GOAT ATHLETICS CLUB	n				9:51.1	6:07.3
1017	1742	Gavin Mills	2:09:11.7	M	V40	BOGNOR REGIS TONE ZONE RUNNERS	n				9:51.3	6:07.4
1018	1287	Carol Sergeant	2:09:17.5	F	FV50	HEDGE END RUNNING CLUB	h	Hedge End	165	30.2	9:51.8	6:07.7
1019	1360	Louise Holliday	2:09:33.1	F	FV50	ROMSEY ROAD RUNNERS	h	Romsey	166	29.8	9:52.9	6:08.4
1020	1326	Claire Parker	2:09:41.2	F	FV45		u				9:53.6	6:08.8
1021	236	Matt Dennis	2:09:42.5	M	V50		u				9:53.7	6:08.9
1022	835	Chris Horton	2:09:45.9	M	V50		u				9:53.9	6:09.0
1023	288	Lisa Upstell	2:09:58.2	F	FV40	ISLE OF WIGHT RR AC	h	IOW RR	167	29.4	9:54.9	6:09.6
1024	1042	Lisa Willetts	2:10:20.4	F	FV40	HATCH WARREN RUNNERS	n				9:56.6	6:10.7
1025	1104	Paul Stansfield	2:10:21.7	M	V50		u				9:56.6	6:10.7
1026	1208	Iain Hamilton	2:10:21.7	M	V50		u				9:56.6	6:10.7
1027	1418	Louise Barton	2:10:27.3	F	FSen		u				9:57.1	6:11.0
1028	824	Justine Read	2:10:28.2	F	FV45		u				9:57.1	6:11.0
1029	956	Neil Richards	2:10:29.7	M	V50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	351	4.6	9:57.3	6:11.1
1030	882	Paul Fowler	2:10:35.8	M	V55		u				9:57.7	6:11.4
1031	85	Sam Cox	2:10:36.1	F	FV35		u				9:57.7	6:11.4
1032	527	Fiona Buck	2:10:44.0	F	FV50	PORTSMOUTH TRIATHLETES	n				9:58.4	6:11.8
1033	251	Shelley Tolcher	2:10:53.8	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	168	28.9	9:59.1	6:12.3
1034	227	Hayley Fagelman	2:10:53.8	F	FV35		u				9:59.1	6:12.3
1035	169	Sabiene North	2:11:00.3	F	FV40	HARWELL HARRIERS	n				9:59.6	6:12.6
1036	375	Gail Osborne	2:11:00.3	F	FV60		u				9:59.6	6:12.6
1037	374	Stuart Nicholson	2:11:04.0	M	V65		u				9:59.9	6:12.7
1038	1993	Sam Staples	2:11:09.7	F	FSen		u				10:00.3	6:13.0
1039	967	Maggie Niland	2:11:10.9	F	FV55	ISLE OF WIGHT RR AC	h	IOW RR	169	28.5	10:00.4	6:13.1
1040	224	Grace Cousins	2:11:18.8	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	170	28.1	10:01.0	6:13.4
1041	150	Helen Carlton	2:11:19.2	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	171	27.7	10:01.0	6:13.5
1042	326	Teresa Robson	2:11:19.3	F	FV50		u				10:01.0	6:13.5
1043	669	Victoria Collinson	2:11:19.8	F	FV40		u				10:01.1	6:13.5

1044	361	Claire Kelson	2:11:28.5	F	FV40		u				10:01.7	6:13.9
1045	338	Laura Kay	2:11:29.0	F	FV40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	172	27.2	10:01.8	6:13.9
1046	1735	Nicola Smith	2:11:39.5	F	FV50	WOOTTON BRIDGE RUNNERS	n				10:02.6	6:14.4
1047	1348	Kate Jeffs	2:11:40.2	F	FV40		u				10:02.6	6:14.5
1048	1746	Adrian Hume	2:11:40.3	M	V50		u				10:02.6	6:14.5
1049	1613	Ann-Marie Bonwick	2:11:49.3	F	FV50		u				10:03.3	6:14.9
1050	943	Robert Banham	2:11:52.0	M	V50		u				10:03.5	6:15.0
1051	936	Ben Robinson	2:11:53.0	M	MSen		u				10:03.6	6:15.1
1052	353	Erika Tavener	2:11:53.1	F	FV45		u				10:03.6	6:15.1
1053	10	Anjella Coote	2:12:02.5	F	FV50	PORTSMOUTH JOGGERS	h	PompeyJ	173	26.8	10:04.3	6:15.5
1054	260	Richard Coote	2:12:03.7	M	V45	PORTSMOUTH JOGGERS	h	PompeyJ	352	4.4	10:04.4	6:15.6
1055	1139	Julie Hibbert	2:12:04.7	F	FV50		u				10:04.5	6:15.6
1056	1342	Lynda Wheeler	2:12:10.3	F	FV65	CHINEHAM PARK RUNNING CLUB	n				10:04.9	6:15.9
1057	1322	Rachel Thompson	2:12:10.7	F	FV40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	174	26.4	10:05.0	6:15.9
1058	16	Olivia Robbins	2:12:12.5	F	FSen		u				10:05.1	6:16.0
1059	1226	Teresa Dodkin	2:12:17.4	F	FV50	TOTTON RC	h	Totton	175	26.0	10:05.5	6:16.2
1060	358	Jonathan Isherwood	2:12:22.7	M	V45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	353	4.1	10:05.9	6:16.5
1061	146	Jodie Isherwood	2:12:22.9	F	FV45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	176	25.5	10:05.9	6:16.5
1062	367	Claire Lockyer	2:12:36.3	F	FV45	NETLEY ABBEY RUNNERS	h	Netley	177	25.1	10:06.9	6:17.1
1063	522	Andrew Chamberlain	2:12:36.4	M	V60		u				10:06.9	6:17.1
1064	239	Samantha Bowyer	2:12:48.7	F	FV40	TOTTON RC	h	Totton	178	24.7	10:07.9	6:17.7
1065	1362	Julia Ball	2:12:49.0	F	FV35		u				10:07.9	6:17.7
1066	1558	Katy Hughes	2:12:54.5	F	FV40		u				10:08.3	6:18.0
1067	285	Gill Bushell	2:12:56.7	F	FV55	ISLE OF WIGHT RR AC	h	IOW RR	179	24.3	10:08.5	6:18.1
1068	289	Kevin Winchcombe	2:12:57.6	M	V50	ISLE OF WIGHT RR AC	h	IOW RR	354	3.8	10:08.5	6:18.1
1069	409	Louise Kennedy	2:13:02.5	F	FV40		u				10:08.9	6:18.4
1070	1589	Philip Attwood	2:13:07.3	M	V40		u				10:09.3	6:18.6
1071	1431	Kim Holloway	2:13:13.1	F	FV55		u				10:09.7	6:18.9
1072	600	Karen Hoggarth	2:13:30.8	F	FV50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	180	23.8	10:11.1	6:19.7
1073	1452	Danielle Parkhurst	2:13:32.7	F	FSen		u				10:11.2	6:19.8
1074	1520	Meg Grocott	2:13:39.0	F	FSen		u				10:11.7	6:20.1
1075	1424	Jade Webster	2:13:48.0	F	FSen		u				10:12.4	6:20.5
1076	1600	Duncan Wright	2:13:48.8	M	MSen		u				10:12.4	6:20.6
1077	1075	Anthony Lewis	2:13:48.9	M	MSen		u				10:12.5	6:20.6
1078	1814	Steve Horn	2:13:50.9	M	V60		u				10:12.6	6:20.7

1079	1767	Krisztina Velkey-Cleeve	2:14:02.6	F	FSen		u				10:13.5	6:21.2
1080	865	Hannah Phillips	2:14:07.2	F	FSen	LORDSHILL ROAD RUNNERS	h	Lordshill	181	23.4	10:13.9	6:21.4
1081	1732	Harriet Foster	2:14:08.1	F	FSen		u				10:13.9	6:21.5
1082	966	Rachel Hall	2:14:10.6	F	FV35	ABSOLUTE 545 RUNNING CLUB	n				10:14.1	6:21.6
1083	1826	Gordon Long	2:14:26.6	M	V70		u				10:15.3	6:22.3
1084	376	Irene Cruickshank	2:14:48.0	F	FV65	PORTSMOUTH JOGGERS	h	PompeyJ	182	23.0	10:17.0	6:23.4
1085	823	William Read	2:14:49.8	M	V60		u				10:17.1	6:23.4
1086	1587	Lynda Keech	2:14:54.6	F	FV60	CITY OF SALISBURY AC & RC	h	Salisbury	183	22.6	10:17.5	6:23.7
1087	535	Chris Davies	2:14:56.6	M	MSen		u				10:17.6	6:23.8
1088	791	Sarah Holland	2:14:57.1	F	FV45		u				10:17.7	6:23.8
1089	1618	Kevin Oconnor	2:15:07.4	M	V45		u				10:18.4	6:24.3
1090	1165	Anna Sindall	2:15:16.3	F	FV35		u				10:19.1	6:24.7
1091	1164	Thomas Sindall	2:15:17.1	M	MSen		u				10:19.2	6:24.7
1092	616	Cate Mullen	2:15:33.7	F	FV45		u				10:20.4	6:25.5
1093	283	Roger Hookey	2:15:53.0	M	V60	WEST WIGHT ROAD RUNNERS	n				10:21.9	6:26.4
1094	75	Laura Rolland	2:16:03.6	F	FV35	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	184	22.1	10:22.7	6:26.9
1095	1127	Cecily Headley	2:16:06.8	F	FV45		u				10:23.0	6:27.1
1096	1307	Ian Dawson	2:16:15.6	M	V45		u				10:23.6	6:27.5
1097	1575	Siobhan Mintoff	2:16:17.7	F	FSen		u				10:23.8	6:27.6
1098	120	Paul Parker	2:16:19.8	M	V40		u				10:24.0	6:27.7
1099	103	Marie Dure	2:16:40.8	F	FV40	LONELY GOAT ATHLETICS CLUB	n				10:25.6	6:28.7
1100	1141	Simon Lyth	2:16:41.9	M	V45		u				10:25.7	6:28.8
1101	1399	Wendy Gulliver	2:16:47.2	F	FV35		u				10:26.1	6:29.0
1102	332	Petra Oyston	2:17:06.1	F	FV55	CITY OF SALISBURY AC & RC	h	Salisbury	185	21.7	10:27.5	6:29.9
1103	462	Gemma Sprack	2:17:21.3	F	FV35		u				10:28.7	6:30.6
1104	8	Sarah Hughes	2:17:25.1	F	FV55	NETLEY ABBEY RUNNERS	h	Netley	186	21.3	10:28.9	6:30.8
1105	423	Rachel Jarvis	2:17:38.0	F	FV65	VICTORY AC	h	Victory	187	20.9	10:29.9	6:31.4
1106	524	Victoria Tickner	2:17:47.4	F	FV45		u				10:30.6	6:31.9
1107	523	Carol Eastwood	2:17:48.2	F	FV50		u				10:30.7	6:31.9
1108	806	Mike Stenning	2:17:50.2	M	V65		u				10:30.9	6:32.0
1109	6	Sarah Barron	2:18:10.0	F	FV50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	188	20.4	10:32.4	6:32.9
1110	844	Jamie Atkinson	2:18:34.4	F	FSen	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	189	20.0	10:34.2	6:34.1
1111	204	Joanna Reed	2:18:34.6	F	FV50	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	190	19.6	10:34.2	6:34.1
1112	1021	Kirstyn Warne	2:18:50.1	F	FSen		u				10:35.4	6:34.8
1113	955	Gary Galton	2:18:59.0	M	V45		u				10:36.1	6:35.3

1114	634	Gill Goodwin	2:19:01.1	F	FV65	WINCHESTER & DISTRICT AC	h	Winchester	191	19.1	10:36.3	6:35.4
1115	137	Frank Wood	2:19:02.4	M	V55		u				10:36.4	6:35.4
1116	269	Anne Platt	2:19:03.0	F	FV60		u				10:36.4	6:35.4
1117	834	Matthew Hanlon	2:19:15.0	M	V50	LONELY GOAT ATHLETICS CLUB	n				10:37.3	6:36.0
1118	606	Jane Scrase	2:19:17.4	F	FSen	ALTON RUNNERS	h	Alton	192	18.7	10:37.5	6:36.1
1119	330	Amanda Chalk	2:19:27.6	F	FV55	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	193	18.3	10:38.3	6:36.6
1120	968	David Parkes	2:19:30.8	M	V55		u				10:38.5	6:36.8
1121	948	Michael Ralls	2:19:32.5	M	V65	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	355	3.5	10:38.7	6:36.8
1122	1297	Laura Goss	2:19:32.9	F	FV35		u				10:38.7	6:36.9
1123	786	Lisa Reynolds	2:19:32.9	F	FV35	SOLENT RUNNING SISTERS	h	Solent Sis	194	17.9	10:38.7	6:36.9
1124	1367	Carly Eeles	2:19:50.0	F	FV35	ALTON RUNNERS	h	Alton	195	17.4	10:40.0	6:37.7
1125	884	Derek Mcgilvray	2:19:51.3	M	V45	ANDOVER AC	h	Andover	356	3.3	10:40.1	6:37.7
1126	230	Liz Roper	2:19:57.3	F	FV45		u				10:40.6	6:38.0
1127	992	Clare O'meara	2:20:16.2	F	FV45		u				10:42.0	6:38.9
1128	520	Steve Barker	2:20:17.5	M	V55		u				10:42.1	6:39.0
1129	812	Rosie Castle	2:20:22.4	F	FSen		u				10:42.5	6:39.2
1130	380	Michelle Young	2:20:41.6	F	FV50		u				10:43.9	6:40.1
1131	1280	Jennie Barrow	2:20:42.4	F	FV40		u				10:44.0	6:40.2
1132	1279	Andrea Lutman	2:20:43.1	F	FV45		u				10:44.1	6:40.2
1133	1714	Michael Warner	2:20:54.9	M	V65	WOKING AC	n				10:45.0	6:40.8
1134	688	Craig Thompson	2:20:56.2	M	V45		u				10:45.0	6:40.8
1135	1692	Anna Sampson	2:21:00.3	F	FV45		u				10:45.4	6:41.0
1136	937	Richard Holmes	2:21:05.9	M	V55		u				10:45.8	6:41.3
1137	889	David Holmes	2:21:06.3	M	MSen		u				10:45.8	6:41.3
1138	1361	James Savage	2:21:08.6	M	V55	BOGNOR REGIS TONE ZONE RUNNERS	n				10:46.0	6:41.4
1139	1126	Lucy Ashton	2:21:11.2	F	FV40		u				10:46.2	6:41.5
1140	346	Claire Hanrahan	2:21:12.8	F	FV45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	196	17.0	10:46.3	6:41.6
1141	1019	Michelle Wilson	2:21:14.9	F	FV50		u				10:46.5	6:41.7
1142	1018	Richard Padgham	2:21:15.2	M	V45		u				10:46.5	6:41.7
1143	67	Gavin Norton	2:21:30.9	M	V50		u				10:47.7	6:42.5
1144	199	Rachael Hughes	2:21:31.8	F	FV40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	197	16.6	10:47.8	6:42.5
1145	1191	Anthony Salt	2:21:36.4	M	V55		u				10:48.1	6:42.7
1146	1518	Clare Welch	2:21:49.3	F	FV40	DENMEAD STRIDERS	h	Denmead	198	16.2	10:49.1	6:43.3
1147	1211	Jasvir Singh Modaher	2:21:50.2	M	V60	BRITISH AIRWAYS AC	n				10:49.2	6:43.4
1148	944	Michael Simms	2:22:00.8	M	V45	LORDSHILL ROAD RUNNERS	h	Lordshill	357	3.0	10:50.0	6:43.9

1149	778	Heather Fyfe	2:22:08.2	F	FV35		u					10:50.5	6:44.2
1150	89	Jo Havard	2:22:11.1	F	FV40	BAYSIDE TRI	n					10:50.8	6:44.4
1151	45	Richard Bayley	2:22:17.7	M	V45		u					10:51.3	6:44.7
1152	891	Claire Paffett	2:22:30.3	F	FV45		u					10:52.2	6:45.3
1153	48	Jackie Titcombe	2:22:41.0	F	FV55	NETLEY ABBEY RUNNERS	h	Netley	199	15.7		10:53.0	6:45.8
1154	1685	Alex Goddard	2:22:44.1	F	FV40		u					10:53.3	6:45.9
1155	37	Alun Chorlton	2:22:44.2	M	V40	NETLEY ABBEY RUNNERS	h	Netley	358	2.7		10:53.3	6:45.9
1156	1135	Katy Goodland	2:22:50.0	F	FSen		u					10:53.7	6:46.2
1157	1007	Liam Bradshaw	2:22:58.0	M	MSen		u					10:54.3	6:46.6
1158	1646	Sara Habberley	2:23:14.1	F	FV40		u					10:55.6	6:47.4
1159	1704	Chris Ginn	2:23:19.4	M	V40		u					10:56.0	6:47.6
1160	723	David Colvill	2:23:26.8	M	V50		u					10:56.5	6:48.0
1161	1768	Sam Graham	2:23:42.7	F	FV40	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	200	15.3		10:57.8	6:48.7
1162	1511	Kelvin Leitch	2:23:46.3	M	V55		u					10:58.0	6:48.9
1163	1765	Wayne Aylott	2:23:52.2	M	V50		u					10:58.5	6:49.2
1164	1247	Kerry Monaghan	2:23:52.4	F	FV50	CHINEHAM PARK RUNNING CLUB	n					10:58.5	6:49.2
1165	762	Dieter Sullivan	2:23:58.8	M	V65	DAVENTRY ROAD RUNNERS	n					10:59.0	6:49.5
1166	218	Lyn Murphy	2:24:06.5	F	FV55		u					10:59.6	6:49.8
1167	663	Lynne Ball	2:24:12.2	F	FV45		u					11:00.0	6:50.1
1168	1624	Jaime Hanlan	2:24:15.9	F	FV40		u					11:00.3	6:50.3
1169	1623	Robert Hanlan	2:24:16.0	M	V40		u					11:00.3	6:50.3
1170	1672	Meera Gunzi	2:24:20.4	F	FV40		u					11:00.6	6:50.5
1171	71	Penny Nash	2:24:39.5	F	FV50		u					11:02.1	6:51.4
1172	1289	Joanne Lewis	2:24:40.9	F	FV40		u					11:02.2	6:51.5
1173	1204	Alan Dobson	2:24:56.1	M	V60		u					11:03.3	6:52.2
1174	1803	Ian Stevens	2:25:08.7	M	V70	REDWAY RUNNERS	n					11:04.3	6:52.8
1175	1727	Jackie De Lisle	2:25:12.8	F	FV55	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	201	14.9		11:04.6	6:53.0
1176	324	Elizabeth Smith	2:25:31.6	F	FV40		u					11:06.1	6:53.9
1177	317	Sara Taylor	2:25:38.6	F	FV40	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	202	14.5		11:06.6	6:54.2
1178	1045	Helena Cully	2:25:49.6	F	FV45		u					11:07.4	6:54.7
1179	1604	John Madden	2:25:55.2	M	V55		u					11:07.9	6:55.0
1180	1468	John Tunley	2:25:56.5	M	MSen	LONDON CITY ATHLETICS CLUB	n					11:08.0	6:55.0
1181	1038	Rob Francis	2:26:02.9	M	MSen		u					11:08.4	6:55.4
1182	691	Olivia Titmuss	2:26:19.5	F	FSen		u					11:09.7	6:56.1
1183	692	Tanya Titmuss	2:26:21.6	F	FV50		u					11:09.9	6:56.2

1184	1514	Eileen Fitzgerald	2:26:23.6	F	FV50	SOLENT RUNNING SISTERS	h	Solent Sis	203	14.0	11:10.0	6:56.3
1185	1553	Imogene Hedges	2:26:23.9	F	FV45	SOLENT RUNNING SISTERS	h	Solent Sis	204	13.6	11:10.0	6:56.3
1186	699	Alison Sampson	2:26:40.7	F	FV45		u				11:11.3	6:57.1
1187	100	Dorothea Kennard	2:26:41.4	F	FV50	TOTTON RC	h	Totton	205	13.2	11:11.4	6:57.2
1188	118	Lorraine Ricketts	2:26:57.7	F	FV50	EXETER COLLEGE RUNNING CLUB	n				11:12.6	6:58.0
1189	542	Wayne Cannings	2:27:02.7	M	MSen	FORDY RUNS	n				11:13.0	6:58.2
1190	1193	Matthew Collins	2:27:04.1	M	MSen	EASTLEIGH RC	h	Eastleigh	359	2.5	11:13.1	6:58.3
1191	250	Gill Dickin	2:27:07.1	F	FV55		u				11:13.3	6:58.4
1192	1793	Leanne Harvey	2:27:22.5	F	FSen		u				11:14.5	6:59.1
1193	911	Elise Sheppard	2:27:29.0	F	FSen		u				11:15.0	6:59.4
1194	1402	Anne Norman	2:27:32.6	F	FV60	CITY OF SALISBURY AC & RC	h	Salisbury	206	12.8	11:15.3	6:59.6
1195	1041	Erika Meades	2:27:32.8	F	FV55		u				11:15.3	6:59.6
1196	1068	Collin French	2:27:38.3	M	V45		u				11:15.7	6:59.9
1197	1774	Lauren Harwood	2:27:46.4	F	FSen		u				11:16.3	7:00.3
1198	1820	Paula Gower-Cane	2:27:48.6	F	FV50		u				11:16.5	7:00.4
1199	325	Lisa Taylor	2:27:50.6	F	FV50	WEST WIGHT ROAD RUNNERS	n				11:16.7	7:00.5
1200	1274	Michael O'connell	2:28:00.9	M	V65	CITY OF SALISBURY AC & RC	h	Salisbury	360	2.2	11:17.4	7:00.9
1201	396	Gillian Shaw	2:28:04.0	F	FV65	ISLE OF WIGHT RR AC	h	IOW RR	207	12.3	11:17.7	7:01.1
1202	342	Sarah Jessup	2:28:10.2	F	FV45	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	208	11.9	11:18.2	7:01.4
1203	1695	Hannah Paine	2:28:19.1	F	FSen		u				11:18.8	7:01.8
1204	1757	Michelle Ede	2:28:27.8	F	FSen		u				11:19.5	7:02.2
1205	1758	Tina Ede	2:28:28.3	F	FV35	BOGNOR REGIS TONE ZONE RUNNERS	n				11:19.5	7:02.2
1206	681	Lucy Atkinson	2:28:40.7	F	FSen		u				11:20.5	7:02.8
1207	544	Louise Nicholson	2:28:53.4	F	FV35	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	209	11.5	11:21.5	7:03.4
1208	1524	Christine Perrior	2:29:02.7	F	FV65	DENMEAD STRIDERS	h	Denmead	210	11.1	11:22.2	7:03.9
1209	41	Liz Friend	2:29:14.8	F	FV50	EASTLEIGH RC	h	Eastleigh	211	10.6	11:23.1	7:04.4
1210	1698	James Small	2:29:16.2	M	MSen		u				11:23.2	7:04.5
1211	310	Amy Kelly	2:29:18.0	F	FV40		u				11:23.3	7:04.6
1212	789	Joanne Crisp	2:29:18.1	F	FV50		u				11:23.3	7:04.6
1213	725	Christine Russ	2:29:18.6	F	FV55		u				11:23.4	7:04.6
1214	790	Lorraine Van Coller	2:29:18.7	F	FV60		u				11:23.4	7:04.6
1215	1341	Louise Halfpenny	2:29:21.9	F	FV50		u				11:23.6	7:04.8
1216	1335	Amanda Styles	2:29:26.0	F	FV55		u				11:23.9	7:05.0
1217	1510	Kelly Rashleigh	2:29:27.3	F	FV40		u				11:24.0	7:05.0
1218	739	Hayley Dunford	2:29:37.9	F	FSen	HEDGE END RUNNING CLUB	h	Hedge End	212	10.2	11:24.8	7:05.5

1219	1081	Katie Churchill	2:29:52.6	F	FSen		u			11:26.0	7:06.2	
1220	1807	Nash Bhatoa	2:29:56.2	M	V45		u			11:26.2	7:06.4	
1221	988	Ruth Johnson	2:30:07.6	F	FV45	NETLEY ABBEY RUNNERS	h	Netley	213	9.8	11:27.1	7:07.0
1222	1032	David Gorham	2:30:30.9	M	V55		u			11:28.9	7:08.1	
1223	533	Alex Yorke	2:30:39.7	F	FV40		u			11:29.6	7:08.5	
1224	200	Lisa Ribeiro	2:31:08.5	F	FV40		u			11:31.8	7:09.8	
1225	745	William Carcary	2:31:20.9	M	V40		u			11:32.7	7:10.4	
						VICTORIA PARK HARRIERS AND TOWER						
1226	1270	Fiona Cobb	2:31:24.2	F	FV35	HAMLETS AC	n			11:33.0	7:10.6	
1227	1057	Rebecca Stancliffe	2:31:28.4	F	FV35		u			11:33.3	7:10.8	
1228	391	Sally King	2:31:32.4	F	FV40		u			11:33.6	7:11.0	
1229	393	Anne Hoult	2:31:43.9	F	FV55		u			11:34.5	7:11.5	
1230	690	Karla Fuzzard	2:32:12.8	F	FV45		u			11:36.7	7:12.9	
1231	321	Sarah Northcott	2:32:13.2	F	FV35	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	214	9.4	11:36.7	7:12.9
1232	1496	Kelly Ryder	2:32:18.1	F	FV35		u			11:37.1	7:13.1	
1233	952	Martin Heighway	2:32:22.8	M	V50		u			11:37.4	7:13.4	
1234	274	Michelle Wright	2:32:31.8	F	FV50		u			11:38.1	7:13.8	
1235	1438	Jacqueline Syson	2:32:31.9	F	FV60	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	215	8.9	11:38.1	7:13.8
1236	666	Katherine Angold	2:32:36.6	F	FSen		u			11:38.5	7:14.0	
1237	64	Lisa Mcguinness	2:32:53.2	F	FV45		u			11:39.7	7:14.8	
1238	1662	Kelly Hazeel	2:33:02.5	F	FSen		u			11:40.5	7:15.2	
1239	119	Jim Littleproud	2:33:06.5	M	V70		u			11:40.8	7:15.4	
1240	1266	Alan Tottle	2:33:10.9	M	V45	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	361	1.9	11:41.1	7:15.6
1241	1134	Tracey Nightingale	2:33:17.8	F	FV45	TOTTON RC	h	Totton	216	8.5	11:41.6	7:16.0
1242	1372	Zea Brenchley	2:33:18.0	F	FV35	TOTTON RC	h	Totton	217	8.1	11:41.6	7:16.0
1243	1365	Eileen Mcdowell	2:33:21.4	F	FV35		u			11:41.9	7:16.1	
1244	961	Jean Mcwilliam	2:33:25.0	F	FV50		u			11:42.2	7:16.3	
1245	1824	Gillian Shutler	2:33:28.3	F	FV60	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	218	7.7	11:42.4	7:16.5
1246	717	Harriet Manning	2:33:39.3	F	FSen		u			11:43.3	7:17.0	
1247	543	Catherine Blake	2:34:07.2	F	FV35	LISS RUNNERS	h	Liss	219	7.2	11:45.4	7:18.3
1248	1060	Julie Swainston	2:34:11.3	F	FV45	HARDLEY RUNNERS	h	Hardley	220	6.8	11:45.7	7:18.5
1249	368	Jacqueline Gent	2:34:49.3	F	FSen	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	221	6.4	11:48.6	7:20.3
1250	997	Laura Young	2:34:54.7	F	FSen		u			11:49.0	7:20.6	
1251	1601	Tracey Steer	2:35:03.9	F	FV50		u			11:49.7	7:21.0	
1252	414	Joanne Smith	2:35:17.4	F	FV50	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	222	6.0	11:50.7	7:21.6

1253	403	Joanne Barbary	2:36:26.3	F	FV50		u			11:56.0	7:24.9	
1254	401	Lynda Reid	2:36:26.3	F	FV45		u			11:56.0	7:24.9	
1255	716	Taryn Ingleheart	2:37:02.2	F	FSen		u			11:58.7	7:26.6	
1256	1000	Samantha Mcindoe	2:37:02.3	F	FV35		u			11:58.7	7:26.6	
1257	167	Lisa Phaure	2:37:31.1	F	FV45	CITY OF SALISBURY AC & RC	h	Salisbury	223	5.5	12:00.9	7:28.0
1258	1013	Hannah Field	2:38:11.2	F	FSen		u			12:04.0	7:29.9	
1259	1506	Chloe Pink	2:38:20.5	F	FSen		u			12:04.7	7:30.3	
1260	731	Marie Turner	2:38:38.4	F	FSen	LORDSHILL ROAD RUNNERS	h	Lordshill	224	5.1	12:06.1	7:31.2
1261	1336	Mike Faria	2:38:45.9	M	V50		u			12:06.6	7:31.5	
1262	1278	Roy Mcloughlin	2:38:56.3	M	V70	LORDSHILL ROAD RUNNERS	h	Lordshill	362	1.6	12:07.4	7:32.0
1263	1712	Steve Cranny	2:38:57.3	M	V60	FARNHAM TOWN RUNNING CLUB	h	Farnham Town	363	1.4	12:07.5	7:32.1
1264	1773	Richard Woolston	2:39:26.0	M	V45	CHICHESTER RUNNERS & AC	n			12:09.7	7:33.4	
1265	1986	Heather Marfleet	2:39:35.0	F	FV45	RUGBY & NORTHANTS ATHLETICS	n			12:10.4	7:33.8	
1266	1449	Andrea Parkinson	2:40:24.0	F	FV50		u			12:14.1	7:36.2	
1267	1413	Sarah Jane Clark	2:40:24.6	F	FV50	SLINN ALLSTARS	n			12:14.2	7:36.2	
1268	180	Stephanie Green	2:41:08.2	F	FV40		u			12:17.5	7:38.3	
1269	1129	Sophie Dunford	2:42:20.0	F	FSen		u			12:23.0	7:41.7	
1270	592	Mike Downs	2:42:25.8	M	V60		u			12:23.4	7:41.9	
1271	826	Katie Dunford	2:43:17.3	F	FSen	HEDGE END RUNNING CLUB	h	Hedge End	225	4.7	12:27.4	7:44.4
1272	144	Catherine Doherty	2:43:34.6	F	FV45		u			12:28.7	7:45.2	
1273	420	Sam Westwood	2:43:48.4	M	MSen		u			12:29.7	7:45.9	
1274	755	Melissa Jewer	2:44:11.3	F	FV40		u			12:31.5	7:46.9	
1275	756	Lorraine Hayward	2:44:11.6	F	FV45		u			12:31.5	7:47.0	
1276	407	Jane Frisby	2:44:39.7	F	FV55		u			12:33.6	7:48.3	
1277	276	Carole Wilton	2:44:40.5	F	FV50		u			12:33.7	7:48.3	
1278	53	Raman Sangha	2:44:45.8	F	FV65	VICTORY AC	h	Victory	226	4.3	12:34.1	7:48.6
1279	357	Alexandra Sprague	2:45:19.9	F	FSen	CITY OF SALISBURY AC & RC	h	Salisbury	227	3.8	12:36.7	7:50.2
1280	1096	Rachel Hampton	2:45:26.6	F	FV40		u			12:37.2	7:50.5	
1281	793	Sonia Rasbery	2:45:27.5	F	FV45		u			12:37.3	7:50.6	
1282	246	Claire Powell	2:45:43.7	F	FV40		u			12:38.5	7:51.3	
1283	591	Karen Harding	2:46:00.1	F	FV50		u			12:39.8	7:52.1	
1284	252	Helen Jerome	2:46:39.0	F	FV45	PORTSMOUTH JOGGERS	h	PompeyJ	228	3.4	12:42.7	7:53.9
1285	88	Sue Clarke	2:46:39.4	F	FV55	PORTSMOUTH JOGGERS	h	PompeyJ	229	3.0	12:42.8	7:54.0
1286	425	Liz Davidson	2:47:24.7	F	FV55		u			12:46.2	7:56.1	
1287	953	Catherine Brook	2:48:11.9	F	FV45		u			12:49.8	7:58.3	

1288	300	Elaine Markley	2:48:28.9	F	FV50		u				12:51.1	7:59.2
1289	158	Sarah Overy	2:48:48.9	F	FV40		u				12:52.6	8:00.1
1290	177	Kerry Mardle	2:48:53.4	F	FV35		u				12:53.0	8:00.3
1291	1665	Amelia Dowler	2:49:05.2	F	FV45	STUBBINGTON GREEN RUNNERS	h	Stubb'ton	230	2.6	12:53.9	8:00.9
1292	1405	Gareth Reid	2:49:19.3	M	MSen		u				12:55.0	8:01.5
1293	799	Darren Cowen	2:49:20.7	M	MSen		u				12:55.1	8:01.6
1294	255	Paul Gale	2:49:30.9	M	V50	TOTTON RC	h	Totton	364	1.1	12:55.8	8:02.1
1295	1090	Sarah Green	2:50:04.2	F	FV40	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	231	2.1	12:58.4	8:03.7
1296	1103	Vicky Pratt	2:50:05.3	F	FV45	ITCHEN SPITFIRES RUNNING CLUB	h	Spitfires	232	1.7	12:58.5	8:03.7
1297	1163	Brian Harris	2:50:10.0	M	V75	DENMEAD STRIDERS	h	Denmead	365	0.8	12:58.8	8:03.9
1298	1790	Liam Neville	2:50:21.2	M	MSen		u				12:59.7	8:04.5
1299	91	Lorna Rain	2:50:32.2	F	FV45		u				13:00.5	8:05.0
1300	672	Mario Sheath	2:50:36.9	M	V55	NEW FOREST RUNNERS	h	New Forest	366	0.5	13:00.9	8:05.2
1301	1753	Margarita Moore	2:52:34.3	F	FSen	LONELY GOAT ATHLETICS CLUB	n				13:09.8	8:10.8
1302	406	Lisa Downs	2:52:51.5	F	FV50		u				13:11.2	8:11.6
1303	395	Jackie Goddard	2:52:52.2	F	FV60		u				13:11.2	8:11.6
1304	1229	Martin Slater	2:53:43.7	M	V65	EASTLEIGH RC	h	Eastleigh	367	0.3	13:15.1	8:14.1
1305	51	Ali Irwin	2:53:52.7	F	FV50		u				13:15.8	8:14.5
1306	551	Angela Goldstein	2:53:54.2	F	FV40		u				13:15.9	8:14.6
1307	1256	Darrelle Silverthorne	2:54:59.2	F	FV45	VICTORY AC	h	Victory	233	1.3	13:20.9	8:17.7
1308	97	Sara Heath	2:54:59.4	F	FV40	VICTORY AC	h	Victory	234	0.9	13:20.9	8:17.7
1309	339	Lyn Snow	2:56:24.1	F	FV60	ISLE OF WIGHT RR AC	h	IOW RR	235	0.4	13:27.4	8:21.7
1310	784	Anthony Porrett	2:58:24.5	M	V40		u				13:36.6	8:27.4
1311	296	Laura Law	2:58:24.9	F	FV40	FAREHAM CRUSADERS RUNNING CLUB	h	Fareham	236	0	13:36.6	8:27.4
1312	750	Tracey Davidson	3:00:01.8	F	FV50		u				13:44.0	8:32.0
1313	1116	Shaun Searle	3:00:39.2	M	MSen		u				13:46.8	8:33.8
1314	96	Duncan Gardner	3:03:22.6	M	V55	PORTSMOUTH JOGGERS	h	PompeyJ	368	0	13:59.3	8:41.5
1315	27	Toni Southwell	3:15:12.6	F	FV40		u				14:53.5	9:15.2
1316	80	Victoria Hedges	3:15:13.9	F	FV35		u				14:53.6	9:15.2
1317	1651	Tony Ryan	3:18:36.7	M	V55		u				15:09.0	9:24.8
1318	437	Samantha Burton	3:29:49.0	F	FSen		u				16:00.3	9:56.7
1319	328	Meranda Winter	3:29:49.6	F	FV50		u				16:00.4	9:56.7
1320	173	Cheryl Keal	3:30:06.4	F	FV40		u				16:01.6	9:57.5
1321	280	Kendrick Mallard	3:30:13.4	M	V60		u				16:02.2	9:57.9